

FMH Part 2

Quality assurance in Nuclear Medicine Imaging units Legal requirements...

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Content

- Quality assurance (QA)
 - Legal requirements
 - Why; who; when; how
 - ORaP – Art. 74.7 (intervention of a medical physicist)
 - Technical notices

- CT
 - Dose indicators
 - DRL concept

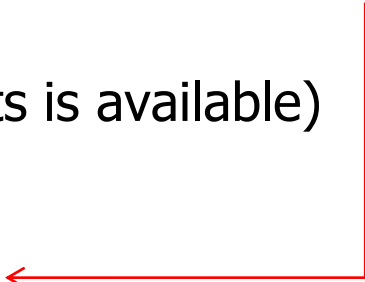
Why QA

- Identify deviation from normal :
 - Device dependent / environment dependent
- Guarantee stability of performance
- Base for Image Quality (IQ) optimization
- Legal requirement (FBPH)

Who performs QA

- Usually the technologist (stability tests)
 - Supervision by a medical physicist
- Vendor technical support (Acceptance / Periodical maintenance)
 - Supervision by a medical physicist

Principle

- Three types of tests
 - Acceptance test + reference measurements
 - Before 1st patient
 - Manufacturer
 - (better if a medical physicist is available)
 - Stability test (Routinely) 
 - (User)
 - Maintenance + Status test + Update of reference
 - Manufacturer (every 6 months)

When QA: Timing requirements

- Stability tests (routinely)
 - Daily
 - Weekly
 - Every six months
- Maintenance– Status test – Reference
 - Every six months

Medical physicist involvement

Legal background

■ Orap – Art. 74.7

^{74.7} Pour les applications en médecine nucléaire et en radiologie interventionnelle par radioscopie ainsi que pour la tomodensitométrie, le titulaire de l'autorisation doit faire **appel périodiquement à un physicien médical** selon l'al. 4.

■ Compliance with Euratom 97/43

- Limitation
- Justification
- Optimization

■ Technical notices

- Unit requirements

Medical physicist requirement

Working group on radioprotection

Requirements for medical physicists in Nuclear Medicine and Radiology

Guidelines and recommendations for application of the
radioprotection ordinance Article 74

Version 11; June 2011



Medical physicist requirement

The principal responsibilities of medical physicists are the following:

1. **Measurements** of appropriate patient / occupational / public safety related dosimetric monitoring quantities during the QC.
2. **Improving patient protection** by optimization of practices, procedures and acquisition protocols.
3. **Improving protection of the medical staff** by giving advice on machine operation and personal protective equipment, including protective garments, fixed and mobile shielding.
4. Establishing an effective **education** system in radioprotection for healthcare professionals.

Recommendation (FOPH)

Recommended hiring times of medical physicists
(days/year)

Modality	QA relating to patient dose	Verification and optimization of patient and staff dose	Training and coaching of technologists and physicians *	Sum per year
CT	0.5	1	1.5	3
Fluoroscopy Cat. A	0.5	1.4	1.5	3.4
Fluoroscopy Cat. B	0.125	0.125	0.75	1
Gamma camera	0.5	0.5	1.5	2.5
PET	0.5	0.75	1.5	2.75

SPECT/CT	1	1.5	3	5.5
PET/CT	1	1.75	3	5.75

Goals

- Should not duplicate manufacturer's tasks
 - But some basic measurements can be done
 - Check if:
 - The balance between patient dose and image quality is optimal
 - Optimize staff dose
- Work in close collaboration with the staff
- Continuous education
 - Radiation protection
 - Optimal use of the imaging unit

Requirements concerning units

Nuclear Medicine



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Département fédéral de l'intérieur DFI
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Page 1 / 5

Division Radioprotection
www.str-rad.ch

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Directive L-09-04

QAP Gamma-caméras, TEP et TEP-CT

1. Objet

La présente directive s'adresse aux fournisseurs et aux utilisateurs de gamma-caméras, TEP et TEP-CT. Elle a pour but de leur indiquer les démarches à suivre en matière d'assurance qualité (QAP) lors de la mise en service, de l'utilisation et de la révision périodique des Gamma-caméras. Les tests à effectuer conformément à l'ordonnance du 21 novembre 1997 sur l'utilisation des sources radioactives non scellées (OUSR) sont établis selon les normes internationales et adaptés aux connaissances techniques.

Gamma camera - Stability

Background count rate

Energy window

Uniformity

N°	Paramètres à vérifier	Périodicité	Exigences / mesures	Remarques
KP1	Taux de comptage du rayonnement ambiant	quotidien	spécifique à l'appareil	En cas de contamination, des mesures doivent être fixées
KP2	Contrôle de la fenêtre d'énergie	avant chaque examen	mesure, « peaken »	
KP3	Homogénéité	hebdomadaire		

Nr.	Prüfparameter	Periodizität	Anforderungen Massnahmen	Bemerkungen
K1	Untergrundzählrate	täglich	gerätespezifisch	Massnahmen bei Kontamination sind festzulegen.
K2	Kontrolle des Energiefensters	vor jeder Untersuchung	Massnahme, peaken	
K3	Homogenität	wöchentlich		

Gamma camera – background K1

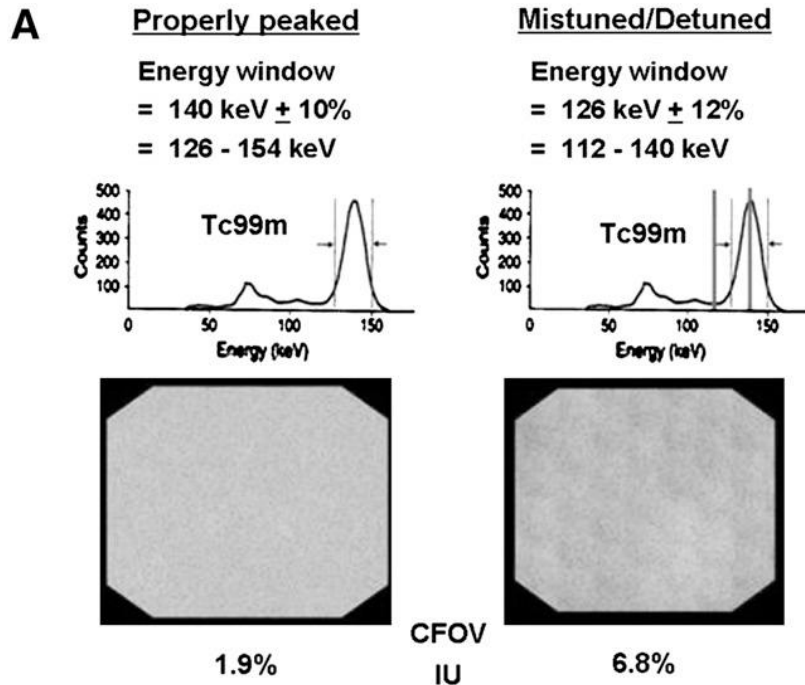
- **Daily** : for example each evening
 - 5 minutes acquisition
 - Head orientation problem
 - Useful to identify ambient contamination (check also energy spectrum)
 - Check for spot on image
 - Clean and acquire again
 - Acquire again the day after
- Require reference values validated by manufacturer ...

Gamma camera – Energy window K2

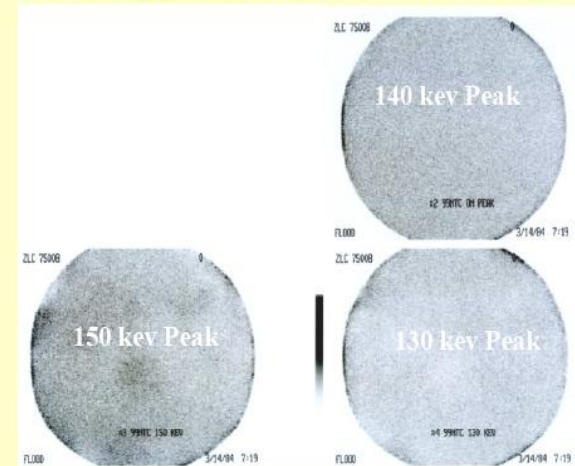
■ Before each acquisition

■ Why?

- Mistuned Energy window → Loss of counts
- Sub-optimal scatter correction
- Image quality problems possible (loss of uniformity)



Uniformity Dependent on Energy Window Centering



Gamma camera – Stability (K3)

- Homogeneity
 - The matrix size matter
 - Number of counts – matrix size
 - 1Mio in 512x512
 - 262144 pixels $\rightarrow$ 3.8 counts/pixel
 - $\sigma = 1.9 \rightarrow$ 50% uncertainty
 - 1Mio in 64x64
 - 4096 pixels $\rightarrow$ 244 counts/pixel
 - $\sigma = 15.6 \rightarrow$ 6% uncertainty
 - If restricted number of counts
 - Be careful on matrix size
 - At least 1000 counts/pixel
 - $\sigma = 31.6 \rightarrow$ 3% uncertainty

Gamma camera - Stability

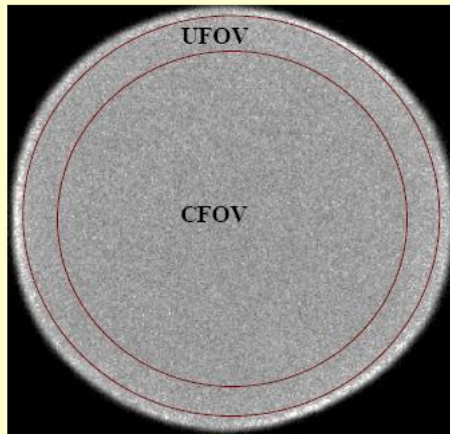
- Assessment
 - Subjective
 - Narrow window
 - Objective (Integral and Differential Uniformity)

IU → Global evaluation

Integral Uniformity (IU)
(4000 cts/cm² with 9-pt.
smoothing in 6 mm pixels)

$$\frac{\text{Max. Pixel} - \text{Min. Pixel}}{\text{Max. Pixel} + \text{Min. Pixel}} \times 100\%$$

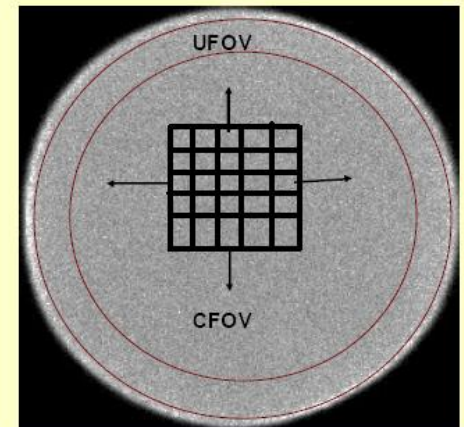
- Range of sensitivity variations over the UFOV or CFOV
- IU of 2-3 % expected



DU → Local evaluation

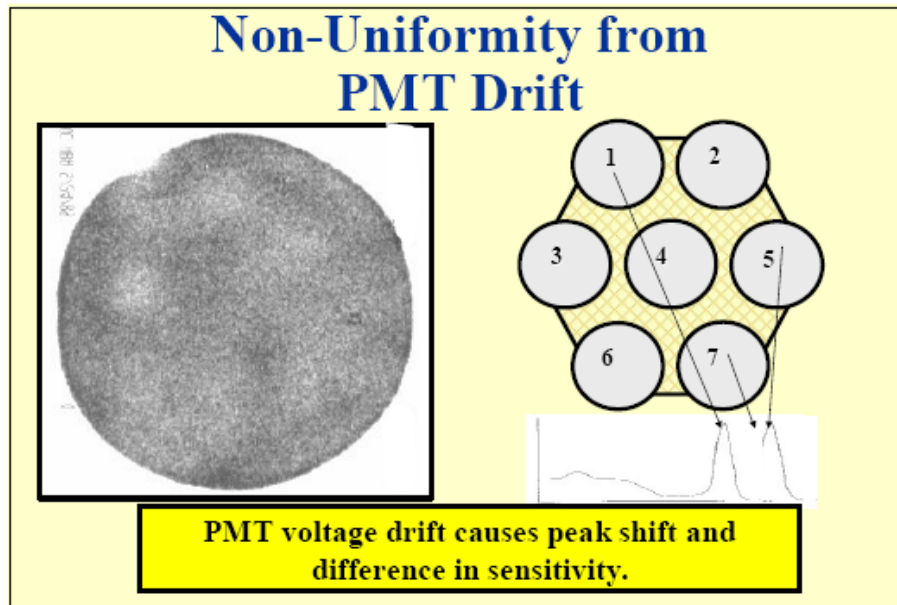
Differential Uniformity (DU)

- Maximum rate of change in sensitivity across the UFOV or CFOV
- DU of 1.5 – 2.0% expected.



Gamma camera - Stability

- Example



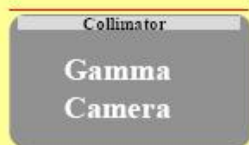
Gamma camera - Stability

- **Extrinsic (with collimator on place)** or system homogeneity (weekly)

(10mCi = 370MBq)

Measuring Extrinsic Uniformity

Planar Source
10-15 mCi of
 ^{57}Co or $^{99\text{m}}\text{Tc}$



Edge Packing
shielded by
collimator ring.

5-15 Million Counts
3-15 min.

