

Disclosures

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- Swiss National Science Foundation, Swiss Heart Foundation, Bangerter-Rhyner Foundation, AstraZeneca (Externally sponsored research program)

Speaker/Advisory board (used for research funding)

- AstraZeneca, Pfizer, VarmX, Bioxodes, ECMREG

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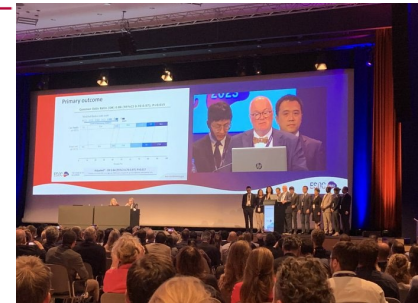
2023 – THE year for intracerebral haemorrhage treatment



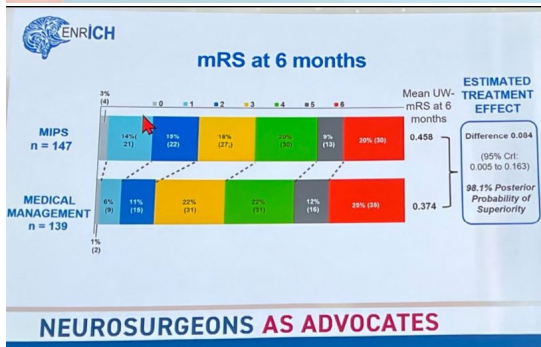
The third Intensive Care Bundle with Blood Pressure Reduction in Acute Cerebral Haemorrhage Trial (INTERACT3): an international, stepped wedge cluster randomised controlled trial



Lu Ma*, Xin Hu*, Lili Song*, Xiaoying Chen*, Menglu Ouyang, Laurent Billot, Qiang Li, Alejandra Malavera, Xi Li, Paula Muñoz-Venturelli, Asita de Silva, Nguyen Huy Thang, Kolawole W Wahab, Jayaraj D Pandian, Mohammad Wasay, Octavio M Pantes-Neto, Carlos Abanto, Antonio Arauz, Haiping Shi, Guanghai Tang, Sheng Zhu, Xiaochun She, Leibo Liu, Yuki Sakamoto, Shoujiang You, Qiao Han, Bernard Cruzten, Emily Cheung, Yunke Li, Xia Wang, Chen Chen, Feifeng Liu, Yang Zhao, Hao Li, Yi Liu, Yan Jiang, Lei Chen, Bo Wu, Ming Liu, Jianguo Xu, Chao You, Craig S Anderson, for the INTERACT3 Investigators†



Andexxa Phase IV trial stopped early after achieving pre-specified criteria on haemostatic efficacy versus usual care



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5 June 2023

In 2023, 3(!) positive RCTs for treatment of ICH have been published, presented or announced

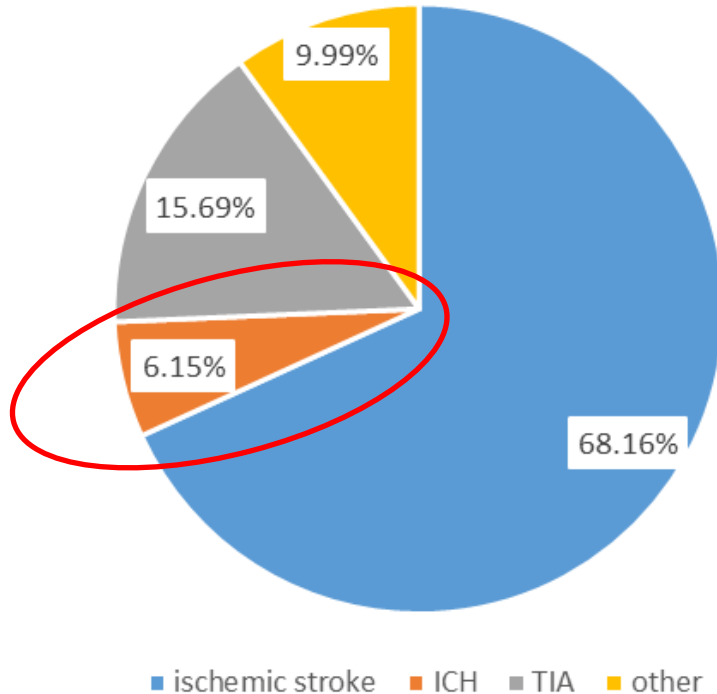
History of (mainly unsuccessful) RCTs in ICH management

	NNT
• 1993: stroke unit	18
• 2005: surgery (STICH)	-
• 2008: rFactor VIIa (FAST)	-
• 2013: surgery (STICH II)	-
• 2013: intensive BP lowering (Interact2)	28
• 2016: very intensive BP lowering (ATACH-II)	-
• 2016: thrombocytes (on antiplatelets. PATCH)	harm
• 2018: tranexamic acid (TICH-2)	-
• 2019: deferoxamine (i-DEF; phase 2)	-
• 2019: minimally invasive surgery with rtPA (MISTIE III)	-

History of (mainly unsuccessful) RCTs in ICH management

- | | NNT |
|--|------------|
| <ul style="list-style-type: none"> • 2023: care bundle* (Interact3)
BP lowering, strict glucose control, antipyrexia, rapid reversal anticoagulation | 35 |
| <ul style="list-style-type: none"> • 2023: min. invasive, trans-sulcal, parafasc. surgery (ENRICH)
Lobar ICH only | 11? |
| <ul style="list-style-type: none"> • 2024: hemicraniectomy (SWITCH) | |
| <ul style="list-style-type: none"> • 2025: rFactorVIIa <2hrs (FASTEST) | |
| <ul style="list-style-type: none"> • 2025: minimally invasive endoscopy guided surgery (EVACUATE) | |
| <ul style="list-style-type: none"> • 2026: minimally invasive endoscopy guided surgery (DIST; MIND) | |
| <ul style="list-style-type: none"> • 2029: tranexamic acid (TICH-3) | |

