

**PRINCIPLES FOR FRAMING ASSESSMENTS AND CONDUCTING TIME-LIMITED
THERAPEUTIC CONSULTATIONS TO STRENGTHEN COPARENTING IN FAMILIES
WITH VERY YOUNG CHILDREN**

*Conférences de l'Institut Universitaire de Psychothérapie :
Actualités en psychothérapie 2025-26*



Prof. James McHale
University of South Florida, USA

Webinaire le 20 janvier 2026 de 16h30 à 18h00

*Auditoire Aloïse Corbaz – Nouvel hôpital – Bâtiment 60, rez – Salle 179
Site de Cery – 1008 Prilly*

Entrée libre

Ou via Zoom :

<https://us02web.zoom.us/j/82932479453>

Meeting ID: 829 3247 9453

La présentation se fera en anglais

Building upon foundational principles from structural family theory and therapy, a generation of empirical research on the natural evolution and developmental impact of coparenting systems in two-parent families has led to new clinical approaches for engaging and supporting families of infants and young children who are experiencing emotional and behavioral challenges. In this presentation, James McHale will highlight key research findings validating coparenting as a triangular concept and establishing its impact on even very young infants, describe recent work of an International Coparenting Collaborative focused on inspiring mothers' and fathers' resolve to engage together to better understand and enhance the ways that they coparent, and explain elements of Focused Coparenting Consultation, a time-limited intervention approach that has shown value with diverse family constellations.

Prof. James McHale is Professor of Psychology and Director of the internationally recognized Family Study Center at the University of South Florida in St. Petersburg, Florida, United States. He is author of over 100 refereed articles, books, and manuscripts on the topic of coparenting across a wide variety of family systems and constellations, including "Charting the Bumpy Road of Coparenthood" which won the Irving B. Harris National Book Prize. Dr. McHale was the World Association for Infant Mental Health's "Decade of Behavior" lecturer in 2004 and has been a frequent master lecturer at WAIMH world congresses over the past two decades.