< 40kcps to avoid dead-time count-loss

Planar Flood Sources



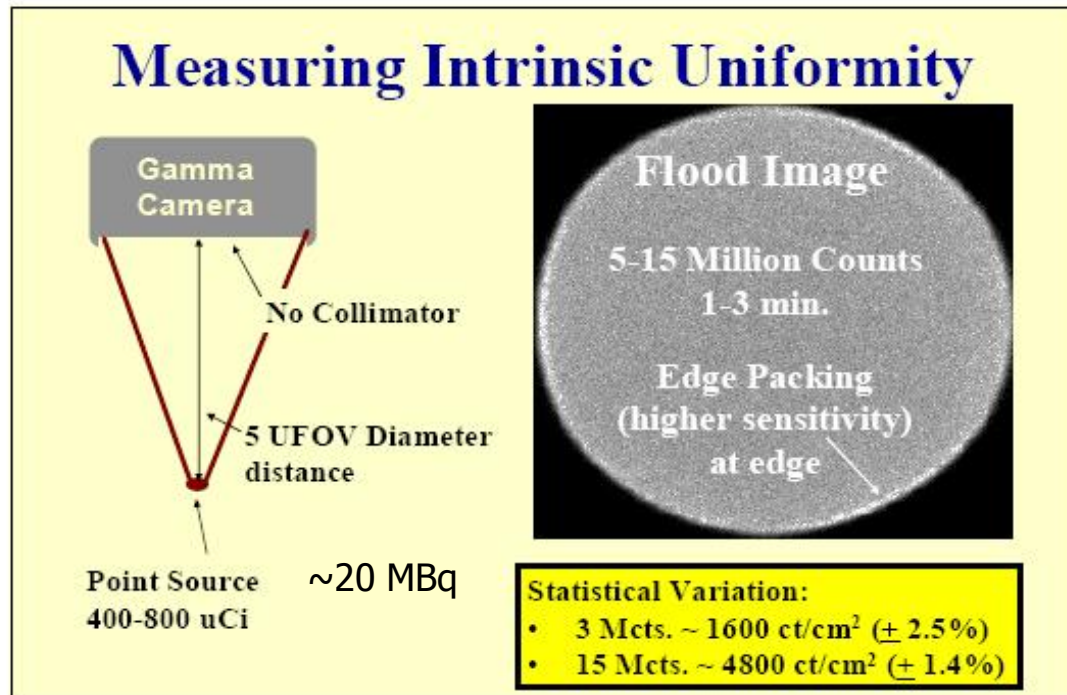
^{57}Co Flood Source – $T_{1/2}$
270 days; 122 keV γ ; 10-15
mCi at time of purchase.



$^{99\text{m}}\text{Tc}$ Flood Source (water
filled) – $T_{1/2}$ 6 hrs.; 140 keV
 γ ; 10-15 mCi at time of
filling.

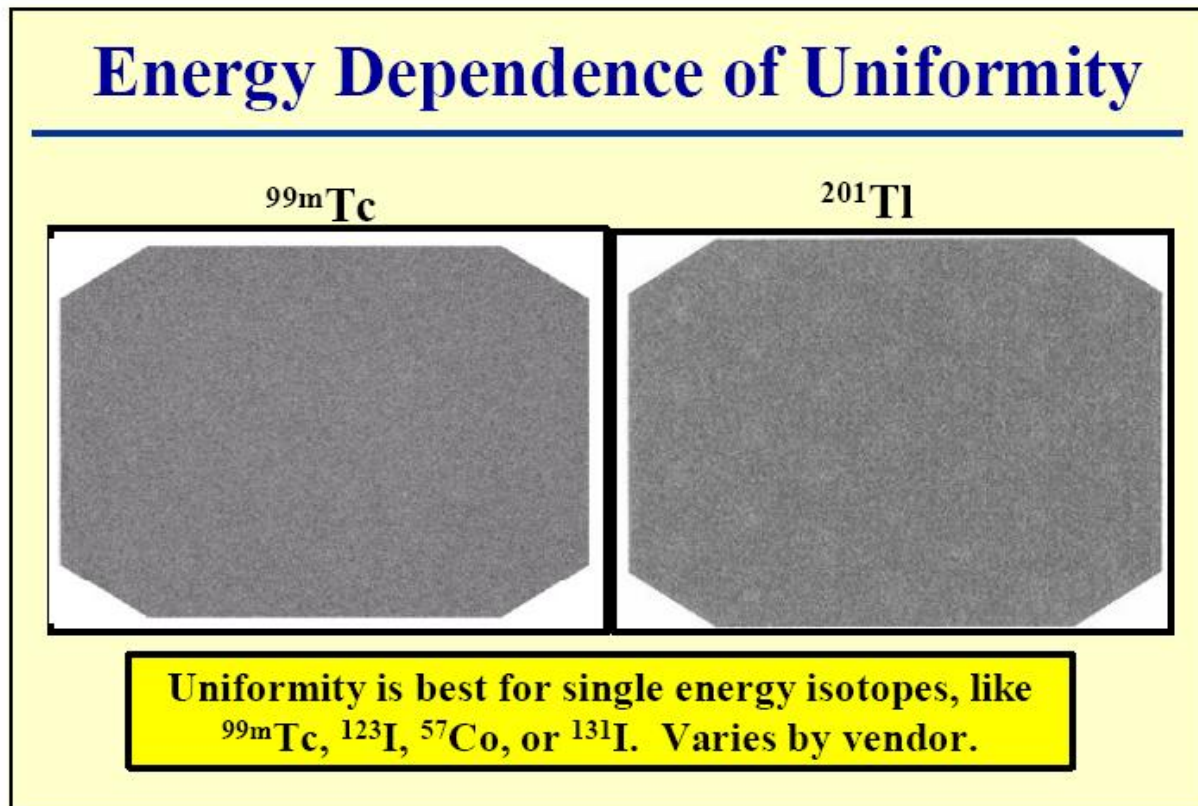
Gamma camera - Stability

- Intrinsic (without collimator) homogeneity (each 6 months)



Gamma camera - Stability

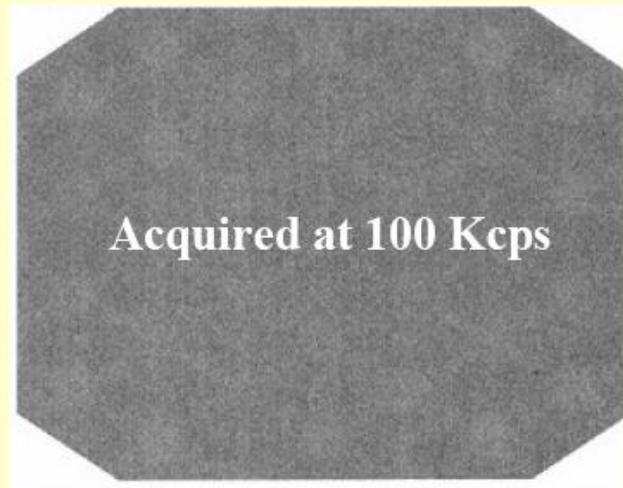
- Be careful on the fact that:



Gamma camera - Stability

- Be careful on the fact that:

Non-Uniformity at High Count Rates



High count rates also leads to loss of resolution and linearity

Gamma camera - Stability

■ Calibration (six-months)

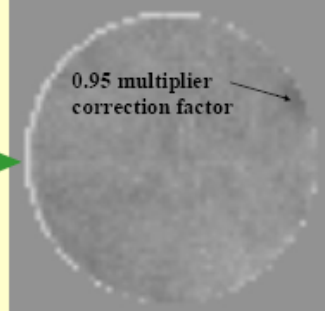
Uniformity Correction Matrix

High Count Flood Image



Inversion

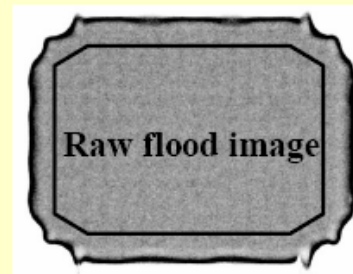
Flood Correction Matrix



- Applied during or following image acquisition
- Needs ten (10) times the counts of a routine flood image to reduce counting statistic variations to $< \pm 1\%$. (10kcnt/pixel)
- May be acquired intrinsically or extrinsically.

Uniformity Correction Improvements

IU = 4.2%



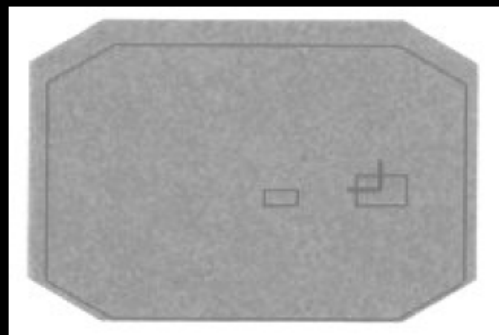
IU = 2.5%



- Uniformity correction routinely applied to all gamma camera images. Correction improves IU and truncates edge packing artifact.
- Requires 10 times counts used for daily floods.

Gamma camera - Stability

Quantitate Daily Floods



Full Report of Uniformity Analysis
NAME: 3-04-97 ID: INTR FLD DATE:

UFOV

Integral Uniformity = 2.87%
Counts Location
Minimum 7132 (34, 33)
Maximum 7554 (46, 32)
Row Differential Uniformity = 1.69%
Column Differential Uniformity = 1.55%
Diff. Location
Max Row 251 (42, 32)
Max Col 230 (46, 28)

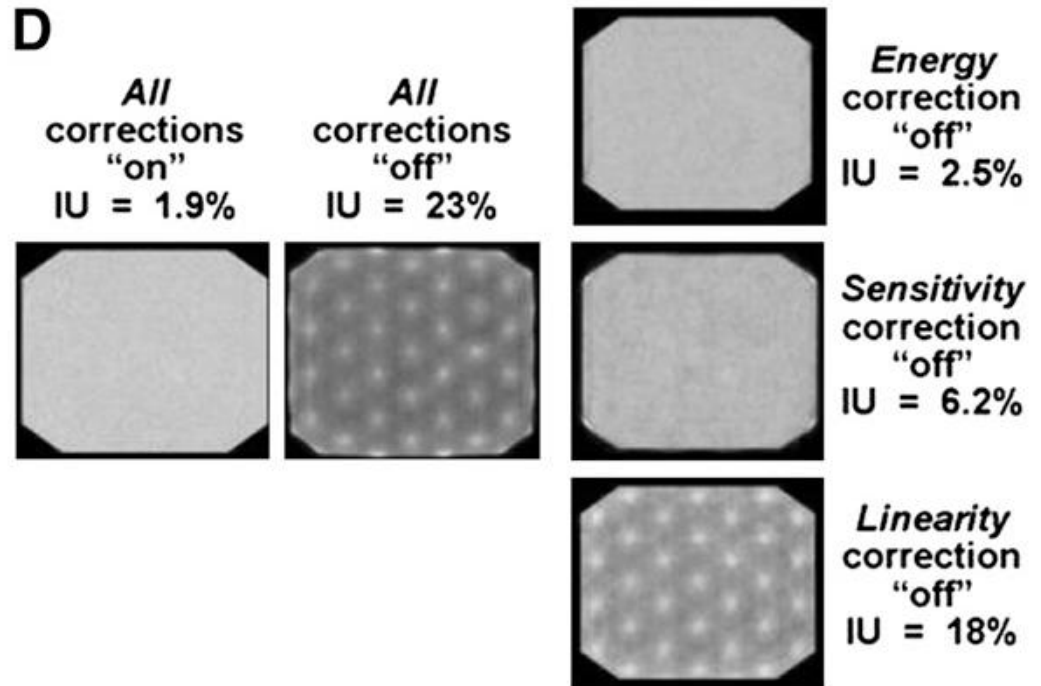
CFOV

Integral Uniformity = 2.87%
Counts Location
Minimum 7132 (34, 33)
Maximum 7554 (46, 32)
Row Differential Uniformity = 1.69%
Column Differential Uniformity = 1.55%
Diff. Location
Max Row 251 (42, 32)
Max Col 230 (46, 28)

- High Counts > 10-15 million counts for large area detectors
- Consistent source strength with count rate < 40,000 cps.
- Consistent source positioning.