The Swiss Stroke Registry (29.12.2022 – 83137 patients)



Bernhard Siepen
PhD candidate



Martina Gödlin
PhD candidate



Etiology, 3-Month Functional Outcome and Recurrent Events in Non-Traumatic Intracerebral Hemorrhage

Martina B. Goeldlin,^{a,b} Achim Mueller,^c Bernhard M. Siepen,^{a,b} Madlaine Mueller,^a Davide Strambo,^d Patrik Michel,^d Michael Schaerer,^e Carlo W. Cereda,^f Giovanni Bianco,^f Florian Lindheimer,^g Christian Berger,^g Friedrich Medlin,^h Roland Backhaus,ⁱ Nils Peters,ⁱ Susanne Renaud,^j Loraine Fisch,^k Julien Niederhaeuser,^k Emmanuel Carrera,^l Elisabeth Dirren,^l Christophe Bonvin,^m Rolf Sturzenegger,ⁿ Timo Kahles,^o Krassen Nedeltchev,^o Georg Kaegi,^p Jochen Vehoff,^p Biljana Rodic,^q Manuel Bolognese,^r Ludwig Schelosky,^s Stephan Salmen,^{a,t} Marie-Luise Mono,^u Alexandros A. Polymeris,^v Stefan T. Engelter,^{vw} Philippe Lyrer,^v Susanne Wegener,^c Andreas R. Luft,^{c,x} Werner Z'Graggen,^{a,y} David Bervini,^y Bastian Volbers,^{a,z} Tomas Dobrocky,^{aa} Johannes Kaesmacher,^{b,aa,bb} Pasquale Mordasini,^{aa} Thomas R. Meinel,^{a,b} Marcel Arnold,^a Javier Fandino,^{cc} Leo H. Bonati,^v Urs Fischer,^v David J. Seiffge,^a on Behalf of the SSR Investigators

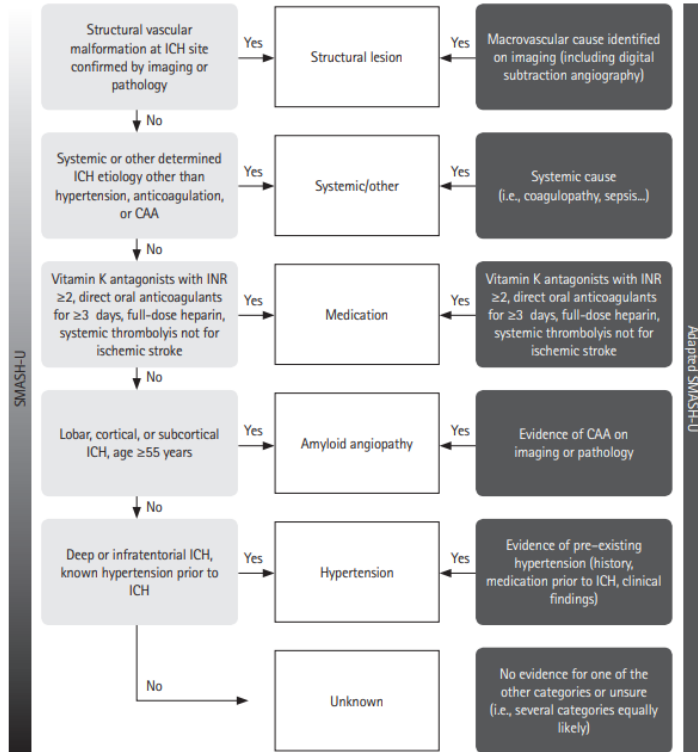


Figure 1. Mechanistic classification of intracerebral hemorrhage (ICH) etiology: comparison of the original and adapted SMASH-U (structural lesion > systemic disease > medication > amyloid angiopathy > hypertension > unknown) classifications. CAA, cerebral amyloid angiopathy; INR, international normalized ratio.

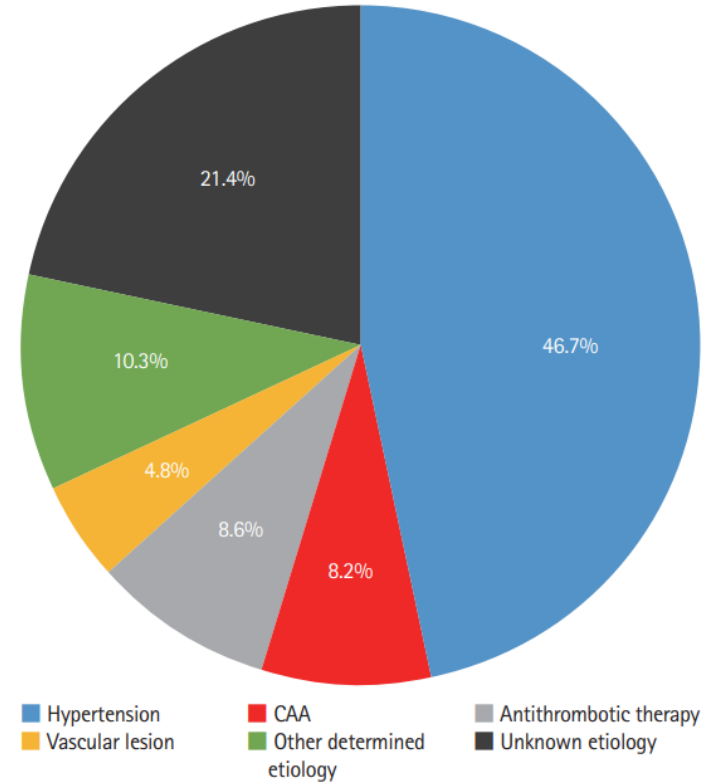


Figure 2. Frequency of intracerebral hemorrhage etiologies. CAA, cerebral amyloid angiopathy.

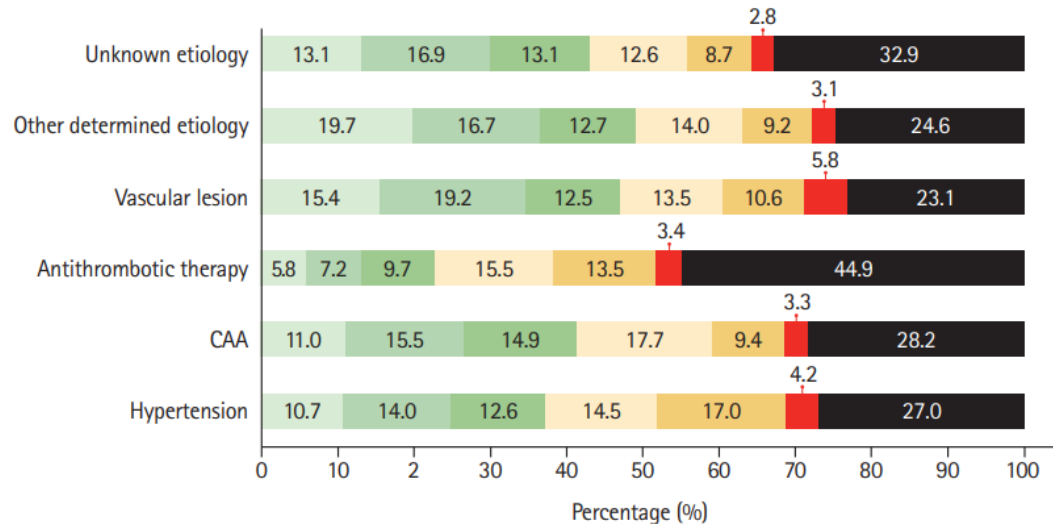
Table 1. Baseline characteristics of the cohort and distribution among subgroups according to intracerebral hemorrhage etiology

Characteristic	Total (n=2,650)	Hypertension (n=1,238, 46.7%)	Antithrombotic (n=227, 8.6%)	CAA (n=217, 8.2%)	Macrovascular (n=128, 4.8%)	Other determined etiology (n=274, 10.3%)	Unknown (n=566, 21.4%)	P
Demographics								
Age (yr)	71.9±14.1	72.6±13.0	78.5±9.8	77.1±8.2	59.3±17.5	66.1±17.6	70.8±14.3	<0.001
Female sex	1,227 (46.5)	541 (43.9)	95 (42.0)	122 (56.2)	52 (40.6)	133 (48.5)	284 (50.5)	0.002
Risk factors								
Hypertension	2,053 (79.9)	1,152 (95.0)	189 (84.8)	147 (71.0)	57 (46.7)	164 (62.4)	344 (63.4)	<0.001
Diabetes	384 (15.0)	198 (16.3)	43 (19.3)	27 (13.1)	14 (11.4)	40 (15.4)	62 (11.4)	0.033
Hyperlipidemia	1,096 (43.1)	535 (44.5)	105 (48.2)	91 (44.6)	41 (33.3)	102 (39.7)	222 (41.3)	0.071
Smoking	306 (12.0)	142 (11.7)	26 (11.7)	15 (7.3)	17 (13.9)	40 (15.5)	66 (12.3)	0.154
Atrial fibrillation	467 (18.2)	174 (14.4)	137 (61.4)	22 (10.6)	7 (5.7)	43 (16.7)	84 (15.5)	<0.001
Concomitant medication								
Antiplatelets	729 (28.6)	368 (31.0)	46 (20.4)	71 (33.8)	28 (22.2)	66 (25.6)	150 (27.9)	0.004
Anticoagulation	568 (22.3)	193 (16.3)	212 (93.4)	24 (11.4)	8 (6.3)	51 (19.8)	80 (14.9)	<0.001
DOAC	241 (42.4)	99 (51.3)	74 (34.9)	12 (50.0)	3 (37.5)	18 (35.3)	35 (43.8)	
VKA	296 (52.1)	87 (45.1)	128 (60.3)	10 (41.6)	5 (62.5)	27 (52.9)	39 (48.8)	
Others*	31 (5.4)	7 (3.6)	10 (4.7)	2 (8.3)	0 (0)	6 (11.8)	6 (7.5)	
Medical history								
History of ischemic stroke	290 (11.3)	139 (11.5)	38 (16.7)	30 (14.5)	13 (10.5)	25 (9.6)	45 (8.3)	0.009
History of transient ischemic attack	116 (4.5)	50 (4.1)	13 (5.8)	14 (6.8)	1 (0.8)	8 (3.1)	30 (5.5)	0.068
History of intracerebral hemorrhage	280 (10.9)	97 (8.0)	28 (12.6)	65 (31.4)	8 (6.5)	23 (8.8)	59 (10.9)	<0.001
Clinical presentation on admission								
NIHSS on admission	8 (3–15)	9 (4–16)	10 (3–17)	5 (2–12)	7 (1–15)	4 (1–11)	6 (2–15)	<0.001
GCS on admission	15 (12–15)	14 (12–15)	14 (12–15)	15 (14–15)	15 (10–15)	15 (14–15)	15 (12–15)	0.003
Systolic blood pressure on admission (mm Hg)	166.3±31.6	176.3±31.0	161.3±29.9	157.0±26.5	155.0±33.6	154.8±28.7	158.7±29.8	<0.001
Diastolic blood pressure on admission (mm Hg)	90.8±26.3	96.1±33.1	89.0±18.2	84.2±14.9	86.7±20.5	85.2±17.2	86.2±16.9	<0.001
Management								
Treatment at stroke center	2,052 (77.4)	1,000 (80.8)	174 (76.7)	167 (77.0)	92 (71.9)	182 (66.4)	437 (77.2)	<0.001
MRI performed	969 (42.5)	347 (32.3)	55 (29.7)	105 (57.1)	65 (57.5)	137 (59.6)	260 (52.6)	<0.001
Onset-to admission time (hr)	3.8 (1.4–13.3)	2.8 (1.2–10.0)	4.0 (1.3–13.3)	7.5 (2.1–23.6)	4.7 (1.1–16.2)	5.6 (1.6–24.0)	5.2 (1.6–14.8)	<0.001
Discharge destination								
Home	460 (21.8)	187 (18.4)	18 (11.3)	40 (22.7)	25 (24.5)	74 (32.7)	116 (26.9)	<0.001
Nursing home or palliative care	143 (6.8)	65 (6.4)	19 (11.9)	21 (11.9)	5 (4.9)	7 (3.1)	26 (6.0)	
Other acute care hospital	380 (18.0)	175 (17.2)	29 (18.2)	22 (12.5)	23 (22.5)	46 (20.4)	85 (19.7)	
Rehabilitation hospital	1,129 (53.5)	590 (58.0)	93 (58.5)	93 (52.8)	49 (48.0)	99 (43.8)	205 (47.5)	

