Important Allergen Families

**Mites**
- Associated with allergic reactions to pollen, foods, dust, and medications.
- Often associated with systemic and severe reactions.

**Seafood**
- Primarily species-specific allergens.

**Grass pollen**
- Associated with allergic reactions to fish and eggs.
- Often associated with local symptoms such as oral allergy syndrome (OAS).

**Tree pollen**
- Associated with allergic reactions to certain foods.
- Often associated with systemic and severe reactions.

**Moulds**
- Associated with allergic reactions to moldy foods.
- Often associated with local symptoms such as OAS.

**Fish**
- Associated with allergic reactions to certain foods.
- Often associated with systemic and severe reactions.

**Egg**
- Associated with allergic reactions to moldy foods.
- Often associated with local symptoms such as OAS.

**Spices**
- Associated with allergic reactions to certain foods.
- Often associated with systemic and severe reactions.

**Grass group 1**
- Associated with allergic reactions to certain foods.
- Often associated with systemic and severe reactions.

**Pea**
- Associated with allergic reactions to moldy foods.
- Often associated with local symptoms such as OAS.

**Peanut**
- Associated with allergic reactions to moldy foods.
- Often associated with systemic and severe reactions.

**Fruits**
- Associated with allergic reactions to moldy foods.
- Often associated with local symptoms such as OAS.

**Nuts and seeds**
- Associated with allergic reactions to moldy foods.
- Often associated with systemic and severe reactions.

**Tree pollen**
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**Milk**
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