

Département de psychiatrie Centre de neurosciences psychiatriques Site de Cery CH-1008 Prilly - Lausanne

# Le Centre de Neurosciences Psychiatriques et le Service d'alcoologie

## ANNOUNCEMENT

## Friday, September 13, 2013, 9:30am

#### "Gabapentin as a Novel Treatment for Alcohol and Cannabis Dependence"

### Barbara J Mason PhD

Pearson Family Professor, Committee on the Neurobiology of Addictive Disorders Director, Laboratory of Clinical Psychopharmacology Co-Director, Pearson Center for Alcoholism and Addiction Research The Scripps Research Institute

> Invited by Prof. Jean-Bernard Daeppen and Dr. Benjamin Boutrel (Jean-Bernard.Daeppen@chuv.ch) (Benjamin.Boutrel@chuv.ch)

#### Salle Andros (PMU 08) Rue du Bugnon 44 1011 Lausanne

Based on positive findings in pre-clinical and human laboratory models of alcohol dependence, a series of randomized controlled trials were conducted in outpatients with cannabis dependence or alcohol dependence. For both substance use disorders, gabapentin was associated with significant reductions in substance use, craving, and substance-related disturbances in sleep and mood, with a favorable safety profile.

References :

Mason BJ, Crean R, Goodell V, Light JM, Quello S, Shadan F, Buffkins K, Kyle M, Adusumalli M, Begovic A, Rao S (2012) A proof-of-concept randomized controlled study of gabapentin: effects on cannabis use, withdrawal and executive function deficits in cannabis-dependent adults. Neuropsychopharmacology, 37(7): 1689-1698

Mason BJ, Higley AE (2013) A translational approach to novel medication development for protracted abstinence. Curr Top Behav Neurosci, 13:647-70

Koob GF, Kenneth Lloyd G, Mason BJ. (2009) Development of pharmacotherapies for drug addiction: a Rosetta stone approach. Nat Rev Drug Discov. 8(6): 500-515