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Aspects éthiques de la sédation palliative : entre recommandations et réalités du terrain

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Colloque de fin du projet soutenu par la Fondation Pallium
15 novembre 2023, Lausanne, Suisse

**Projet de recherche soumis en 2020
et soutenu pendant 27 mois (2021-2023)**



Dimension symbolique



<https://hospicjum-palium.pl/>



Photo : Bartosz Łuczak

Prof. Dr. med. Jacek ŁUCZAK (1934-2019)
Chaire et Clinique de Médecine Palliative
Hospice Palium, Poznań, Pologne

Projet de recherche soumis en 2020 et soutenu pendant 27 mois (2021-2023)



Intérêt scientifique

Deux axes du projet

Axe théorique

Étude de textes → Revue systématique
des recommandations

Collaboration : Mme Cécile Jaques, Bibliothèque
universitaire de médecine, CHUV-UNIL

Axe pratique

Étude de terrain → Étude qualitative
multicentrique auprès de soignants

Collaboration : Fondation Rive-Neuve et Service de soins
palliatifs, Établissement Hospitalier de la Côte (Morges)

Valorisation : congrès et publications

Revue systématique des recommandations

Contexte

Palliative Sedation: An Analysis of International Guidelines and Position Statements

**Lauren Gurschick, MSN, ANP-BC¹,
Deborah K. Mayer, PhD, RN, AOCN, FAAN²,
and Laura C. Hanson, MD, MPH²**

American Journal of Hospice and Palliative Medicine.
2015;32(6):660-671. doi:10.1177/1049909114533002

Medication and Monitoring in Palliative Sedation Therapy: A Systematic Review and Quality Assessment of Published Guidelines

Eva Katharina Schildmann, MD, MSc, Jan Schildmann, MD, MA, and Isabel Kiesewetter, MD

Journal of Pain and Symptom Management. 2015 Apr;49(4):734-46.
doi: 10.1016/j.jpainsymman.2014.08.013.

Plusieurs limites (langues,
versions non actualisées
incluses, stratégies de
recherche limitées, etc.)

Analyses focalisées sur
les aspects médicaux

**Peu d'intérêt pour
les aspects éthiques**

P. ex. Gurschick et al.
Recommandations « trop centrées
sur l'éthique » écartées

Revue systématique des recommandations

Protocole enregistré, PROSPERO (CRD42021262571)

NIHR | National Institute
for Health Research

PROSPERO
International prospective register of systematic reviews

To enable PROSPERO to focus on COVID-19 registrations during the 2020 pandemic, this registration record was automatically published exactly as submitted. The PROSPERO team has not checked eligibility.

Citation

Martyna TOMCZYK, Cécile JAQUES, Ralf J. JOX. Ethical challenges in palliative sedation of adults: protocol for a systematic review of current clinical practice guidelines. PROSPERO 2021 CRD42021262571 Available from: https://www.crd.york.ac.uk/prospERO/display_record.php?ID=CRD42021262571

Review question

The aim of our review is to identify systematically, transparently, and comprehensively the full spectrum of ethical challenges of all forms of palliative sedation for adults as presented in current clinical practice guidelines (CPG). This study also aims to determine whether CPGs specify the ethical challenges of this therapy for cancer and non-cancer patients and, if so, exactly how they do this. The purpose is purely descriptive; our aim is not to make any kind of normative judgements on these challenges. Nor is our aim to assess the quality of the CPGs.

Revue systématique des recommandations

Protocole publié

Open access

Protocol

BMJ Open Ethical challenges in palliative sedation of adults: protocol for a systematic review of current clinical practice guidelines

Martyna Tomczyk ,¹ Cécile Jaques,² Ralf J Jox^{1,3}

BMJ Open 2022;12:e059189.
doi: 10.1136/bmjopen-2021-059189

Revue systématique des recommandations

Appel publié sur des sites des associations de soins palliatifs

‘Current clinical practice guidelines on palliative sedative for adults: what are the ethical challenges of this practice?’

<https://eapcnet.wordpress.com/2021/11/17/current-clinical-practice-guidelines-on-palliative-sedative-for-adults-what-are-the-ethical-challenges-of-this-practice/>.



‘Palliative sedation study seeks global input’

<https://hospicecare.com/what-we-do/publications/newsletter/2021/10/iahpc-news/>.



