Palliative and Supportive Care Service

Symposium
Resource-oriented palliative care
An interprofessional approach

Tuesday 13th June 2023
09:00 - 17:30

Auditorium César Roux, CHUV – Lausanne
and webcast

Presentations will be given in English,
with simultaneous translation into French
in the auditorium only.
The symposium will be relayed
by video conference in English only.

CHUV

Theme

As with most medical specialties, the WHO definition of palliative care emphasizes the identification and treatment of health problems and suffering in the physical, psychosocial and spiritual domains. However, recent research shows that patients' quality of life improves more significantly and sustainably if it also builds on patients' and relatives' identified resources. This scientific symposium highlights research on the diverse array of resources in palliative care, as a necessary complementary perspective to the classical deficit-oriented approach.

Resources can be classified into four levels: internal (e.g. spirituality, gratitude), external (e.g. family, friends, finances), community (e.g. caring communities, hospice volunteers), and societal (e.g. health care policies, palliative care availability). In order to detect and foster these resources, it is necessary to look in depth at interactions between patients, their loved ones, and health professionals, as well as the efforts undertaken at the community and societal levels. A resource-based approach also underlines the importance of interprofessionality in palliative care and could represent a paradigm worthy of being valued more widely in healthcare.

What would a consistent implementation of resource-oriented palliative care look like? Esteemed international experts from diverse disciplines will address this question during the symposium.

Speakers

Dr Julian Abel	Physician, Director of Compassionate Communities, Cornwall, UK
Prof. Maria Arantzamendi	Nurse, Institute for Culture and Society (ICS), ATLANTES Global Observatory of Palliative Care, University of Navarra, Spain
Prof. Mathieu Bernard	Psychologist, Chair in palliative psychology, Palliative and Supportive Care Service, Lausanne University Hospital, Switzerland
Prof. Gian Domenico Borasio	Physician, Chair in palliative medicine, Head of the Palliative and Supportive Care Service, Lausanne University Hospital, Switzerland
Prof. William Breitbart	Psychiatrist, Head of the Department of Psychiatry & Behavioral Sciences and Jimmie C. Holland Chair in Psychiatric Oncology at Memorial Sloan Kettering Cancer Center, New York, USA
Prof. Sara Carmel	Social psychologist, Head of the Center for Multidisciplinary Research in Aging at Ben-Gurion University of the Negev, Beer-Sheva, Israel
Prof. Monika Führer	Physician, Head of the Center for Pediatric Palliative Care, Munich University Children's Hospital and Ludwig-Maximilians-University, Munich, Germany
PD Dr Claudia Gamondi	Physician, Head of the Palliative and Supportive Care Service, IOSI, Lugano and Senior Consultant, Palliative and Supportive Care Service, Lausanne University Hospital, Switzerland
Prof. Ralf J. Jox	Physician and ethicist, Co-Director of the Chair of Geriatric Palliative Care and Director of the Institute of Humanities in Medicine, Lausanne University Hospital, Switzerland
Prof. Philip Larkin	Nurse, Chair in Palliative Care Nursing, Palliative and Supportive Care Service, Lausanne University Hospital, Switzerland
Dr Anca Sterie	Sociologist, researcher, Palliative and Supportive Care Service and Chair of Geriatric Palliative Care, Lausanne University Hospital, Switzerland
Prof. Daniel Sulmasy	Physician and philosopher, Director of the Kennedy Institute of Ethics and Andre Hellegers Professor of Biomedical Ethics, Departments of Medicine & Philosophy, Georgetown University, Washington D.C., USA

Program

9:00	Welcome and introduction G.D. Borasio, Lausanne
9:15	Keynote Spirituality as a resource at the end of life D. Sulmasy, Washington

INTERNAL RESOURCES

10:00	Gratitude as a resource for professionals and patients in palliative care M. Arantzamendi, Navarra
10:30	Understanding patient altruism at the end of life M. Bernard, Lausanne
11:00	Will to live at the end of life S. Carmel, Beer-Sheva
11:30	**Coffee break**

EXTERNAL RESOURCES

11:45	Social networks in pediatric palliative care M. Führer, Munich
12:15	Communication as a resource at the end of life A. Sterie, Lausanne
12:45	Caregivers as a resource for patients in assisted suicide C. Gamondi, Lugano
13:15	**Lunch break**

COMMUNITY AND SOCIETAL RESOURCES

14:30	Advance Care Planning as a resource for patients and families R.J. Jox, Lausanne
15:00	Compassion in clinical palliative care P. Larkin, Lausanne
15:30	Compassionate communities J. Abel, Cornwall
16:00	**Coffee break**
16:30	Keynote Meaning-centered psychotherapy: Treating despair at the end of life B. Breitbart, New York
17:15	Conclusion et perspectives G.D. Borasio, Lausanne
17:30	**Aperitif**

Scientific committee

Prof. Mathieu Bernard (chairperson)
Prof. Gian Domenico Borasio
PD Dr Claudia Gamondi
Prof. Ralf Jox
Prof. Phil Larkin
Dr Eve Rubli Truchard
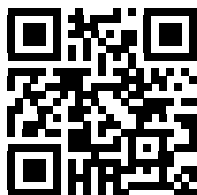Dr Anca Sterie

Registration and information

Attendance is free of charge.
For the presence in the auditorium,
please register no later than Friday, June 2, 2023
at the following address: cspg@chuv.ch

Webcast

The symposium can be followed online:
Link for the webcast

Funding

This symposium is supported by the Palliative
and Supportive Care Service (CHUV),
the Swiss National Science Foundation (SNSF)
as well as the Leenaards, Pallium and Kristian
Gerhard Jebsen Foundations

Access and parking

CHUV underground car park (limited availability)

By public transport: Metro M2 (station «CHUV»),
from the Vennes and Ouchy park-and-ride
facilities

Education credits

8 credits granted by Palliative ch
8 credits granted by the Swiss Society
for Geriatrics
5 credits granted by the Swiss Society
of General Internal Medicine

The academic chairs in palliative care at the
CHUV and their scientific work are supported by: