

Viral hepatitis elimination

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Milestones in viral hepatitis global policy

2010 (resolution WHA63.15) and 2014 (resolution WHA67.6)

Viral hepatitis is recognized as a global public health problem
 Sustained Development Goals (September 25, 2015 by the UN General Assembly)
 Goal 3: Ensure healthy lives and promote well-being for all at all ages [... by 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and <u>combat heaatitis</u>, water-borne diseases and other communicable diseases...]

Global Health Sector Strategy on Viral Hepatitis (adopted in May 2016 by the WHA) – Elimination of viral hepatitis as a public health threat by 2030, i.e. reducing new infections by 90% and mortality by 65%

> Towards the Elimination of Hepatitis B and C by 2030 The draft WHO Global Hepatitis Strategy, 2016-2021 and global elimination targets







Interventions	2030 targets
1. Three dose hepatitis B vaccine	90%
2. HBV PMTCT	90%
3. Blood and injection safety	100 % screened donations
	90% reuse-prevention device
4. Harm reduction	300 injection sets/PWID/yea
5. Diagnosis	90% diagnosed
6. Treatment	80% eligible treated

Why are a strategy and targets important?

- A powerful tool for mobilizing resources and action
- Promote development of regional and national action plans
- To set common targets for countries towards joint accountability



- Lack of Planning in terms of national strategies/plans and dedicated hepatitis department/focal persons with insufficient number of resources in MOH in many countries
- Lack of Action, i.e. insufficient testing, whereas the public health sector approach to hepatitis treatment is in its infancy
- High cost of diagnostics and antivirals

European regional goals and update

	hepatitis elimination in E baseline and WHO target			
Interventions	Indicator	2015	Target 2020	Target 2030
Hepatitis B vaccination	HEPB3 coverage	81%	90%	90%
Prevention of MoTC transmission	Birth dose coverage	39%	50%	90%
Blood safety	Donations screened with quality assurance	99.9%	95%	100%
Injection safety	% of unsafe injections	4.6%	0%	0%
Harm reduction	Syringes + needles distributed/PWID/year	59	200	300
Testing services	% diagnosed	HBV : 13% HCV: 31%	30%	90%
Treatment	% diagnosed and treated	HBV: N/A HCV: 5%	HBV: 5M HCV: 3M	80% of eligible
		WHO	Global Hepat	itis Report 20:

Hepatitis B in Europe

Challenges:

✓ Poor data on continuum of care















Viral hepatitis among migrants to the EU

- Out of 14 HBsAg prevalence estimates in the general migrant population: 57% were lower than the in-country estimate in the general population 36% were comparable
 - 7% (one study) was higher
- Out of 10 anti-HCV prevalence estimates in the general migrant population
 - 70% were comparable to the in-country prevalence 30% were lower

gical assessment of hepatitis B and C among migrants in the EU/EEA, ECDC, Stockholm, July 2016 FALLA et al, BMC Infect Dis 2018;18:34 FALLA et al, BMC Infect Dis 2018;18:42

Children and young adults may have <u>missed out on vaccination programmes</u> for hepatitis B

rld.org.uk/Handlers/Download.ashx?IDMF=7d8c2ef9-403a-402d-8571-e8c https c8d00

EASL Statement on Migrant Health (2019)

- Migrants should be offered affordable healthcare, treatment and referrals to specialist services
- Migrant screening programmes should be expanded to include HBV and HCV Healthcare professionals should be trained to treat migrants and asylum seekers with respect and in a culturally sensitive manner
- Governments must not require healthcare workers to report undocumented migrants to the police or immigration authorities, and should put in place rules that safeguard people from such violations of their privacy and confidentiality Specialized training should be put into place (migrant medicine)



Hepatitis C in Europe

- Epidemiology and continuum of care better characterized than for HBV Direct-acting antivirals are now available without restrictions in most Western countries, and prescribed by specialists according to EASL wideling. guidelines
- Challenges:
 - ✓ No vaccine available
 - ✓ Impact of immigrants significant
 - ✓ Restrictions to DAA use and reimbursement still apply to some EE countries





	Political will	Financial support	Harm reduction program	Expanded capacity	Restrictions	Monitoring	Awareness & screening	Linkage to care
France	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
Iceland	Yes	Yes	Yes	Not needed	No	Yes	N/r**	Yes
Italy	Yes	Yes	No	No	No	Yes	No	No
Spain	Yes	Yes	N/r	Yes	No	Yes	Yes	No
Switzerland	Partial	Partial	Yes	No	No	Yes	N/r***	No
UK	Yes*	Yes*	Yes*	Yes	No	Yes	Yes	Yes
N/r, not relevant;	*Data for Scot	land only; **>9	0% of infections air	eady diagnosed; **'	'Two thirds alrea	dy diagnosed		

















EASL HCV Elimination Policy Statement (2019)

- All countries should develop a national plan
- Plans should be costed and comprehensive, i.e. covering all steps of the continuum of care (awareness, prevention, testing, linkage to care, treatment and FU after cure)
 Public health approach (to provide the best available treatment <u>and</u> to afford the widest benefit at the
- population level)

To monitor progress with robust data and refine efforts accordingly





- MOU with the US CDC to provide technical assistance plus a monitoring and evaluation plan, and to perform research
- Further partnership with Abbott

*Current 2020 goals are 90% diagnosed, of whom 95% are treated, of whom 95% are cured



Georgia: results and challenges

- Strong points:
 - Political commitment, advocacy, partnership with industry (Gilead, Abbott) + CDC
 - Total screened: ~1,200,000 (~1/3 of the population)
 - Establishment of a unique ID allowing linkage among databases to monitor the progression
- Challenges ahead:
 - Gaps in cascade of care (~20% of anti-HCV+, hospital-based screened persons did not undergo a confirmatory test)
 - Many patients unaware of their seropositivity
 - Out-of-pocket expenses deemed important by ~60% of patients



The Iceland success story

- Estimated HCV prevalence (2015): ~800 viremic out of 340,000 inhabitants (>80% diagnosed, 88% IVDU)
- Nationwide elimination programme (TraP HepC) launched in 2016 with *strong government support*
- No restrictions to DAA (with emphasis on case finding and treatment of advanced fibrosis, IVDU, prison inmates)
- As of November 2018, 709 patients have initiated therapy
- Overall SVR12 (June 2018): 494/558 (89%)

OLAFSSON et al, J Intern Med 2018;283:500-507 OLAFSSON et al, Global Hepatitis Summit 2018







To build successful viral hepatitis elimination national strategies

- Political will, leading to costed and comprehensive plans
- Timely and strong advocacy
- Partnership with the industry to reach price deals (diagnostics and drugs)
 General population screening (financial incentives, penalties for inaction)
- National registries (eCRF)
- Extend the number of prescribers
- Decentralize diagnosis and treatment
- Simplify procedures







What do HCV-infected persons die of? Mortality causes by HCV status and birth cohort BC Hepatitis Testers Cohort, 1952 to 2018 (mr.1,300.204, with 20.049 HCV- and 132,999 HCV- deaths)				
	n deaths	Acquisition risk-related n (%)	Liver-related n (%)	Other n (%)
Anti-HCV Negative				
< 1945	89,398	276 (0.3)	4.511 (5)	84,611 (94,6)
1945-1964	32,489	1,979 (6.1)	3,176 (9.8)	27,334 (84.1)
≥1965	11.112	3,327 (29.9)	577 (5.2)	7,208 (64.9)
HCV Positive				
< 1945	4,326	116 (2.7)	1.093 (25.3)	3.117 (72.1)
1945-1964	12,685	3,012 (23,7)	3,356 (26.5)	6.317 (49.8)
>1965	3.038	1.821 (59.9)	234 (7.7)	983 (32.4)
HCV RNA Negative (spontaneous clearance)				
< 1945	346	11 (3.2)	42 (12.1)	293 (84.7)
1945-1964	1,336	284 (21.3)	220 (16.5)	832 (62.3)
≥1965	578	306 (52.9)	61 (10.6)	211 (36.5)
BCV RNA Positive (untreated)				
< 1945	1.343	21 (1.6)	404 (30.1)	918 (68.4)
1945-1964	4,997	989 (19.8)	1.529 (30.6)	2,479 (49.6)
>1965	1.282	803 (62.6)	104 (8.1)	375 (29.3)
HCV IINA Dusitise	1,111	000 (02.0)	104 (0.1)	50 5 (and)
(treated)				
< 1945	319	4 (1.3)	147 (46.1)	168 (52.7)
1945-1964	1.911	284 (14.9)	801 (41.9)	826 (43.2)
>1965	220	115 (52.3)	34 (15.5)	71 (32.3)
SVR	2200	113 (3423)	34 (1333)	74 (Jaco)
< 1945	88	2 (2.3)	29 (33)	57 (64.8)
1945-1964	623	114 (183)	174 (27.9)	335 (53.8)
≥1965	88	48 (54,5)	8 (9.1)	32 (36.4)
21960	88	40 (04.3)	8 (9.1)	32 (30.4)



Towards universal screening?

- The optimal regional or national screening approaches (for HCV) should be determined based on the local epidemiology
- At least once in a lifetime hepatitis C screening for all adults aged 18 years and older, except in settings where the prevalence of HCV infection is <0.1%
- One-time, routine, opt-out HCV screening is recommended for all individuals aged 18 years or older

AASLD/IDSA reccommendations 2019

Why do patients who are referred not make it to the clinic?

- Barriers experienced when trying to access services:
 - ✓ Limited hours of service
 - ✓ Long wait times
 - \checkmark Shortage of health care practitioners
 - ✓ Distance from tertiary care service
- Lack of coverage of services
- Stigma and discrimination from past encounters with the health system
- Fear of letting down their providers (e.g., missing appointments, forgetting to get blood tests, etc.)
- HCV is not always the most important priority in people's lives

apted from J. Grebely

To increase linkage to care and treatment uptake

Increase prescribers

- ✓ Task shifting
- ✓ Patients' navigators, peer support
- Provide all-under-one-roof services
- ✓ Integrated care (addiction services, prisons, community care centers)
 ✓ Decentralization
- ✓ Diagnose and treat the same day

Telemedicine

- Simplify protocols
 - ✓ All-oral medicines
 - ✓ Technological advances



<u>k</u>

100 Million Healthy Lives

- Launched in October 2018 under the auspices of President Abdel Fatah al-Sisi
 Aimed at screening for HCV 52,000,000 18-59 years old adults (using of the National Elections Commission)
- Awareness SMS sent to the eligible persons to locate screening sites
- Web-based database to monitor the progress
- 2019: >49,000,000 screened , ~2,200,000 anti-HCV+, ~1,800,000 treatments started
- Target: eliminating hepatitis C by 2022









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Looking at the future

- If patients cannot make it to the clinic, then the clinic should go to the patients
- Simplify testing (one-step, possibly using smartphone-based approaches)
- Integrated diagnostic screening (bloodborne infections, diabetes, creatinine, liver imaging....)
- Test by mid-level workers in remote contact with specialists
- Treat the same day as diagnosis is made
- Provide sound counselling
- Simplify surveillance (or no surveillance at all)