



FOODY PLAY STUDY

How does your brain react to food during pregnancy?



Physical and psychological changes during pregnancy are not fully understood.

Join our study, where we will explore the effects of food on your brain.

Interdisciplinary GDM Group Lausanne Clinical care and research for mother and infant

Did You Know?



What is the purpose of this study?



To investigate how the brain responds to food viewing in women in their second and third trimester in pregnancy and their relationship to metabolic health.

What are the benefits of participating in this study?

There is no direct benefit. You will receive information about your metabolic health and your brain's food preference!

Do I get paid?



You will receive a remuneration after each visit made! You will receive <u>120 CHF</u> for Visit 1 and 200 CHF for Visit 2.

What does my participation involve?



1 to 3 day(s) before visits

Phone interviews General medical information 10-30 minutes

Online Questionnaires 20-40 minutes

Visit 1

Between 12-16 weeks of pregnancy 2h 30 minutes





Neuria App

Play app each day for 9 days after the visit 20 minutes per use

Visit 2

Between 32-36 weeks of pregnancy 2h 30 minutes





Neuria App

Play app each day for 9 days after the visit 20 minutes per use

What's included during the visits?

✓ Short questionnaires ✓ Electroencephalogram (EEG) to measure the activity of the brain

✓ Medical exams to measure different body characteristics (body composition, heart rate, level of sugar...)



Are there any risks if I participate?

There are no risks involved in participating in this study. The methods used are non-invasive and pose no risk to your health or your babv.

Is the data confidential?



data protection rules respected. Your name will never appear on the internet or in a publication. Your data is encrypted to prevent your identification.

Do I have the right to withdaw from the study?

You can withdraw from the study at any time if you want to.

Contact Us

You can ask questions about the study at any time. If you have any doubts during or after the study you can contact:



dfme.foodyplay@chuv.ch

In case of emergency, you can contact us by phone at +41 21 314 15 74



Project Leader

Prof. Jardena Puder Médecin aidoint Obstetric Service, Departament Women-Mother-Child, CHUV

Collaborators

Mariana Trevino Montemayor

Mother-Child, CHUV

PhD Candidate Obstetric Service, Department WomenSybille Schenk

Obstetric Service, Department Women-Mother-Child, CHUV

Dr Dan Ouansah

Obstetric Service, Department Women-Mother-Child, CHUV Anna Lesniara-Stachon MD-PhD Candidate Obstetric Service, Department Women-Mother-Child, CHUV



