

Michael Saraga

02.04.1972

Service de psychiatrie Générale, CHUV, 1011 Lausanne

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GENERAL BACKGROUND

1. Current appointments

Associate psychiatrist, Service of General Psychiatry, Lausanne University Hospital (CHUV)

Senior Lecturer and Privat Docent, Faculty of Biology and Medicine (2016 and 2018), Lausanne University (UNIL)

Lecturer, Faculty of Social and Political Sciences (2013), UNIL

2. Education and Degrees

Ph.D. in Life Sciences, UNIL (2019)

Swiss Board Certification (FMH) in Psychiatry/Psychotherapy (2008)

M.D. Thesis (2006)

USMLE-ECFMG certification part I & II (1999)

Swiss Federal Medical Degree (1998)

3. Previous professional positions

2015-2021 Associate psychiatrist, Service of Consultation-Liaison Psychiatry and Service of Palliative Care, CHUV

2014-2015 Visiting Professor, McGill University (Department of Social Sciences of Medicine and Center for Medical Education)

2010-2014 Associate psychiatrist, Liaison Psychiatry, Policlinique Médicale Universitaire, CHUV

2006-2010 Chief Resident, Section of Mood and Anxiety Disorders, Hospital and Outpatient Units, Service of General Psychiatry, CHUV

1999-2006 Resident in various rotations in internal medicine, neuroscience and psychiatry

4. Other educational experiences

2015 Harvard Macy Institute Program for Leading Innovations in Health Care and Education (Harvard University)

2015 Qualitative Health Research (McGill University, 6 crédits ECTS)

2008-2009 Training in Group Psychoanalysis and Psychodrama (Association Romande pour la Psychothérapie Analytique de Groupe)

2001-2006 Course in Research Methodology (DP-CHUV)

2001-2006 Individual psychoanalysis with Dr. J.-M. Porret, member of the Collège International d'Anthropologie et de Psychanalyse

2001-2002 Educational Track in Neurosciences, UNIL

PROFESSIONAL PROFILE

1. Clinical work

Thorough training and extensive experience in general psychiatry, consultation/liaison psychiatry, transcultural psychiatry, individual and group psychoanalytical psychotherapy, psychoanalytical psychodrama, and clinical supervision (including Balint groups) for psychiatrists, psychologists, physicians from all specialties and nurses, as well as some experience with systemic therapy (family and couple)

2. Teaching

Undergraduate (Faculty of Medicine, Faculty of Social and Political Sciences, High School of Nursing), post-graduate level (residency in psychiatry), and continuing education (in a number of Certificate of Advanced Studies as well as other venues, with a focus on clinician-patient communication and relationship and palliative care)

3. Research

Qualitative research, with a focus on clinical practice

Critical analyses of recent developments in contemporary medicine