Gamma camera - Stability

■ Calibration



Full calibration by applying all correction
Vendor @ periodic maintenance (every 6 months)

Gamma camera - Stability

- Summary
 - Intrinsic (without collimator) calibration requires
 - Precise point source and scatter free condition
 - Beam as parallel as possible (5 FOV far point-like source)
 - Extrinsic (with collimator on place)
 - Planar flood source
 - Required for each collimator (LE, ME, HE)
 - Includes intrinsic calibration
 - At least weekly

Gamma camera – Stability reference levels and action levels

Pre-Assigned Action Levels

- I. **Good** – no further evaluation needed
- II. **Marginal** – repeat flood once; if still marginal next day/week contact Physicist or supervisor to determine status; a re-calibration may be necessary.
- III. **Unacceptable** – repeat flood once; if still unacceptable contact Physicist or supervisor to determine status; a re-calibration may be necessary

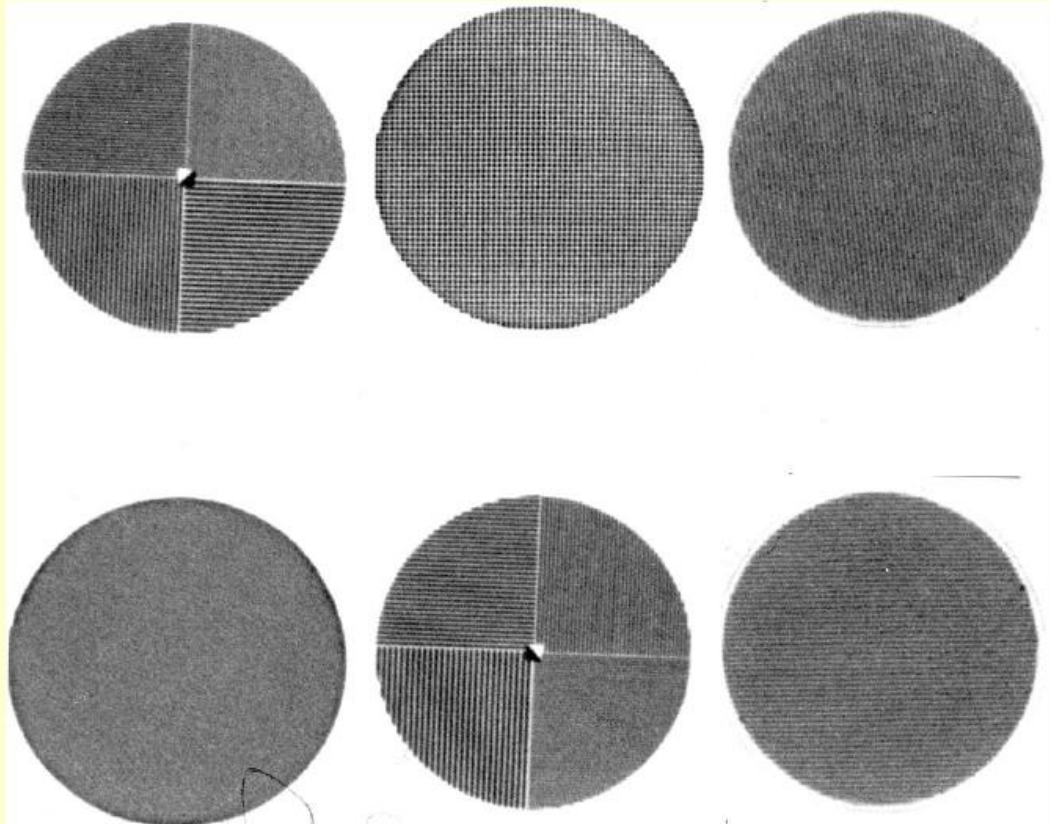
Gamma Camera	Intrinsic Uniformity – IU in UFOV	Extrinsic Uniformity – IU in UFOV
Vertex	I – below 3.5 II – 3.5 – 5.0 III – above 5.0	I – below 5.0 II – 5.0 – 6.0 III – above 6.0
Forte I	I – below 3.5 II – 3.5 – 5.0 III – above 5.0	I – below 5.0 II – 5.0 – 6.0 III – above 6.0
Forte II	I – below 3.5 II – 3.5 – 5.0 III – above 5.0	I – below 5.0 II – 5.0 – 6.0 III – above 6.0

Irregardless of IU, if a single tube is visible in the flood image, contact Physicist or supervisor to determine status.

Gamma camera – SPECT

SPECT Quality Control

- Gamma camera must operate at optimum performance.
- Uniformity is critical



Gamma camera

COR Acquisition is a Calibration

- Used to correct patient images
- Extrinsic calibration for both 180 and 90 degree detector separations
- Must follow manufacturer recommendations regarding number and placement of sources
- Sources must have sufficient activity
- Completed monthly

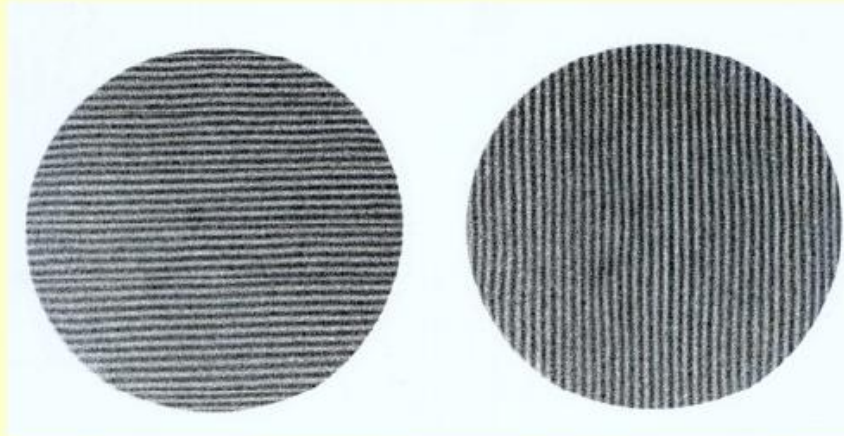


Center-of-Rotation Artifact

P1	Valeurs de correction pour le centre de rotation	TR + semestriel
2		

Gamma camera

Measure Spatial Linearity with PLES Phantom



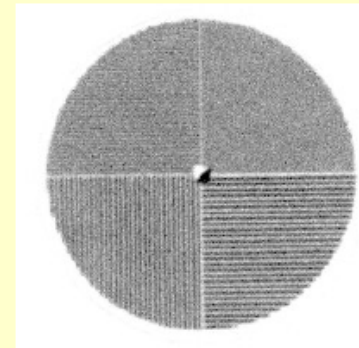
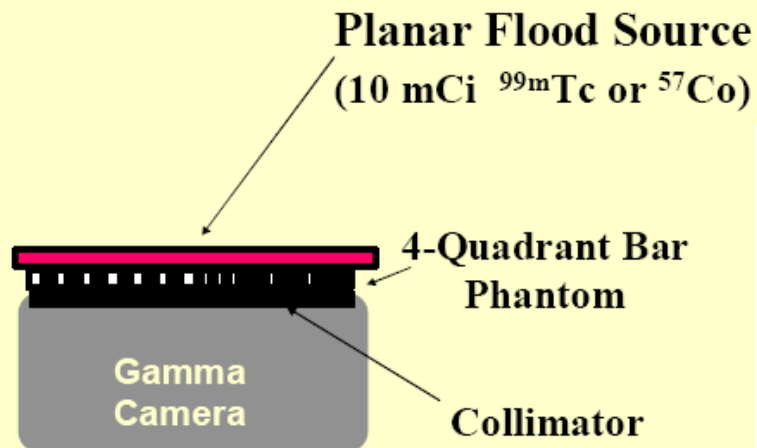
Deviation from
straight line of
less than 1.0 mm
for UFOV.

Images of PLES (parallel line equal spacing) phantom with ^{99m}Tc source

P9	Linéarité géométrique	TR	NEMA 3.1
	Linéarité du système	TR + semestriel	Comparaison visuelle

Gamma camera

Extrinsic Spatial Resolution Measurement with 4-Quad Bar Pattern

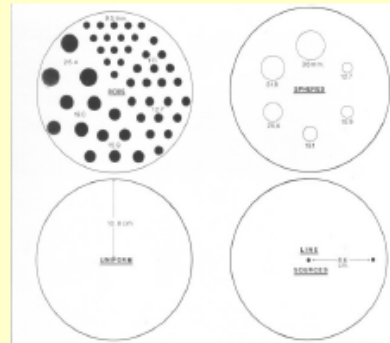
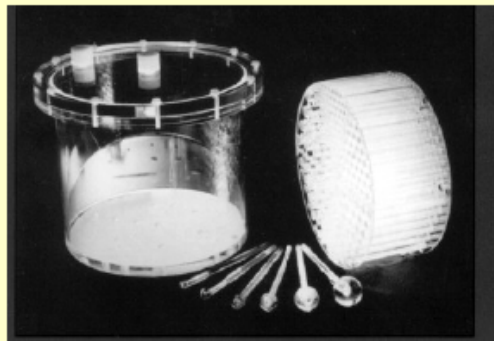


Visual assessment

P5	Résolution du système	TR	NEMA 2.4 TR avec tous les collimateurs, CE uniquement avec le plus utilisé
		TR + semestriel	Fantôme à barres, comparaison visuelle avec référence

Gamma camera – SPECT

Jaszczak SPECT Phantom



Standard:

- Cold Rods – 16.0, 12.7, 11.1, 9.5, 7.9, 6.4 mm
- Cold Spheres – 38.0, 31.8, 25.4, 19.1, 15.9, 12.7 mm

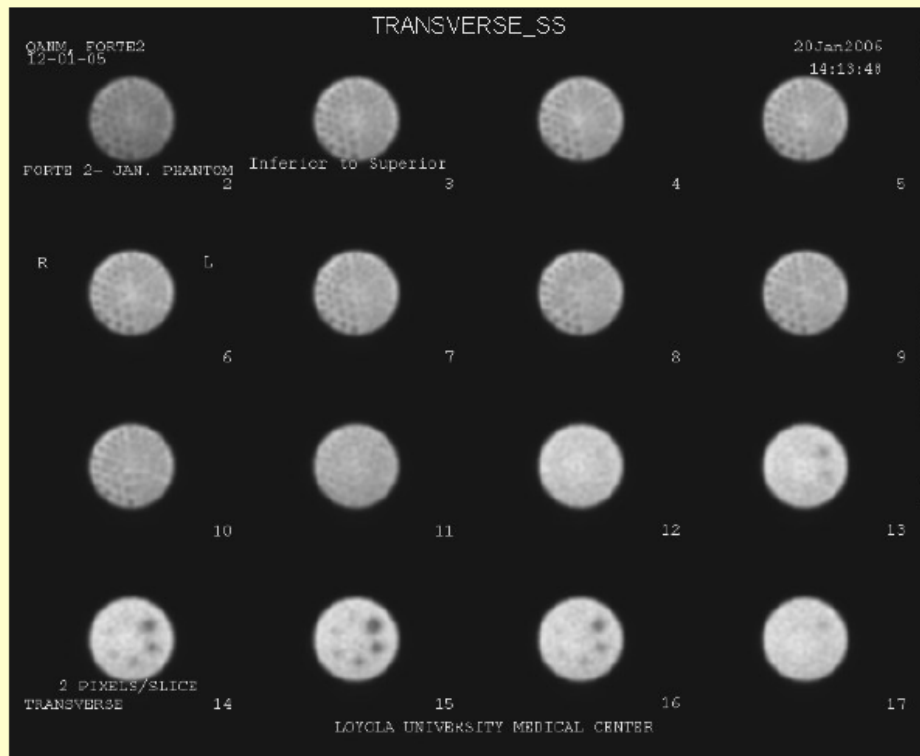
Deluxe:

- Cold Rods – 12.7, 11.1, 9.5, 7.9, 6.4, 4.8 mm
- Cold Spheres – 31.8, 25.4, 19.1, 15.9, 12.7, 9.5 mm

P1 3	Qualité des images en coupe	TR + semestriel	Selon les données du fabricant, fantôme de type Jaszczak
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Gamma camera - Jaszczak

SPECT Phantom Study



- Quarterly acquire SPECT phantom studies with 2-3 time counts obtained clinically.
- Reconstruct at highest resolution filter.
- Look for bullseye artifacts. If present, new intrinsic correction flood needed.
- Look for consist transaxial resolution. If resolution loss, acquire new COR.

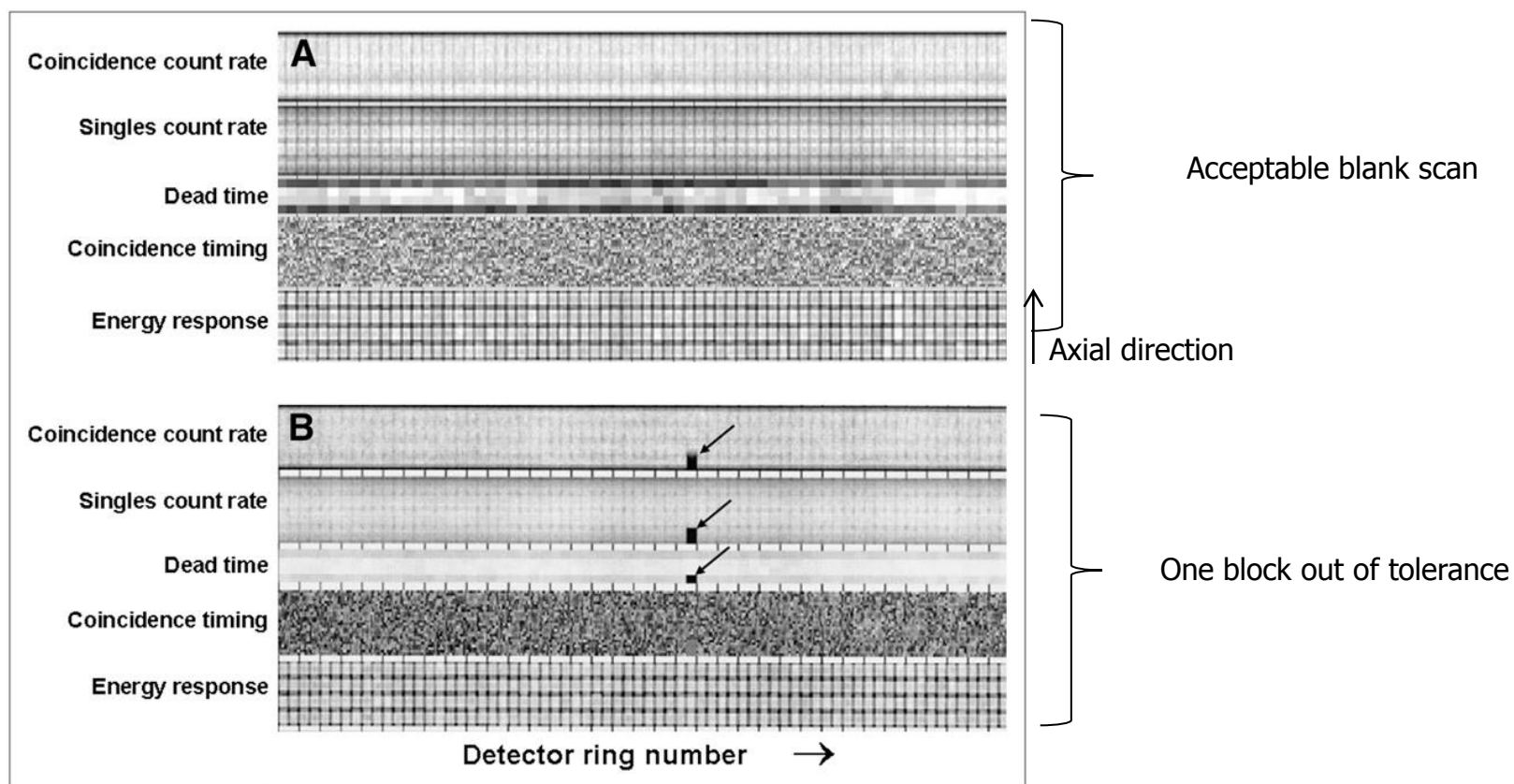
QA in PET - Stability

N°	Paramètres à vérifier	Périodicité	Remarques
KP-1	Vérification du photomultiplicateur (PM) -Facteur d'amplification (gain) - Offset PM - Homogénéité	chaque jour ouvrable	Utilisation d'une source de positrons
KP-2	Contrôle de la fenêtre d'énergie - Réglage - Résolution FWHM	chaque jour ouvrable	
KP-3	Temps de coïncidence	chaque jour ouvrable	
KP-4	Vérification visuelle du système - Comparaison du sinogramme	chaque jour ouvrable	
KP-5	Vérification de la calibration du système avec un fantôme adéquat	semestriel	env. 250 MBq F-18 (p. ex. avec fantôme de type Jaszczak) Valeur de référence tirée de P6