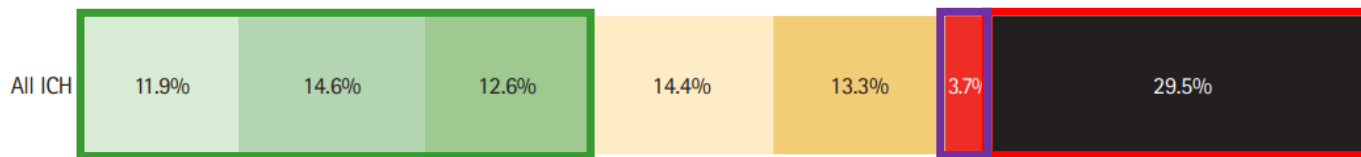
Values are presented as mean±standard deviation, number (%), or median (interquartile range).

CAA, cerebral amyloid angiopathy; DOAC, direct oral anticoagulants; VKA, vitamin K antagonist; NIHSS, National Institutes of Health Stroke Scale; GCS, Glasgow coma scale; MRI, magnetic resonance imaging.

*Parenteral anticoagulation.



>1/3 good outcome



~30% mortality

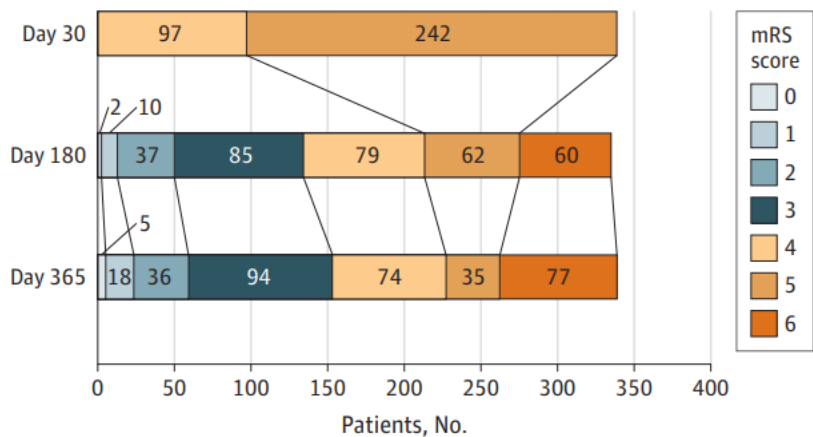
Figure 4. Functional outcomes at 3 months according to intracerebral hemorrhage (ICH) etiology. CAA, cerebral amyloid angiopathy; mRS, modified Rankin Scale.

<4% «bad» outcome

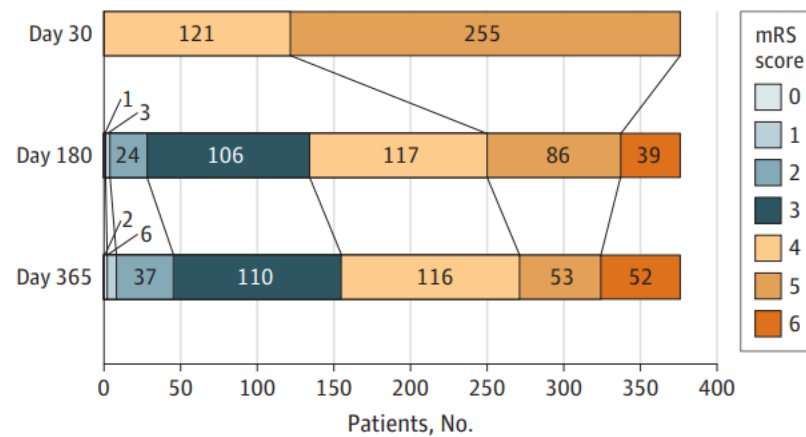
3 – months outcome: too short after ICH?

Figure 2. Ordinal Distribution of Modified Rankin Scale Score (mRS) at Serial Time Points in Patients With Poor Outcomes at Day 30 in the CLEAR-III and MISTIE-III cohorts

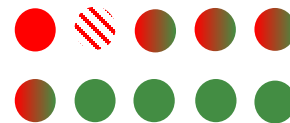
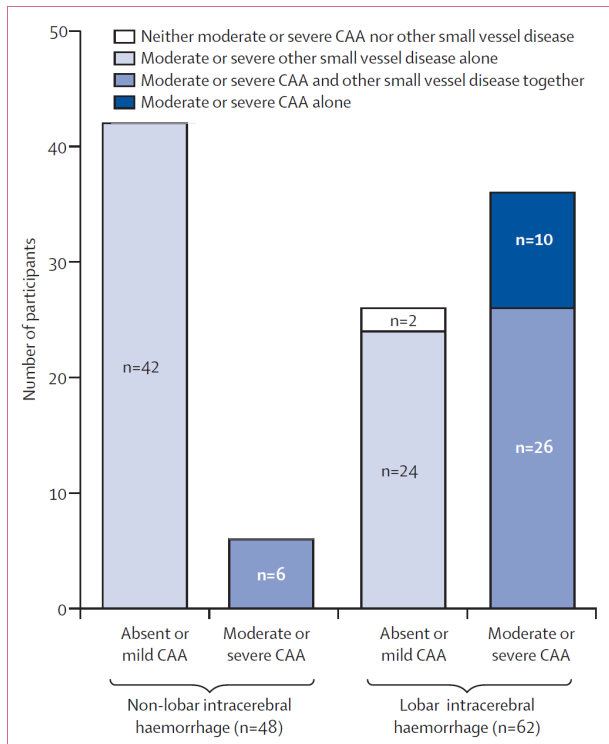
A Distribution of mRS scores in patients with poor outcome (mRS score of 4-5) at day 30 in the CLEAR-III trial