INTERNATIONAL ASSOCIATION
for Hospice & Palliative Care

‘International study on clinical practice guidelines for palliative sedation – help requested’

https://ehospice.com/international_posts/international-study-on-clinical-practice-guidelines-for-palliative-sedation-help-requested/.



Identification of CPGs via databases

Identification of CPGs via other methods

Identification

Screening

Confirmation

Included

Total of records identified across five databases (n = 862)

Records identified from:
Ovid MEDLINE ALL (n = 155)
Embase.com (n = 431)
CINAHL Ebsco (n = 103)
APA PsycInfoOvid (n = 35)
Web of Science All (n = 138)

Total of records removed *before screening* (n = 349)

Reasons:
Duplicate (n = 349)
Records marked as ineligible by automation tools (n = 0)
Other reasons (n = 0)

Records screened by title and abstract (n = 513)

Records excluded (n = 498)

Reports sought for retrieval (n = 15)

Reports not retrieved (n = 1)
Text unavailable

Full reports assessed for eligibility (n = 14)

Full reports excluded (n = 1)
Specific guidelines

CPGs selected for sending to PC experts (n = 13)

Total of records identified across websites of guideline depositories, Google Scholar, and Google (n = 1242)

Total of records identified across references in systematic reviews (n = 93)

Total of records identified across websites of palliative care (PC) associations (n = 17)

Total of records identified across PC experts and resource personnel (n = 11)

Records screened by title and abstract (n = 1242)

Records screened by title and abstract (n = 93)

Records screened by title and abstract (n = 17)

Records excluded (n = 8)

Reports sought for retrieval (n = 67)

Reports sought for retrieval (n = 59)

Reports sought for retrieval (n = 11)

Full reports assessed for eligibility (n = 67)

Full reports assessed for eligibility (n = 59)

Full reports assessed for eligibility (n = 11)

CPGs selected for sending to PC experts (n = 43)

CPGs selected for sending to PC experts (n = 31)

CPGs selected for sending to PC experts (n = 11)

CPGs selected for sending for confirmation (n = 98)

Duplicates removed *before sending for confirmation* (n = 56)

CPGs sent to PC experts for confirmation (n = 42)

CPGs explicitly confirmed (n = 22)

CPGs explicitly rejected (n = 5)

No response (n = 15)

Inclusion (n = 11)

CPGs included in our review (n = 36)

Relevant CPGs identified in the references of the CPGs included in our review (n = 0)

Records included (n = 3)

Revue systématique des recommandations

Reviews

Clinical Practice Guidelines on Palliative Sedation Around the World: A Systematic Review

Martyna Tomczyk, PhD¹, Cécile Jaques, MSc² , and
Ralf J. Jox, MD, PhD^{1,3}



Journal of Palliative Care. 2022;0(0).
doi:10.1177/08258597221138674

Revue systématique des recommandations

Systematic review

Palliative sedation: ethics in clinical practice guidelines – systematic review

Martyna Tomczyk ,¹ Cécile Jaques,² Ralf J Jox^{1,3}



BMJ Supportive & Palliative Care. Published Online First: 11 August 2023.
doi: 10.1136/spcare-2023-004266

**Éthique absente ou quasi absente
des recommandations**

Revue systématique des recommandations

Problèmes « éthiques »

- **SPCJD** pour une souffrance existentielle
- **SPCJD** vs euthanasie et suicide assisté
- Sédation pour une douleur réfractaire et intolérable

22-24 NOVEMBRE 2023
St-Malo Grand Large
congres-sfetd.fr

- Journée d'étude, Institut des humanités en médecine, CHUV-UNIL, 15 mars 2022, Lausanne, **Suisse**.
- 22^e Congrès annuel de l'Association québécoise de soins palliatifs (AQSP), 5-6 mai 2022, Saint-Hyacinthe, **Canada**.
- Congrès international de soins palliatifs de McGill, 18-21 octobre 2022, Montréal, **Canada**.
- 4^e Congrès International de Soins Palliatifs, 3-5 novembre 2022, Kinshasa, **Congo**.
- 2^e Congrès International de l'Association Marocaine des Soins Palliatifs, 13 mai 2023, Casablanca, **Maroc**.
- 18th World Congress of the European Association for Palliative Care (EAPC), 15-17 June 2023, Rotterdam, **Netherlands**.