Nr.	Prüfparameter	Periodizität	Bemerkungen
KP-1	Überprüfung der Photomultiplier PM - Verstärkungsfaktor - Offset PM - Homogenität	arbeitstäglich	Verwendung einer Positronen-Quelle
KP-2	Kontrolle des Energiefensters - Einstellung - FWHM Auflösung	arbeitstäglich	
KP-3	Koinzidenz-Timing	arbeitstäglich	
KP-4	Visuelle Systemüberprüfung - Vergleich der Sinogramme	arbeitstäglich	
KP-5	Überprüfung der Systemkalibrierung mit geeignetem Testphantom	halbjährlich	ca. 250MBq F-18 (z.Bsp. mit Jaszczak-Phantom) Referenzwert aus Z6

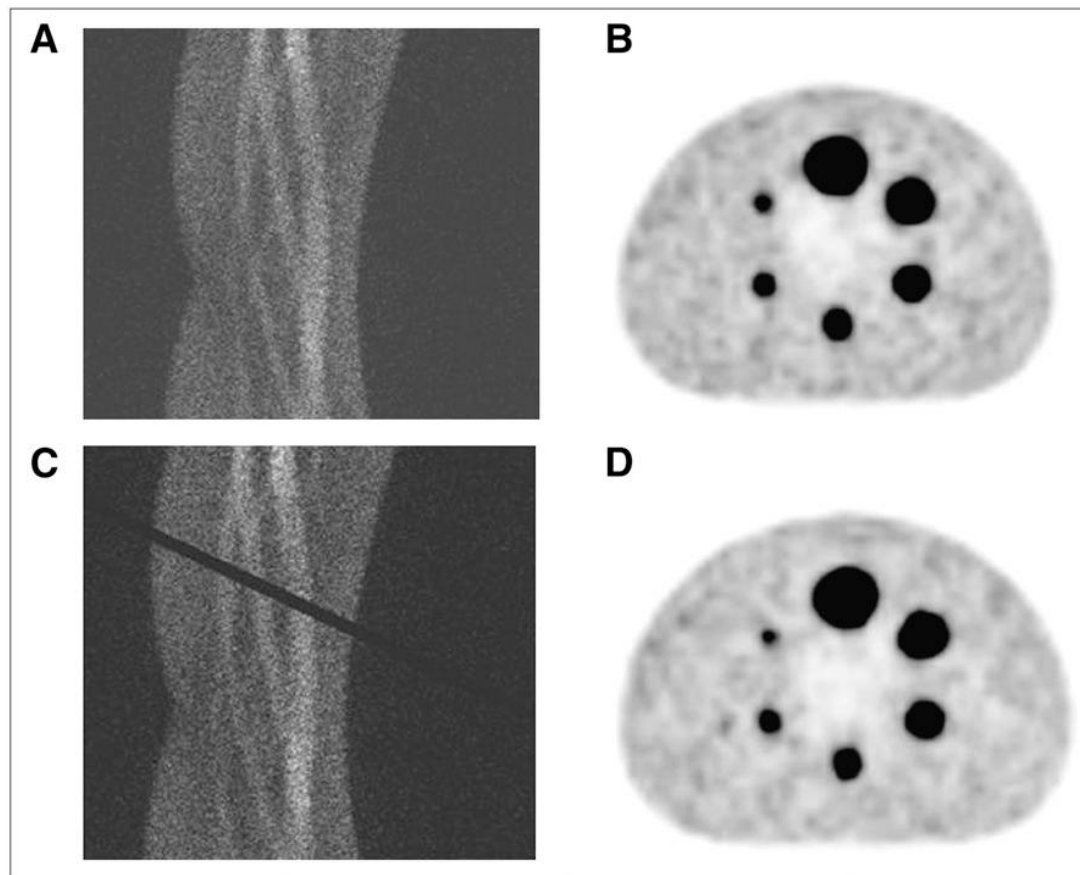
PET – KP1-KP4

- Done automatically during calibration
- Should be documented



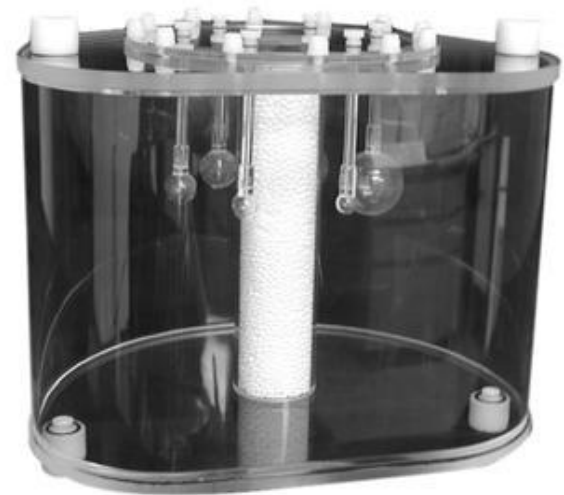
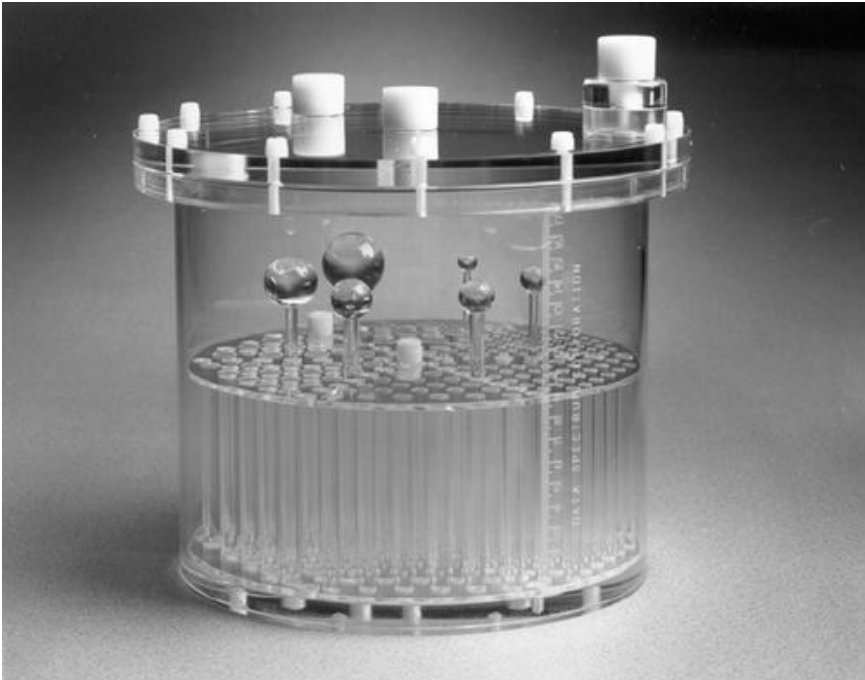
PET – KP1-KP4

- Evaluate possible use of the PET while waiting for manufacturer intervention



PET – Stability – KP 5

- Image quality (each 6 month)



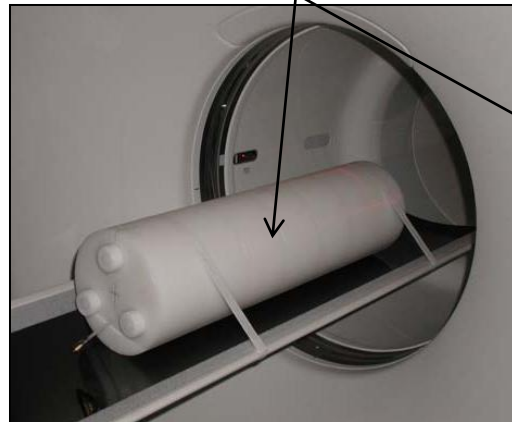
PET – Acceptance : the phantoms

Vendor under medical physicist supervision

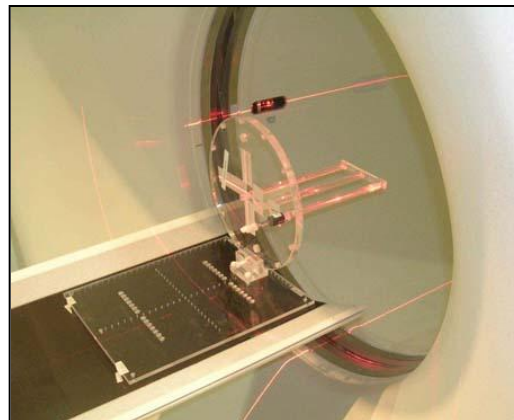
NEMA NU-2 Tests



Scatter is accounted for

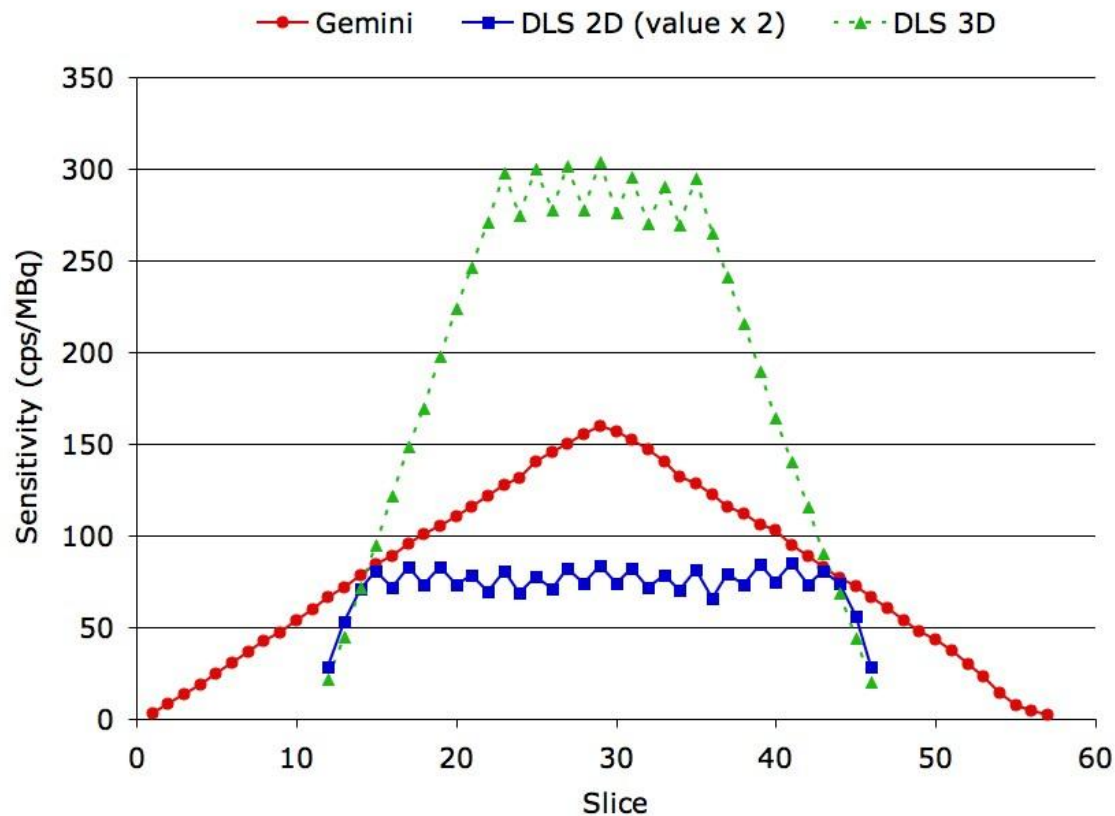


System Sensitivity



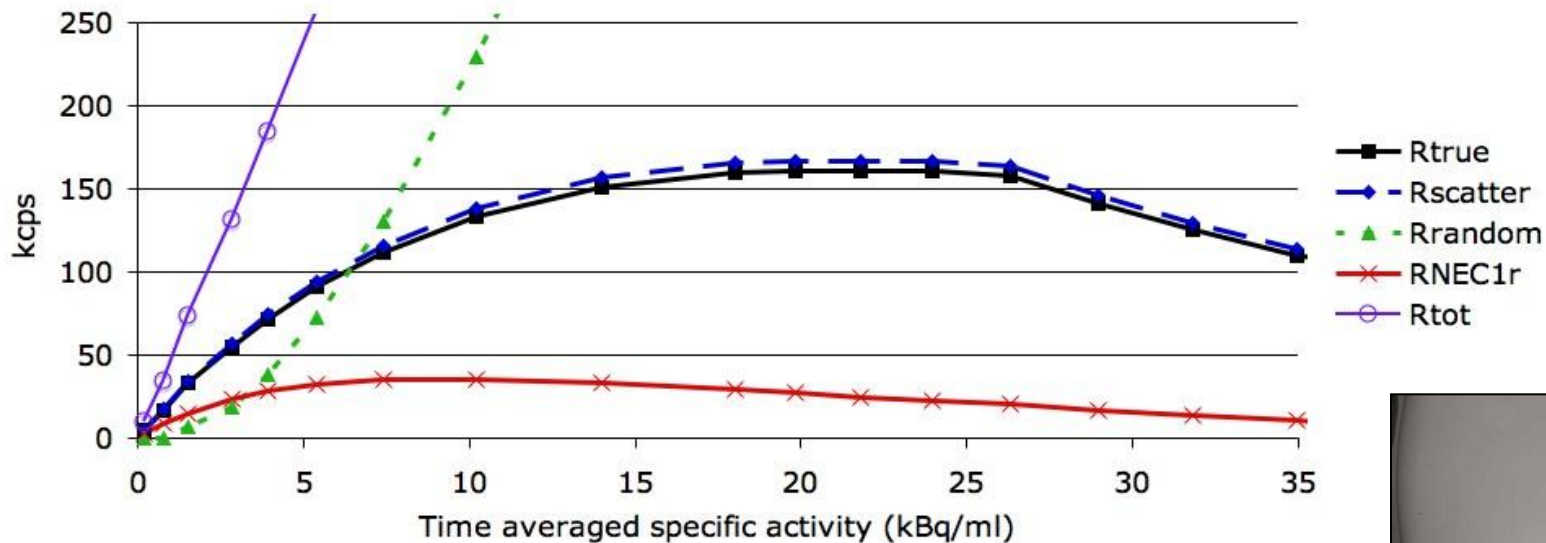
P1: Space resolution
Line sources (150 MBq/mL F-18)
-On axis
-Off axis

