

Table 1 The obstructed defaecation syndrome score questionnaire.

| Variables | Score | | | | |
|-----------------------------------|--------|-------------------|------------------|-----------------------|-------------------|
| | 0 | 1 | 2 | 3 | 4 |
| Mean time spent at the toilet | ≤5 min | 6–10 min | 11–20 min | 21–30 min | >30 min |
| N attempts to defaecate per day | One | Two | Three-four | Five-six | >six |
| Anal/vaginal digitation | Never | >1/month, <1/week | Once a week | Two to three per week | Every defaecation |
| Use of laxatives | Never | >1/month, <1/week | Once a week | Two to three per week | Every day |
| Use of enemas | Never | >1/month, <1/week | Once a week | Two to three per week | Every day |
| Incomplete/fragmented defaecation | Never | >1/month, <1/week | Once a week | Two to three per week | Every defaecation |
| Straining at defaecation | Never | <25% of the time | <50% of the time | <75% of the time | Every defaecation |
| Stool consistency | Soft | Hard | Hard and few | Fecaloma formation | |

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