Théorie → Pratique

- Difficultés éthiques des soignants (infirmiers, assistants en soins et santé communautaire et aides-soignants)
- Étude qualitative multicentrique
- Deux services de soins palliatifs dans le canton de Vaud
- 18 participants

Théorie → Pratique

« Les gens ne savent pas ce que c'est la sédation. »

- 1) Représentations sociales erronées chez les patients ;
- 2) Représentations linguistiques variées chez les soignants et les médecins ;
- 3) Pratiques cliniques diversifiées des médecins.



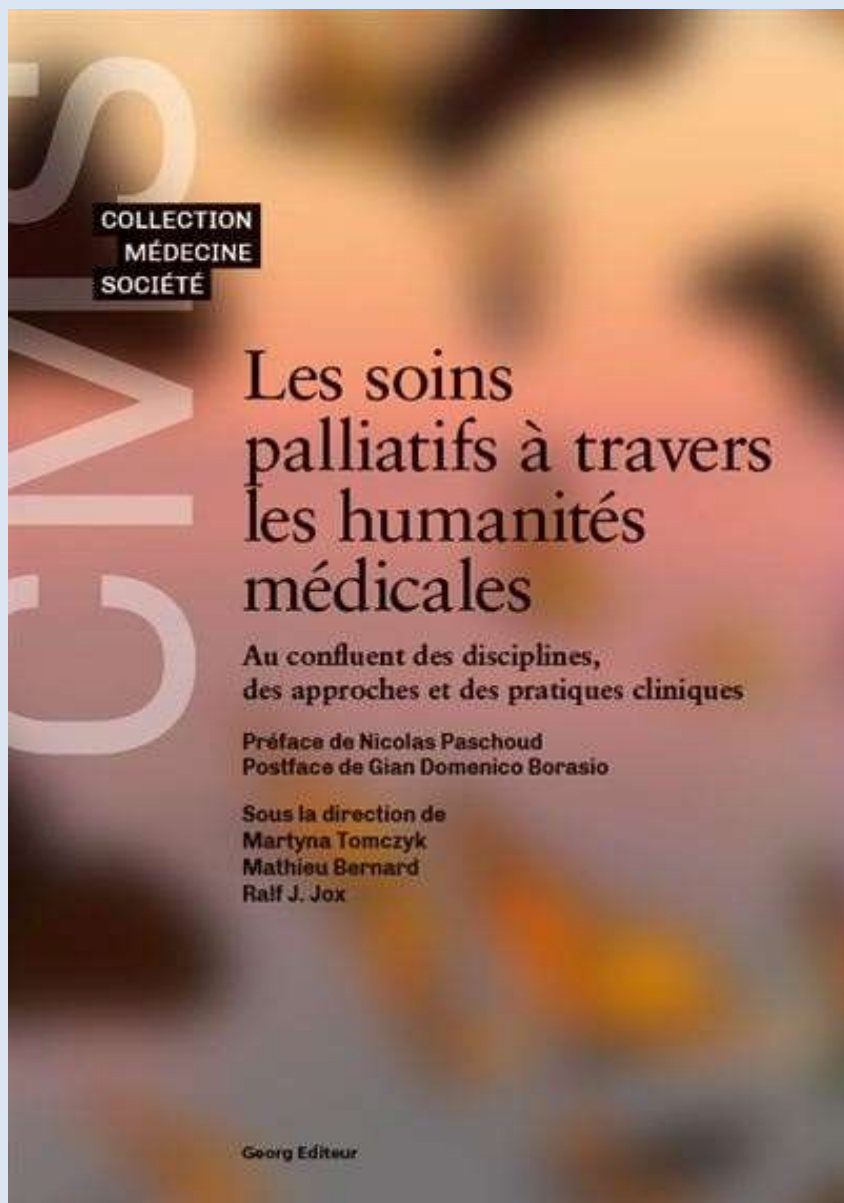
Sensibilisation scientifique

« La sédation palliative : une alternative au suicide assisté ? »

Soirée-débat. Institut des humanités en médecine, CHUV-UNIL,
11 janvier 2022, Lausanne, Suisse [en distanciel]



<https://www.24heures.ch/meconnue-la-sedation-palliative-gagne-du-terrain-173440654590>



georg
Editeur



Fonds national
suisse

Ouvrage collectif interdisciplinaire

Novembre 2023, éd. Georg,
coll. « Médecine Société »

<https://www.georg.ch/les-soins-palliatifs-a-travers-les-humanites-en-medecine>