PET – Acceptance



P3	Sensibilité	TR	NEMA NU-2001, partie 5 F-18 avec une activité de 10 MBq env.
	Précision des corrections de	TD	NEMA NU-2001, partie 5

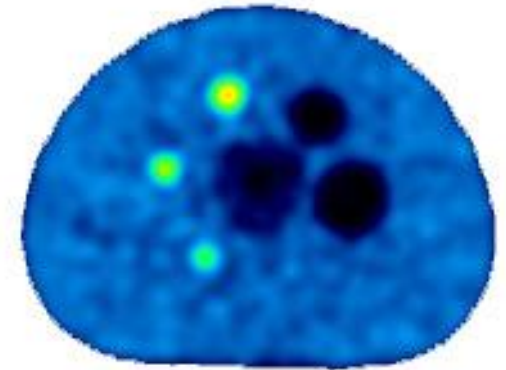
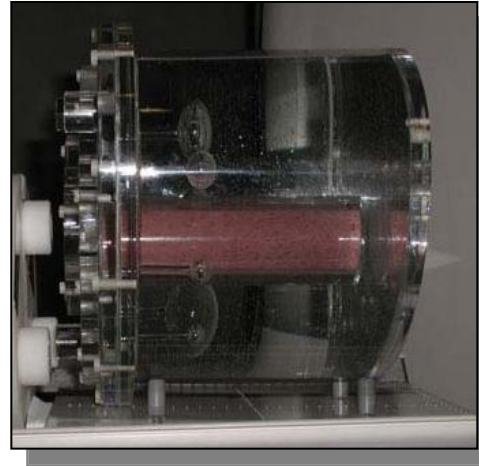
PET – Acceptance



P2	Mesure du rayonnement diffusé, perte de comptage, mesures du taux de comptage fortuit	TR	NEMA NU2-2001, partie 4 Exécution avec une activité clinique relevante (0,5 GBq env.), comparaison des résultats avec les mesures du fabricant selon les normes NEMA.
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Fortunately not the entire NEC curve

PET – Acceptance: image quality



Mesures requises			
P5	Qualité de l'image, précision de la correction pour l'atténuation et la diffusion	TR	NEMA NU2-2001, partie 7 F-18 avec une activité de 250 MBq env.
P6	Qualité de l'image, précision de la correction pour l'atténuation et la diffusion	TR	Etablissement de la référence pour le contrôle de stabilité avec fantôme (p. ex. avec fantôme de type Jaszczak) en utilisant l'algorithme recommandé pour l'application clinique. Valeur de référence pour le test KP5

- Recovery coefficient and hot contrast in hot spheres
- Cold contrast in cold spheres
- Background calibration
- Signal Variability in lung

Different lesion/background
Activity ratios (4:1, 5:1, 8:1)

PET - CT

- Legal CT requirements need to be satisfied also



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Page 1 / 4

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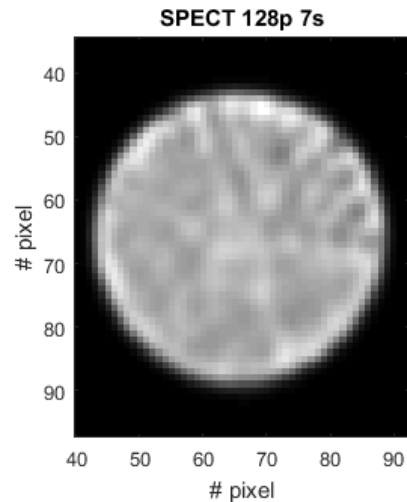
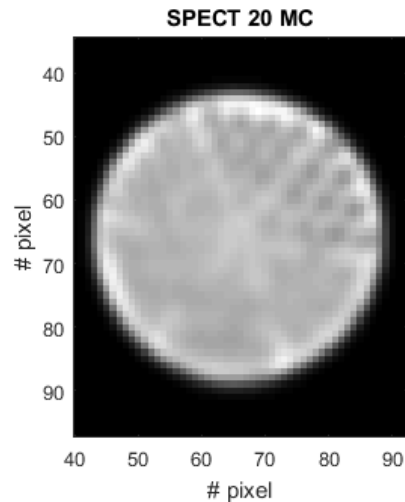
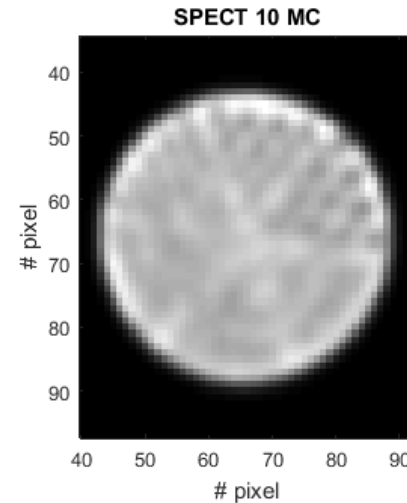
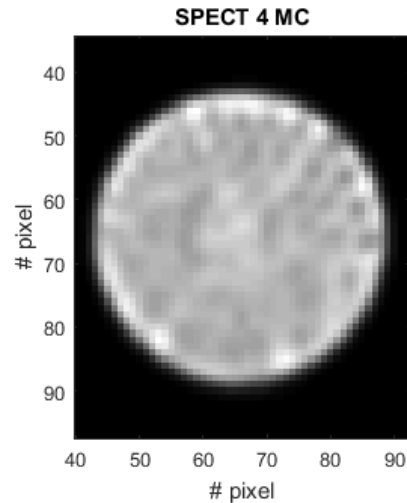
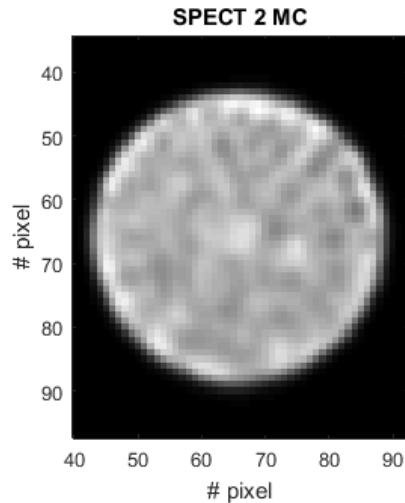
Directive R-08-08 **Assurance de la qualité des tomodesitomètres (CT)**

1. Objet

La directive a pour objet de préciser le type, l'envergure et la périodicité des mesures visant à assurer la fonctionnalité et la qualité des tomodesitomètres (CT), des appareils de restitution d'images ainsi que des systèmes de documentation d'images. De manière générale, les mêmes procédures que pour les installations radiologiques classiques s'appliquent considérant néanmoins des spécificités des installations.

- CT in SPECT/CT and PET/CT are considered as stand-alone CT
- Image fusion to be controlled
- Attenuation correction to be controlled

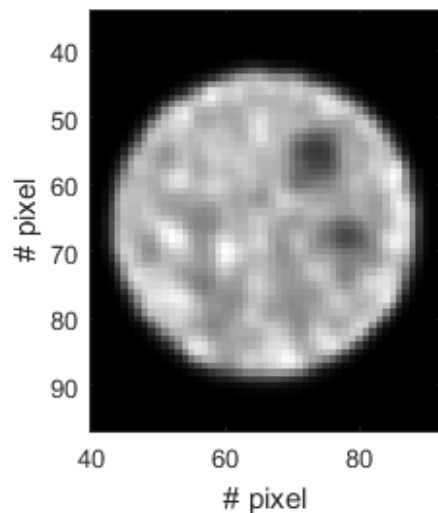
PET and SEPECT clinical relevant conditions



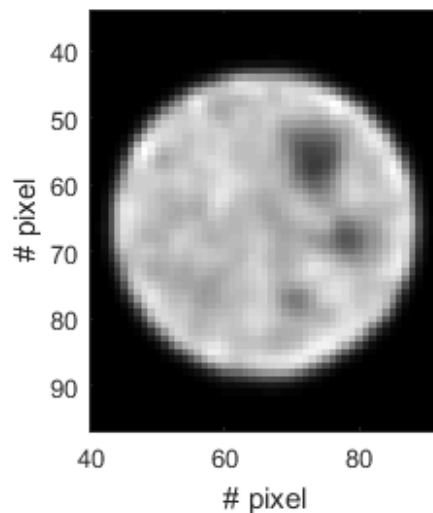
Jaszczak phantom
SPECT $A_c = 10$ kBq/mL