B Distribution of mRS scores in patients with poor outcome (mRS score of 4-5) at day 30 in the MISTIE-III trial



Frequency of CAA-related ICH – autopsy data



CAA



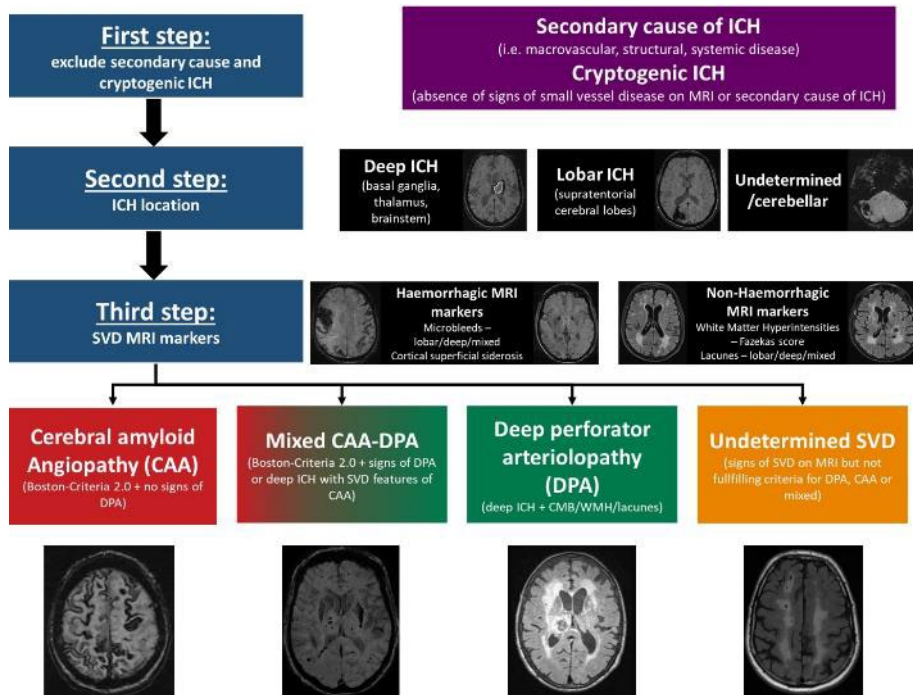
Mixed
CAA/DPA



DPA



MRI-based classification: CADMUS



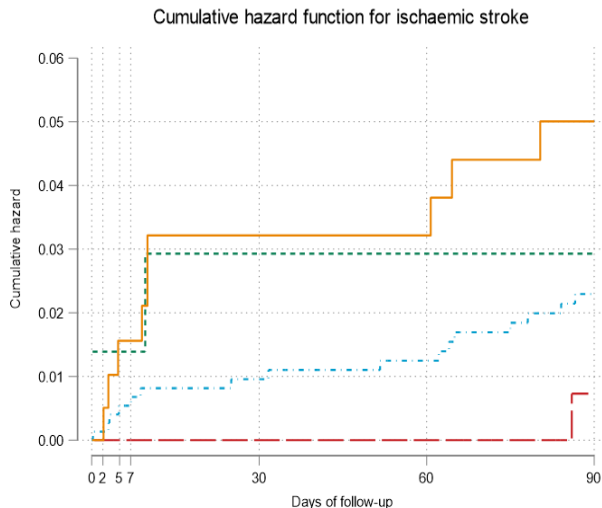
17% undetermined

6% DPA

63% mixed CAA-DPA

13% CAA

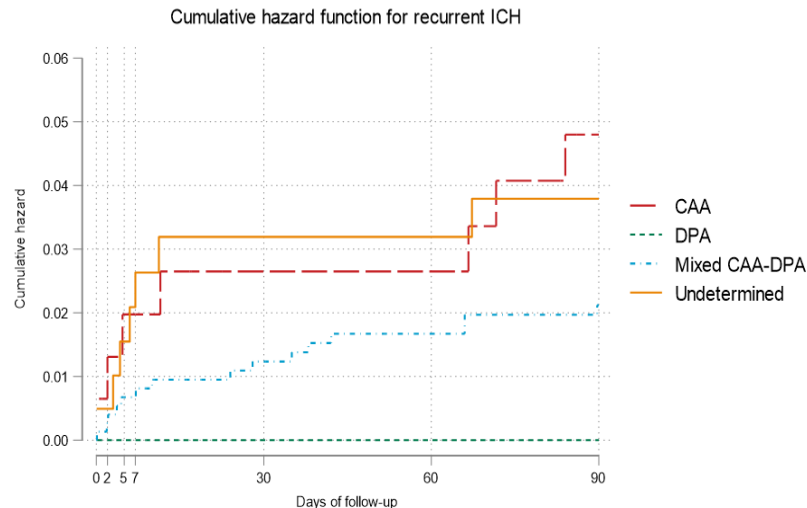
MRI-based classification: CADMUS



Number at risk

CAA	154	148	145	143	142	142	141	140	139	136
DPA	72	64	64	63	63	63	63	63	63	63
Mixed CAA-DPA	751	720	706	697	686	682	676	669	667	662
Undetermined	203	181	176	174	170	169	169	166	166	165

a



Number at risk

CAA	154	148	145	143	142	142	141	140	139	136
DPA	72	64	64	63	63	63	63	63	63	63
Mixed CAA-DPA	751	720	706	697	686	682	676	669	667	662
Undetermined	203	181	176	174	170	169	169	166	166	165

b



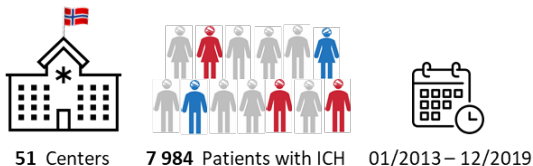
Intracerebral haemorrhage in patients taking different types of oral anticoagulants – a pooled individual patient data analysis from two national stroke registries



