

EVIDENCE-INFORMED EATING-DISORDER CARE : KEY CONCEPTS, MYTHS AND CLINICAL REALITIES

*Conférences de l'Institut Universitaire de Psychothérapie :
Actualités en psychothérapie 2026-27*



Dr Linda Booij Ph.D, Full Professor in the Department of Psychiatry at McGill University

Webinaire le 9 mars 2027 de 16h30 à 18h00

Auditoire Aloïse-Corbaz – Nouvel hôpital – Bâtiment 60, rez – Salle 179

Site de Cery – 1008 Prilly

Entrée libre (La présentation se fera en anglais)

ou via Teams (inscription automatique permettant de visionner la conférence) :

<https://events.teams.microsoft.com/event/f0a73604-21d0-4f50-a19d-e7871e03ae6c@624cac4a-9d46-4160-b59b-c6eaddb1c7d9?source=copyLinkOneEventsShareDialog>

Although many individuals with eating disorders benefit from evidence-informed psychotherapies, not everyone responds equally well, and recovery trajectories can vary considerably from person to person. This presentation will provide an overview of evidence-informed approaches to eating-disorder care and their application in real-world clinical settings. The talk will examine differences in treatment approaches across the continuum of adolescent and adult care, as well as factors that can facilitate or hinder transitions between pediatric and adult services. Drawing on both research findings and clinical perspectives, it will also explore common myths and misconceptions about eating-disorder etiology, chronicity, and recovery.

Dr Linda Booij is a Full Professor in the Department of Psychiatry at McGill University, a Clinical Psychologist, and Head of Research and Academic Development for the Eating Disorders Continuum at the Douglas Mental Health University Institute in Montreal, Canada. She directs a research program focused on the neurobiology of eating disorders, predictors and trajectories of treatment response, virtual interventions, and the effectiveness of knowledge-translation initiatives. Besides her clinical and research activities, Dr. Booij is actively involved in the broader eating-disorder community. She serves as an Associate Editor for the Journal of Eating Disorders, is a Fellow of the Academy for Eating Disorders (AED), is the past President of the Eating Disorders Association of Canada, and is Co-Chair of AED's Partnership, Chapter, and Affiliate Committee.