PET and SEPECT clinical relevant conditions

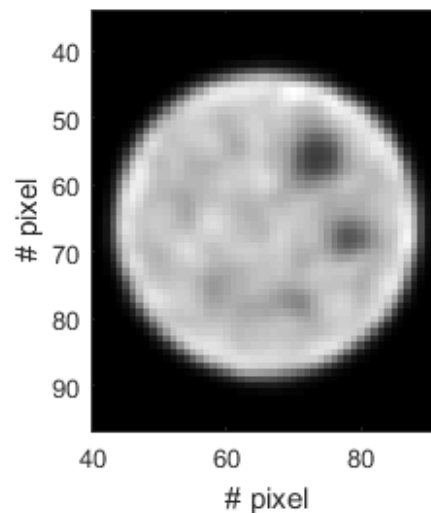
SPECT 2 MC



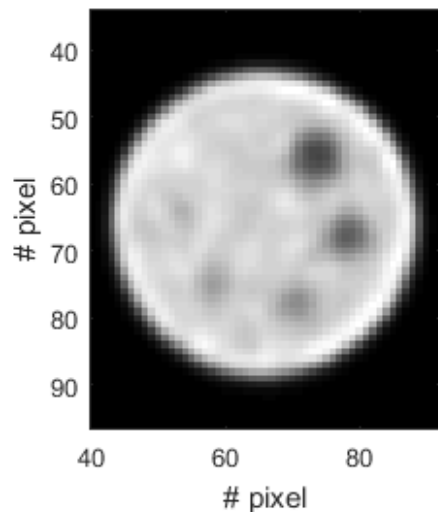
SPECT 4 MC



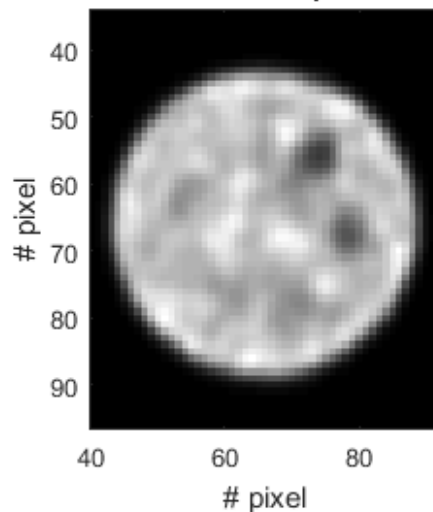
SPECT 10 MC



SPECT 20 MC



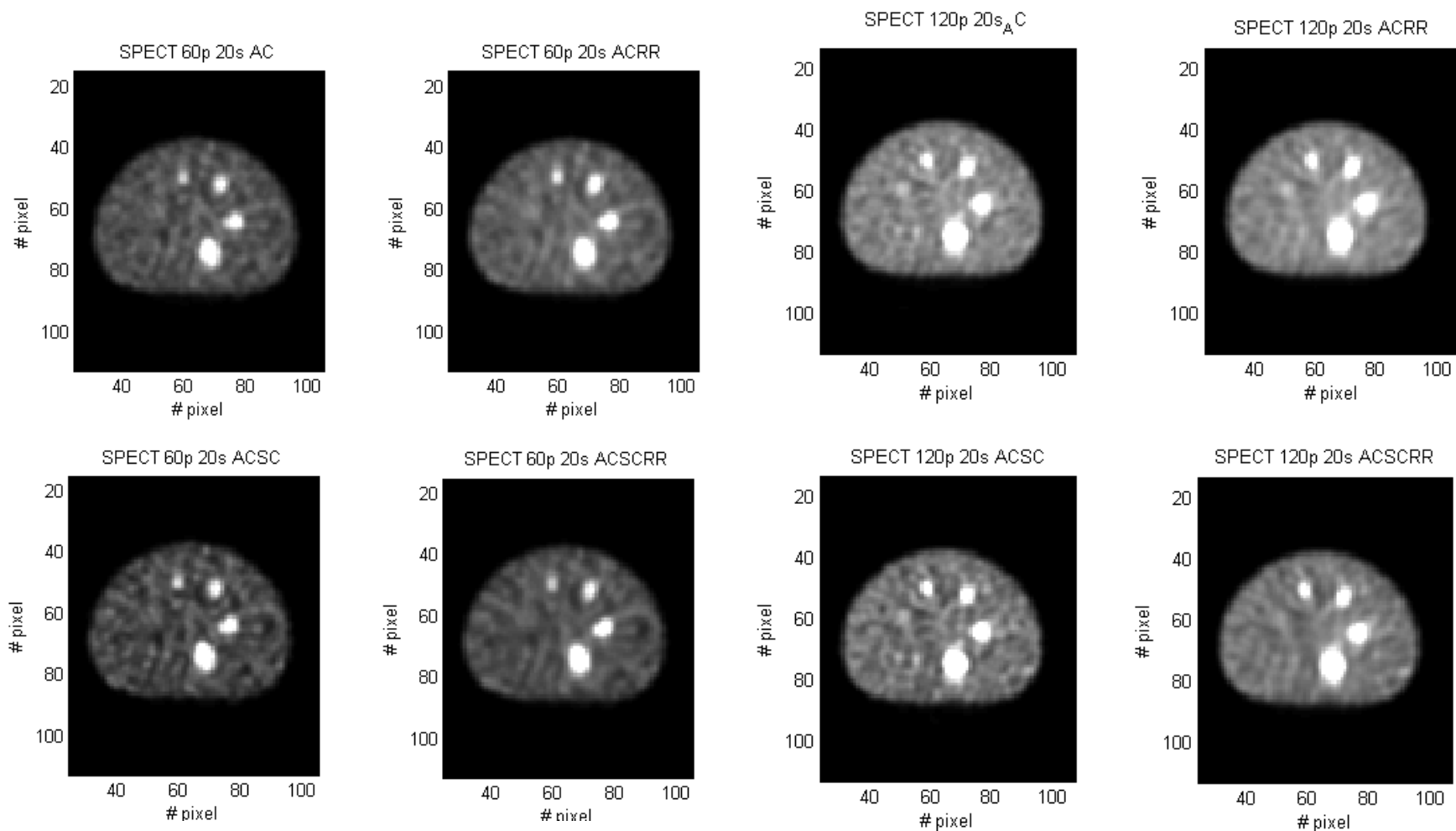
SPECT 128p 7s



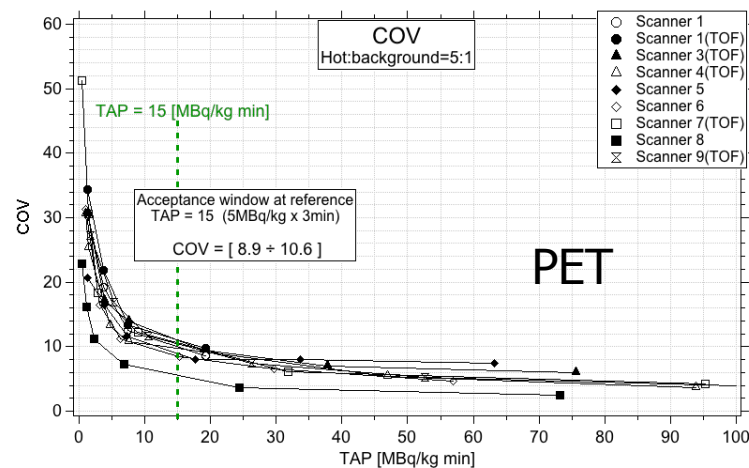
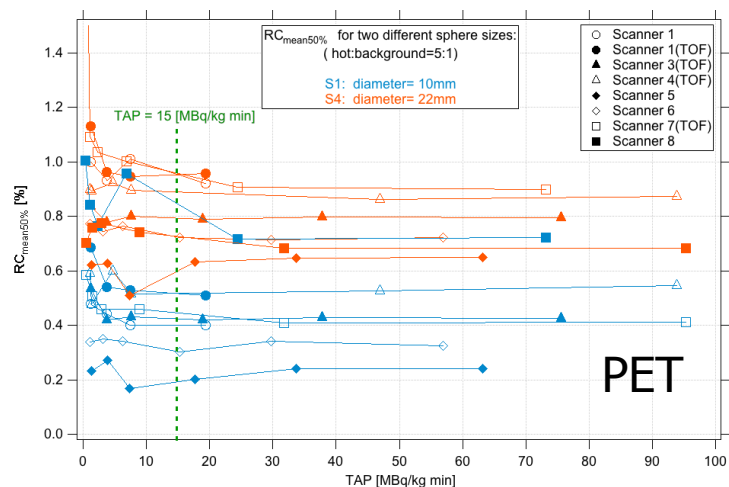
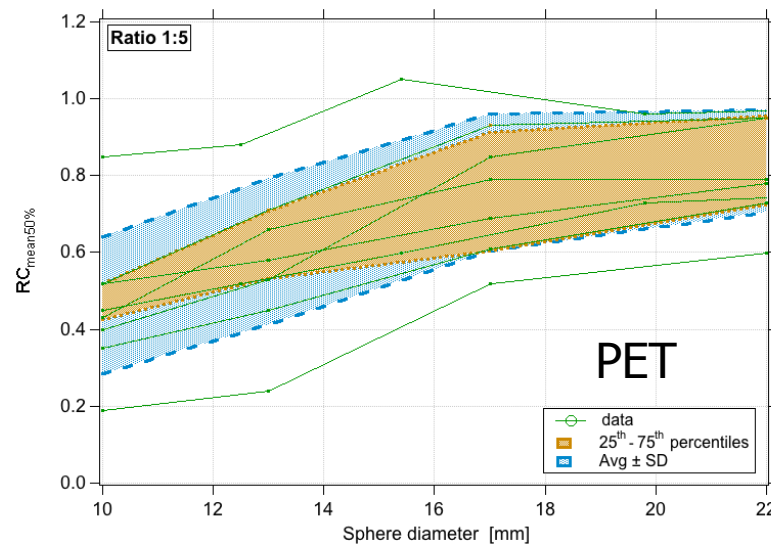
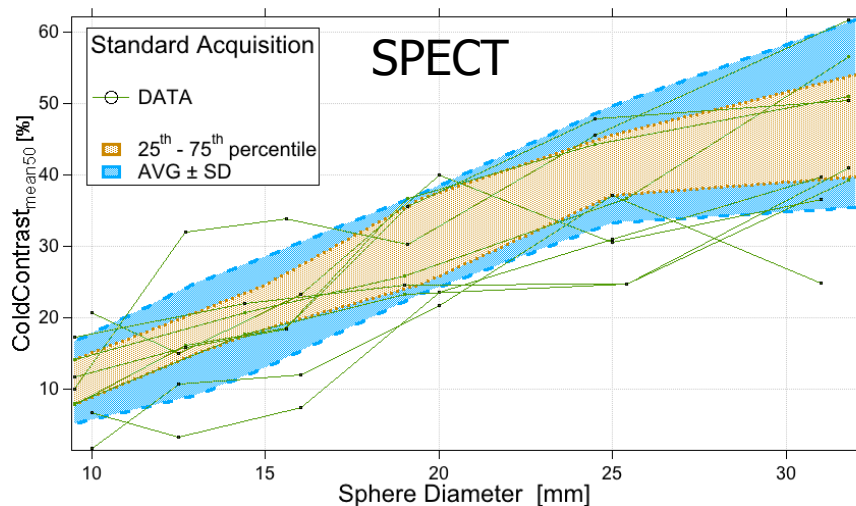
Jaszczak phantom
SPECT $A_c = 10$ kBq/mL

PET and SEPECT clinical relevant conditions

NEMA NU2 phantom SPECT Ac = 10 kBq/mL



PET and SEPCT clinical relevant conditions



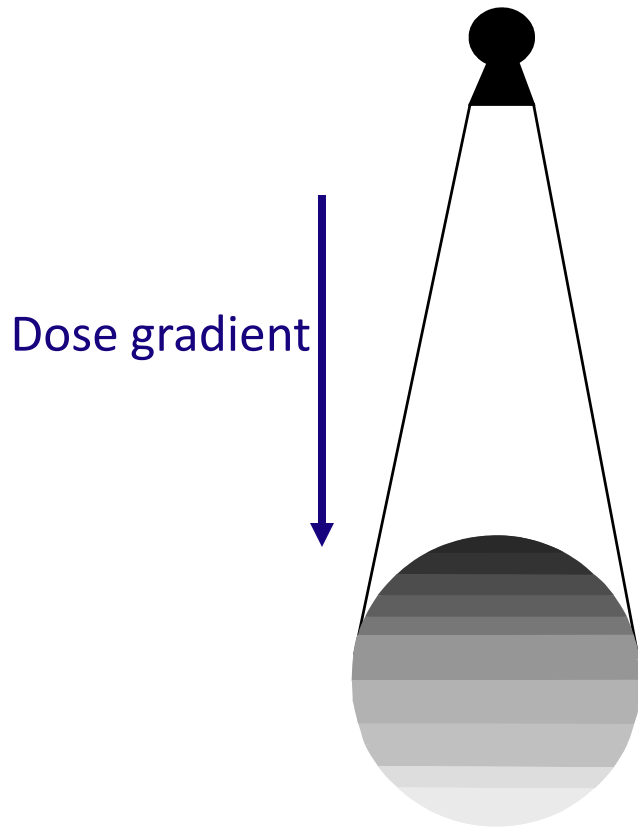
PET and SEPCT clinical relevant conditions

Optimization of acquisition/reconstruction protocols... for both PET and SPECT according to clinical requirements

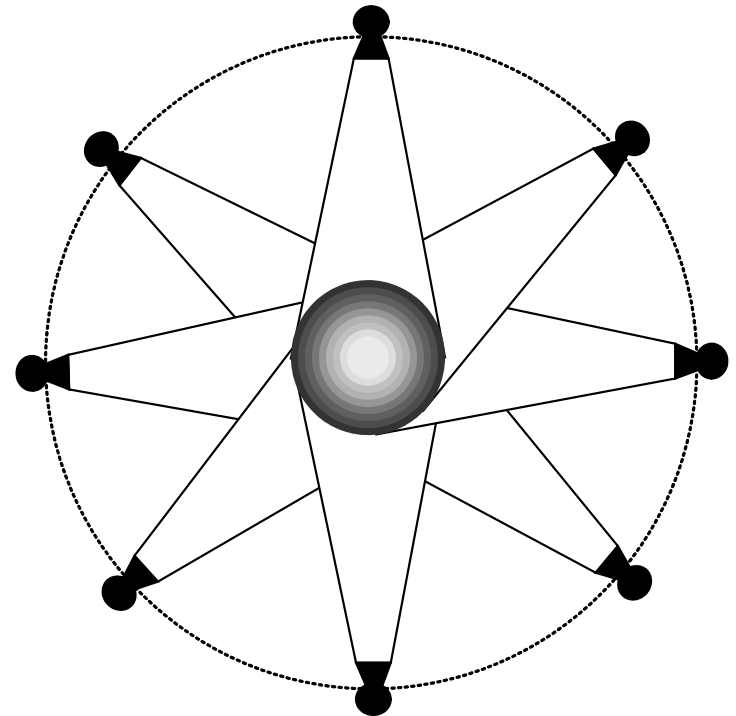
Reduce dose to the patient ?
in PET it seems to be possible

- New technologies (iterative reconstruction with TOF + PSF)
- Large detector rings
- SiPM detector (coming now in the market)

Dose distribution in CT



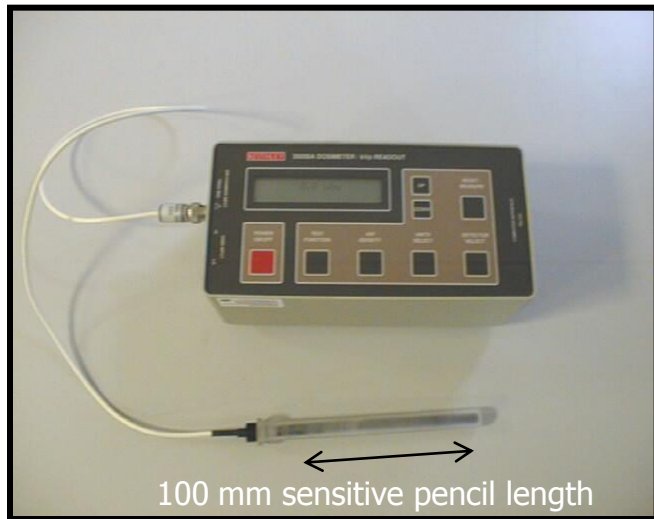
Circular symmetry of the dose distribution



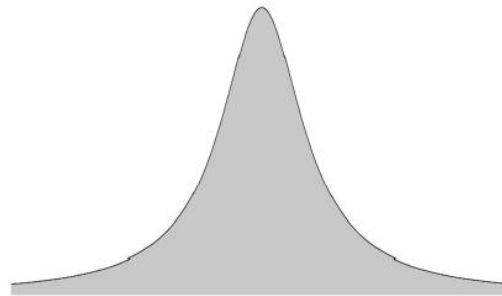
The CT dose Index (CTDI)

dose units: Energy/mass = J/Kg = Gy (usually mGy)

Use pencil chamber to measure dose from single rotation including scatter tail

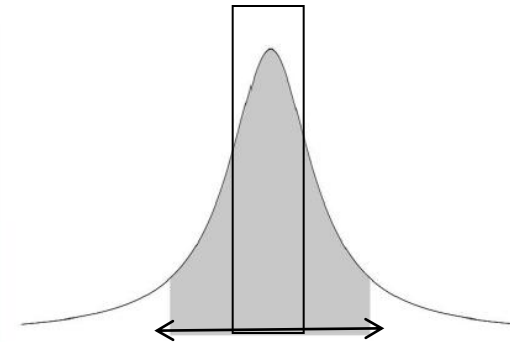


$D(z)$ = axial (z) dose profile



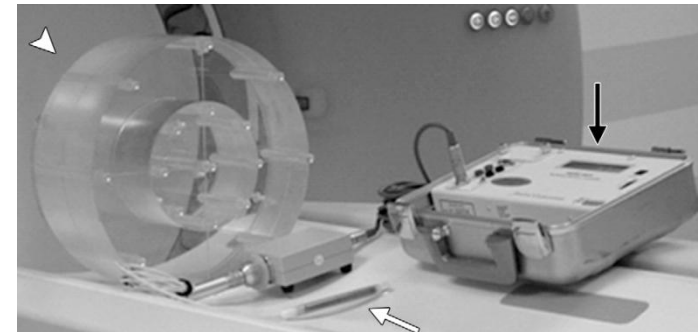
$$CTDI = \frac{1}{nT} \int_{-\infty}^{+\infty} D(z) \cdot dz$$

nT = nominal axial
beam width

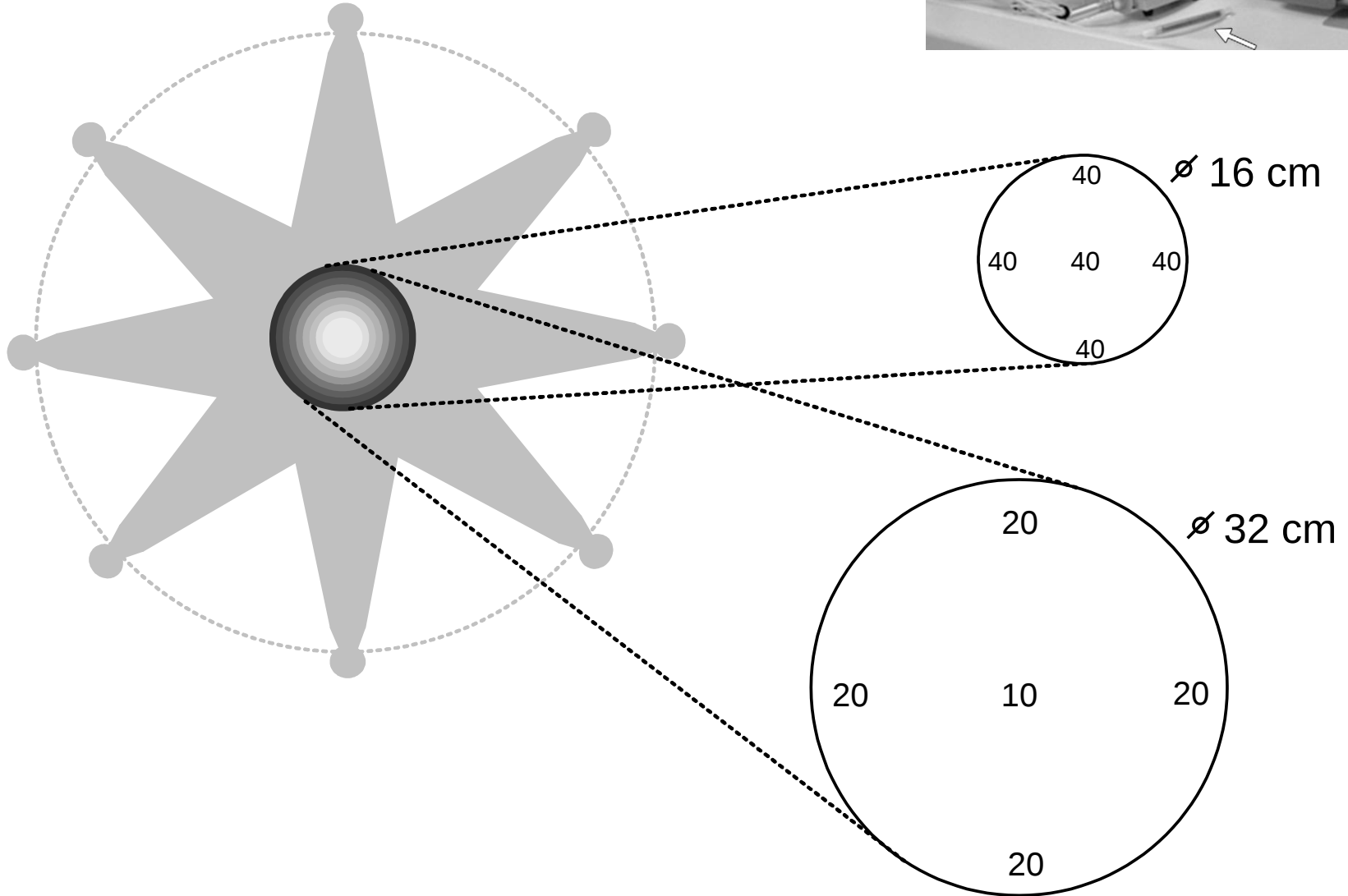
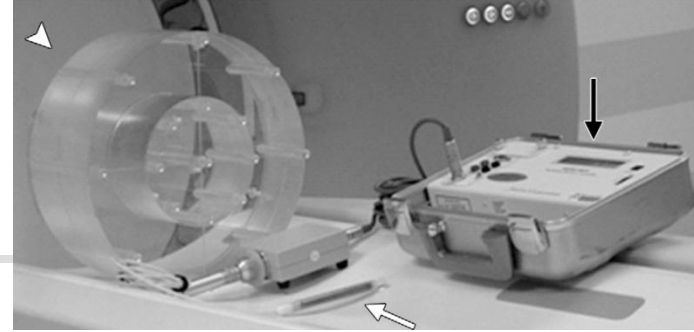


$$CTDI_{100} = \frac{1}{nT} \int_{-50}^{+50} D(z) \cdot dz$$

$$CTDI_{100} = \frac{D_m \times 100}{nT}$$



Average dose and diameter



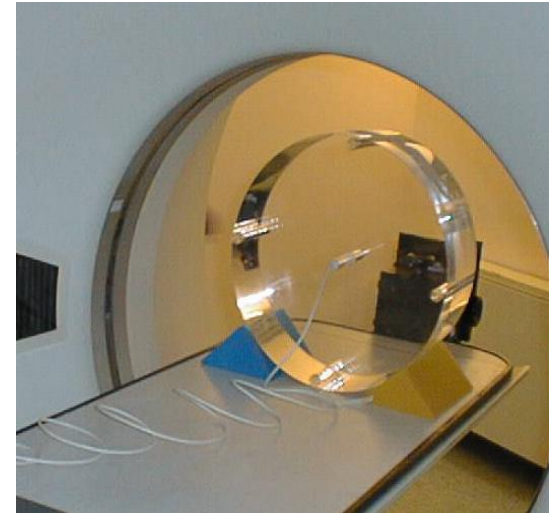
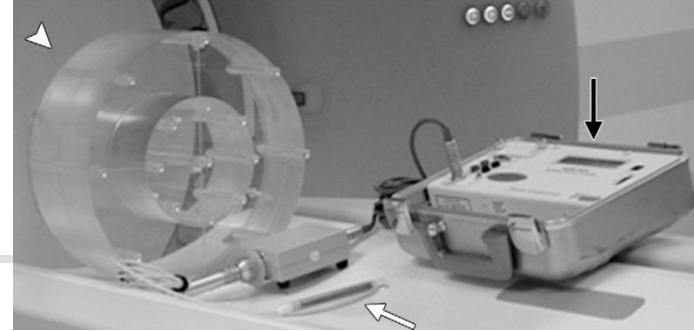
CTDI_w

- Weighted CTDI (CTDI_w)
- Dose indicator in PMMA cylinders
 - Ø 16 cm : Adult (head neck) – Pediatric
 - Ø 32 cm : Adult (body)

$$\text{CTDI}_w = 1/3 \text{CTDI}_{\text{center}} + 2/3 \text{CTDI}_{\text{periphery}}$$

Same scan parameters $\rightarrow \text{CTDI}_{w,16 \text{ cm}} \sim 2 \times \text{CTDI}_{w,32 \text{ cm}}$

$$n \text{CTDI}_w = \text{CTDI}_w / \text{mAs} \text{ in a 360 tube rotation}$$



$CTDI_w - CTDI_{vol}$

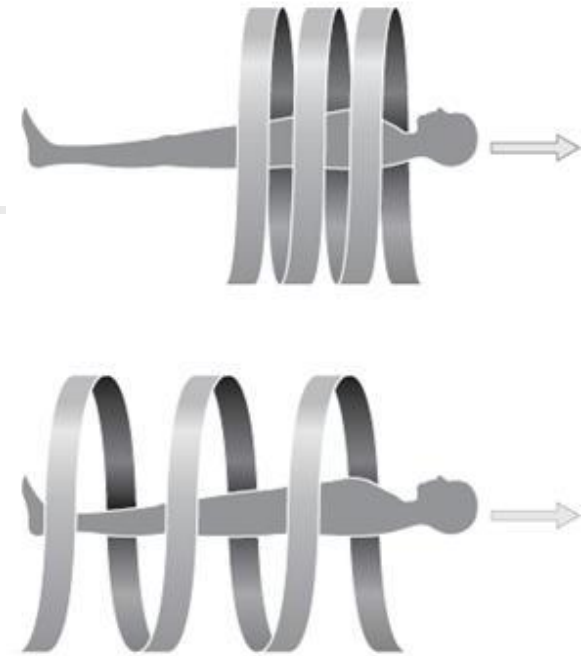
- Sequential acquisition

- $CTDI_w = n CTDI_w \times mAs$
 - mAs for one 360° tube rotation

- Helical acquisition

- $CTDI_{vol} = CTDI_w / \text{pitch}$

Pitch :
$$\frac{\text{Table displacement in 1 tube rotation (mm)}}{\text{X-ray beam collimation (mm)}}$$

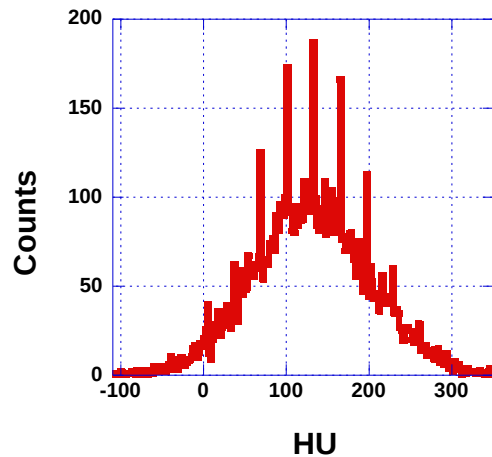
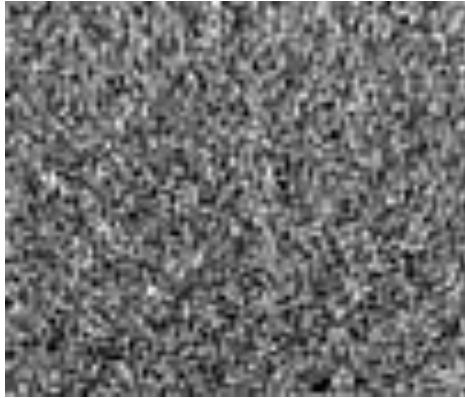


Be careful with 140 kV

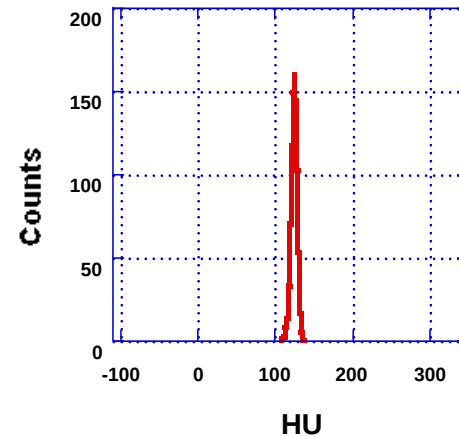
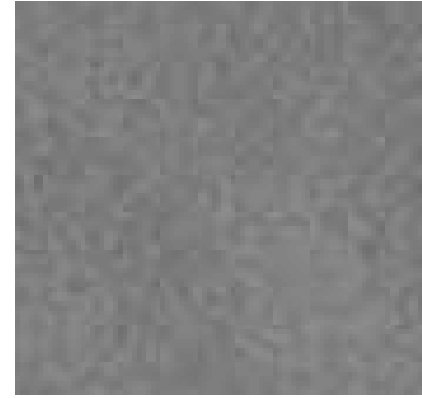
Typical values of $n\text{CTDI}_{\text{vol}}$ (mGy/mAs)

	$n\text{CTDI}_{\text{air}}$	$n\text{CTDI}_{\text{w}}$ Tête	$n\text{CTDI}_{\text{w}}$ Tronc
80 kV	0.20	0.07	0.035
120 kV	0.40	0.20	0.10
140 kV	0.55	0.30	0.15