Swiss Stroke Registry (SSR)



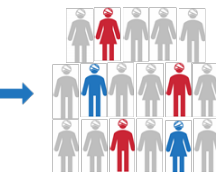
Norwegian Stroke Registry (NSR)



Patients excluded (n=385)
385 Anticoagulation status missing



Combined data
76 Centers
11 734 Patients with ICH



11 349 Final study population



8 653 (76.3%)
No prior use of OACs



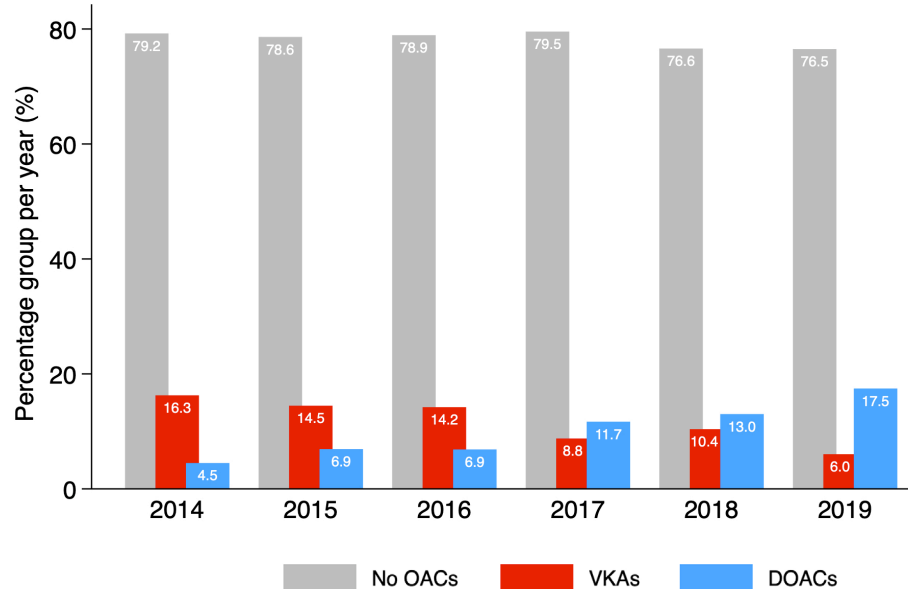
1 491 (13.1%)
Prior use of VKAs



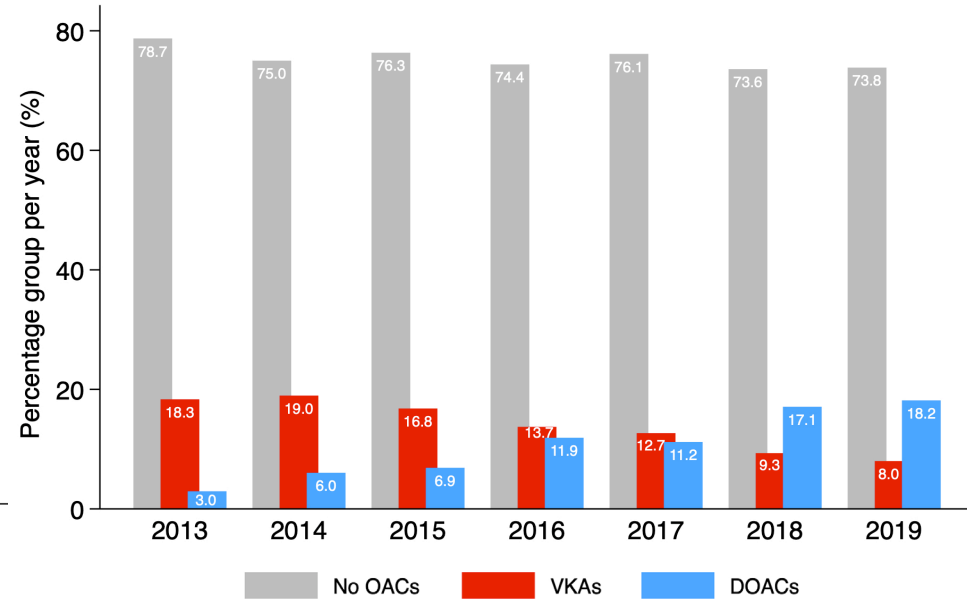
1 205 (10.6%)
Prior use of DOACs

Frequency of different types of anticoagulants in patients with ICH

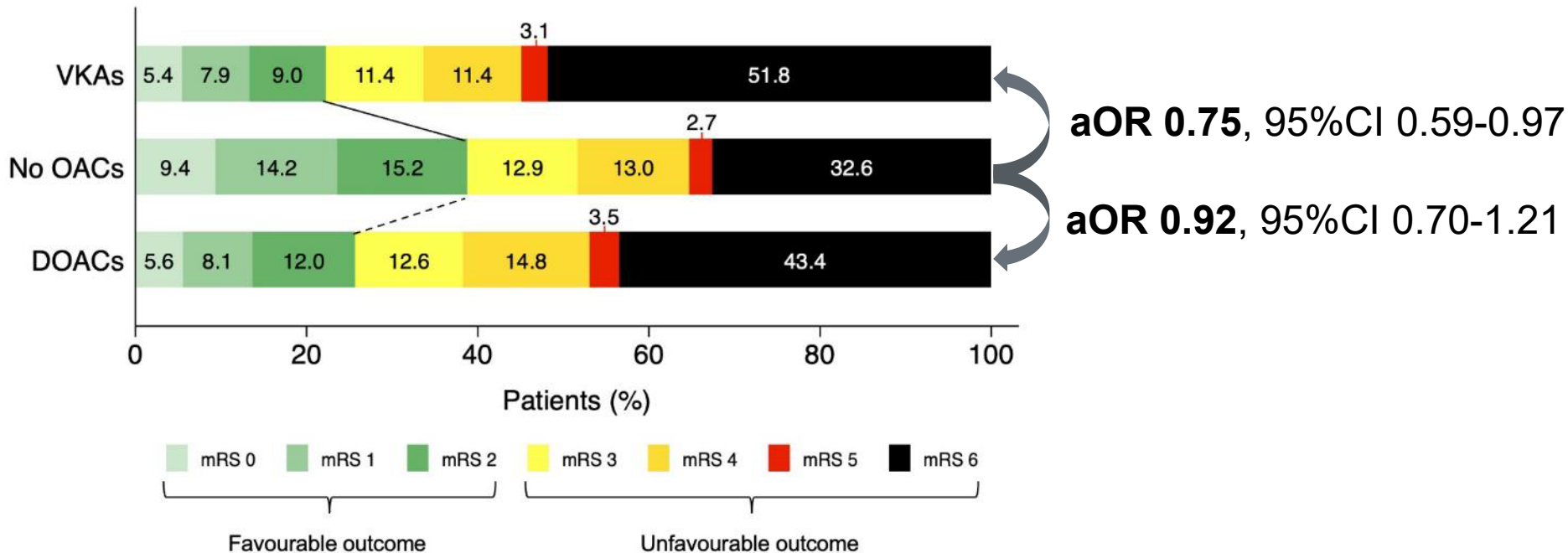
B Switzerland



C Norway



3-months outcomes in patients with OAC-associated ICH



Small vessel disease burden and risk of recurrent cerebrovascular events in patients with lacunar stroke and intracerebral haemorrhage attributable to deep perforator arteriolopathy

Martina B Goeldlin^{1,2*} , Jan Vynckier^{1,3*}, Madlaine Mueller^{1,2},
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Bernhard M Siepen^{1,2}, Arsany Hakim⁴ , Johannes Kaesmacher⁴,
Christopher Marvin Jesse⁵, Mandy D Mueller⁵, Thomas R Meinel¹ ,
Morin Beyeler^{1,2} , Leander Clénin¹, Jan Gralla⁴,
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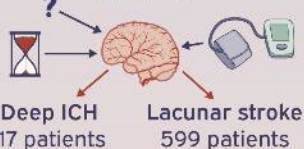


Small vessel disease burden and risk of recurrent cerebrovascular events in patients with lacunar stroke and intracerebral hemorrhage attributable to deep perforator arteriopathy

Do disease burden on MRI, functional outcome and recurrence rate differ between intracerebral hemorrhage (ICH) versus lacunar stroke, if associated with deep perforator arteriopathy?

Methods

Prospective Stroke Registry
2014–2019



Small vessel disease burden
Functional outcome
Recurrent events

Results

ICH compared to lacunar stroke:



↑ SVD burden score:
aOR_{shift} 3.19



↑ mRS: aOR_{shift} 2.16



Similar 3-month
recurrence rates

Conclusion

More severe deep
perforator arteriopathy
manifesting as ICH
compared to lacunar stroke

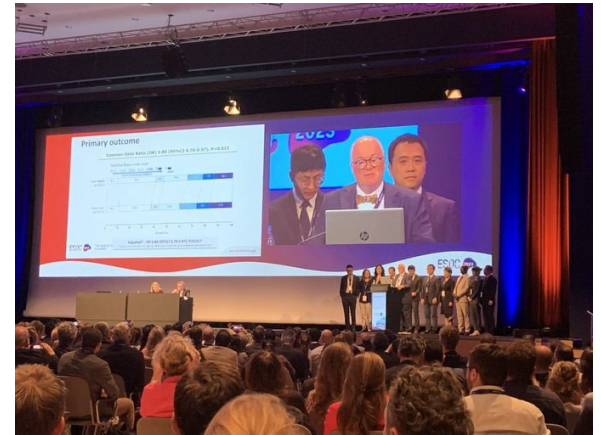
Poorer functional outcome
in deep ICH compared to
lacunar stroke

No difference in
recurrence rates

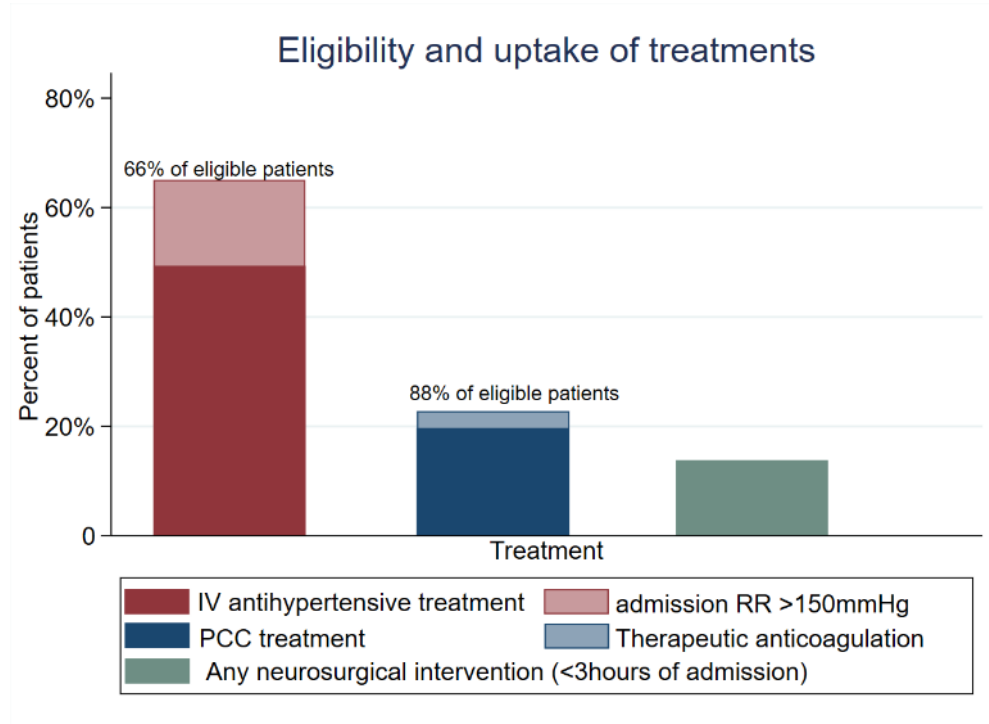
Care bundle care for ICH

The third Intensive Care Bundle with Blood Pressure Reduction in Acute Cerebral Haemorrhage Trial (INTERACT3): an international, stepped wedge cluster randomised controlled trial

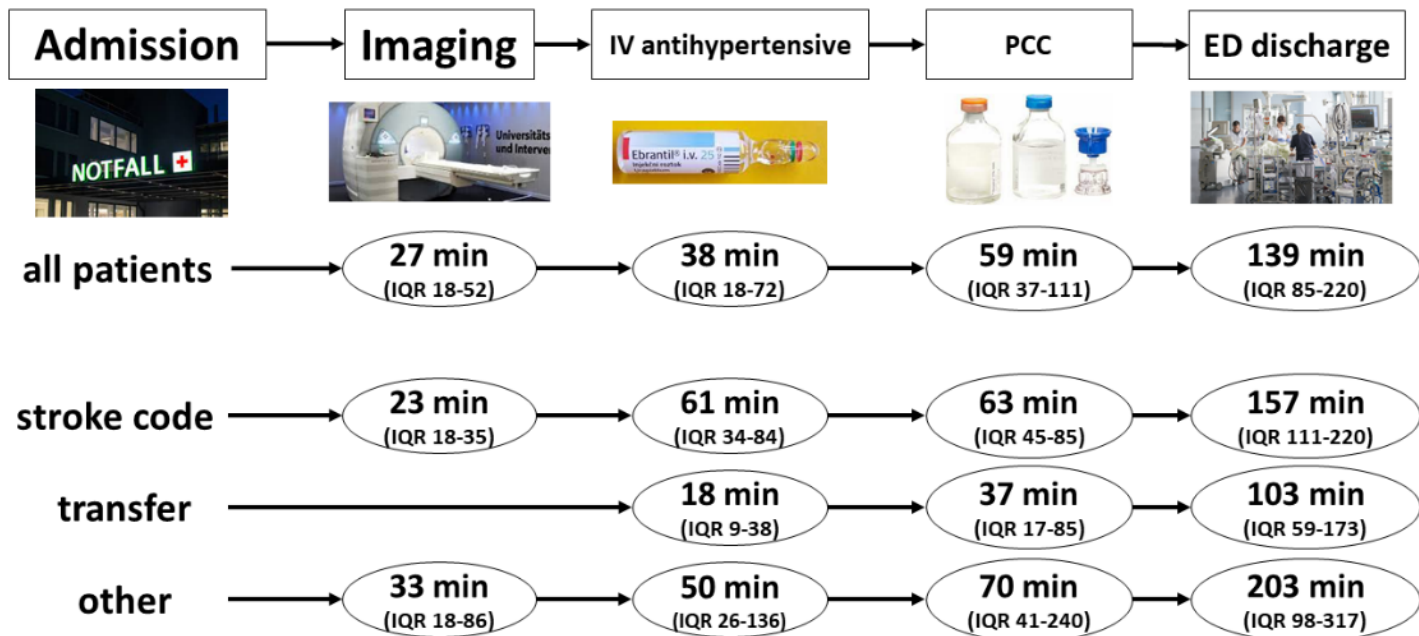
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Care bundle delivery at Inselspital Bern

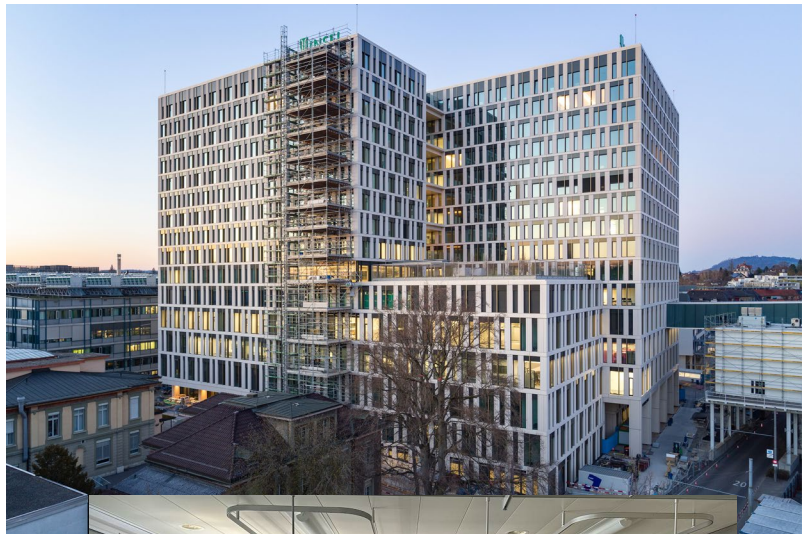


Care bundle metrics at Inselspital Bern



Summary

- After years of failure, in 2023 3 RCTs in ICH have been positive
- Observational studies contributed to our current knowledge about clinical characteristics, prognosis and management of ICH patients
- Swiss Stroke Registry is a useful tool to investigate ICH in Switzerland
- Swiss Stroke Registry data collection for ICH needs to be revised reflecting recent developments and specific aspects of ICH
 - Delivery and metrics of acute treatment (DNT for BP control and anticoagulation reversal!)
 - Aetiology
 - Long-term outcomes (>3 months)



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