CTDI_w ou CTDI_{vol} and image quality

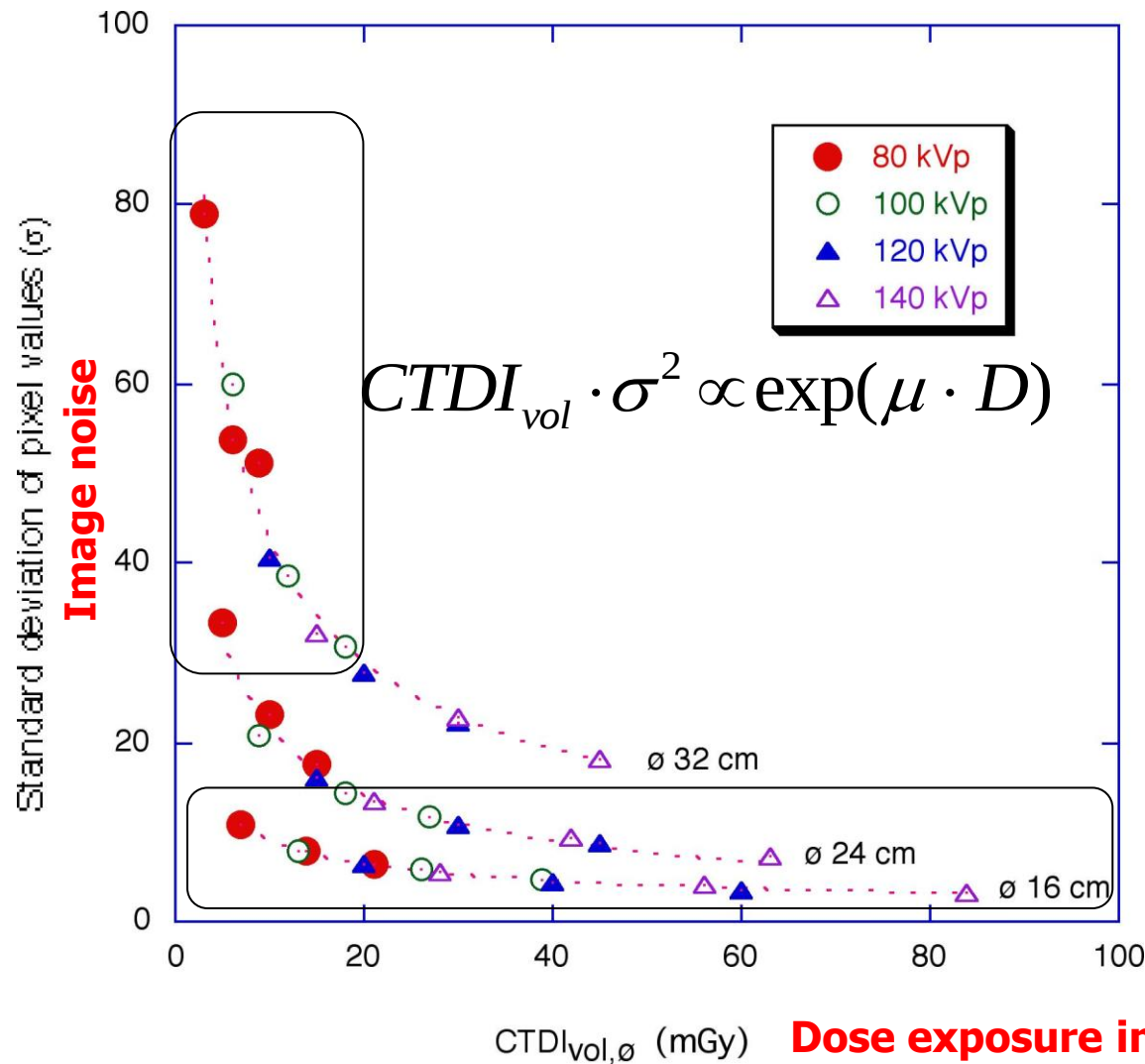


$\sigma = 75$
CTDI_w = 5 mGy



$\sigma = 5$
CTDI_w = 60 mGy

Patient size, CTDI and image noise



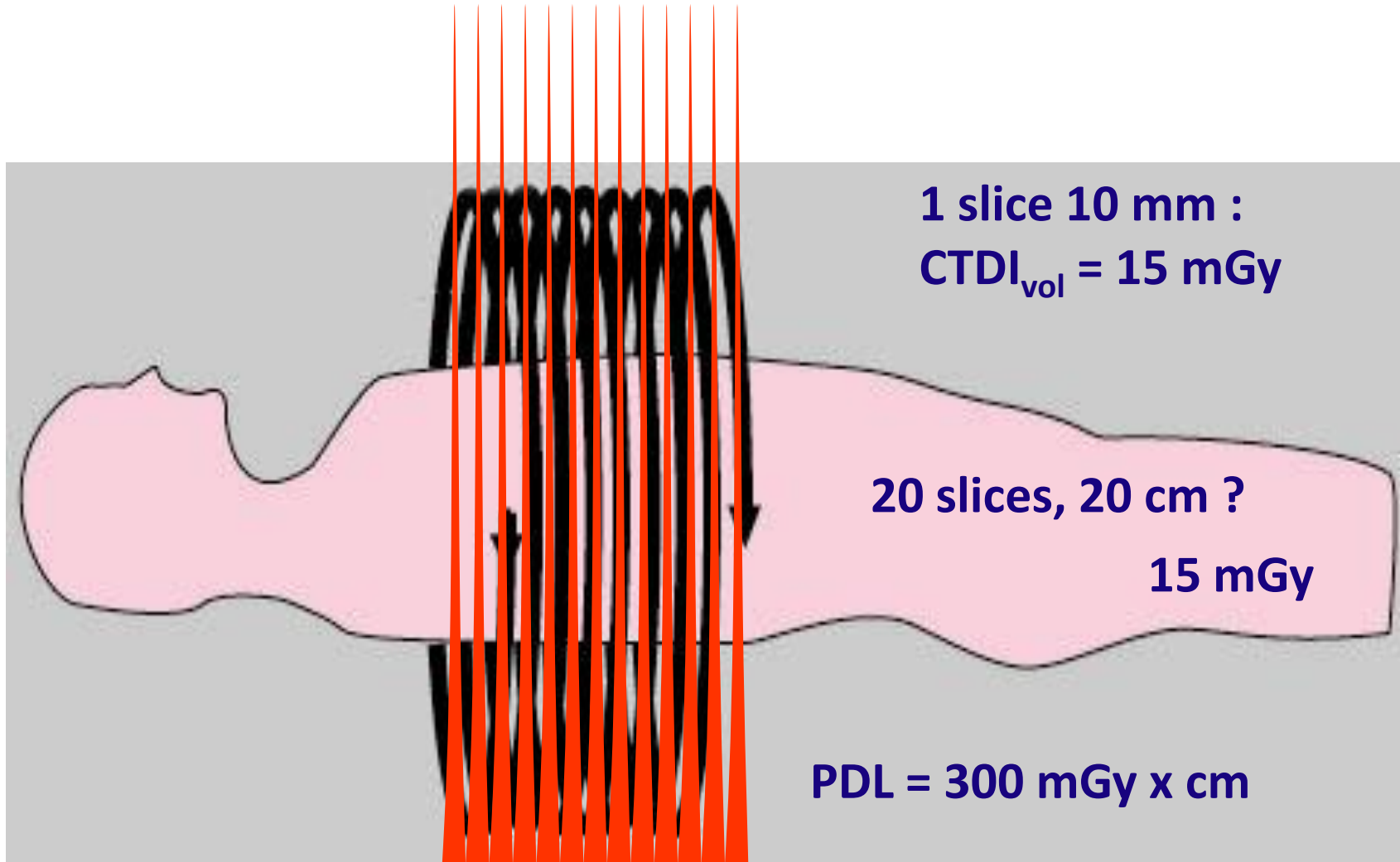
In large phantoms (large D)
Low energy beam (low kV) results in
strong degradation on image quality
High level of noise

In small phantoms (small D -
Pediatrics)
Low energy beam (low kV) can be
used to reduce dose exposure with
little degradation in image quality

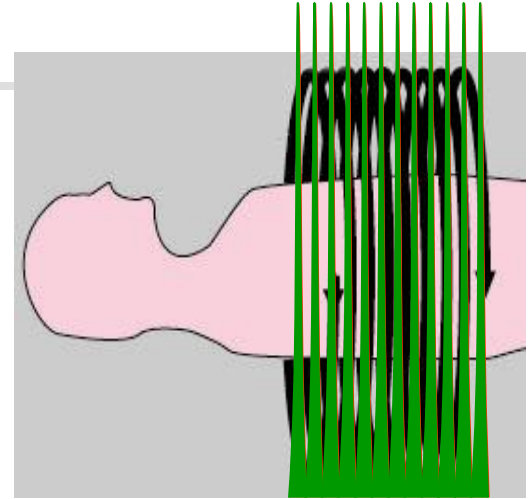
Dose length product

$$\text{DLP} = \text{CTDI}_{\text{vol}} \times L \text{ (mGy.cm)}$$

DLP : measure of the total absorbed energy



Example



- Scanner 16 detector row
 - Beam Energy = 120 kV
 - Charge : 80 mAs
 - Slice thickness : 5 mm
 - Pitch = 1.0
 - Length : 30 cm

$$\text{CTDI}_{\text{vol}} = 8.0 \text{ mGy}$$
$$\text{PDL} = 240.0 \text{ mGy.cm}$$

200 mAs

$$\text{CTDI}_{\text{vol}} = 20.0 \text{ mGy}$$
$$\text{PDL} = 600.0 \text{ mGy.cm}$$

Where to find the information

Protocol: 6.2 ABDOMEN STD > A 45 ANS Exam: 10072 Series: 4

Anatomical Reference: XY

Filming: AutoFilm Setup, Camera URG2

Patient Orientation: Feet First

Patient Position: Supine

Auto Store, Auto Transfer AMSERVER

Show Localizer

Dose Information

Images	CTDIvol mGy	DLP mGy·cm	Dose Eff. %	Phantom cm
1-98	19.22	496.72	94.94	Body 32
99-329	19.22	1007.96	94.94	Body 32

Projected series DLP: 1504.68 mGy·cm
Accumulated exam DLP: 1925.47 mGy·cm

Smart Prep Rx, Preview, mA Table, Optimize not Needed, Gating, ECG Trace, Prior, Next

Thick Speed	Interval (mm)	Gantry Tilt	SFOV	kV	mA	Total Exposure Time	Prep Group (sec)	ISD (sec)	Breath Hold (sec)	Breathe Time (sec)	Voice Lights Timer	Cine Duration (sec)
2.5 55.00 1.375:1	2.000	50.0	Large Body	120	400 7.00~	3.8	3.0	1.3	N	N	N T	2.0
2.5 55.00 1.375:1	2.000	50.0	Large Body	120	400 7.00~	7.6	35.0	1.3	N	N	N T	2.0

CTDI : average dose within a slice
→ image noise level

DLP : total number of photons
→ Effective dose

CT : what is low dose ?



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Département fédéral de l'intérieur DFI
Office fédéral de la santé publique OFSP
Unité de direction Protection des consommateurs

Page 1 / 4

Division radioprotection
www.str-rad.ch

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Etabli le: 01.04.2010
N° révision:

Notice R-06-06

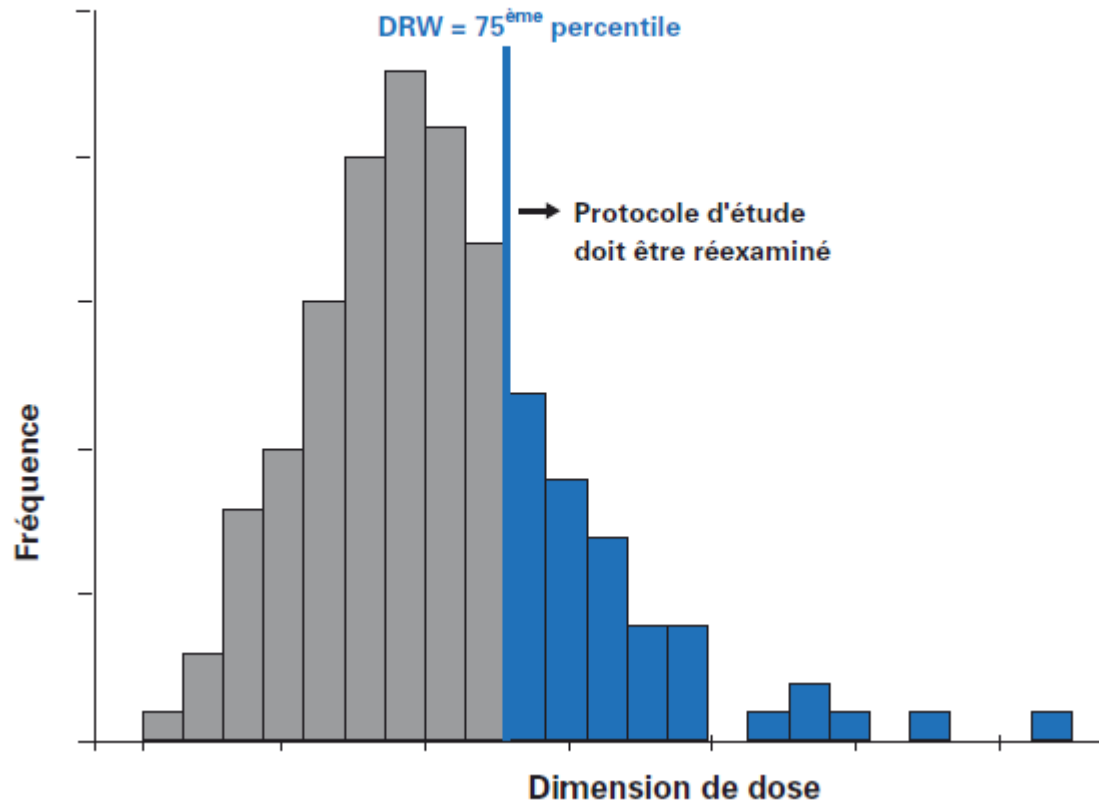
Niveaux de référence diagnostiques en tomодensitométrie

Tableau 1 : NRD et valeurs cibles pour adultes

Examen / problématique		NRD (75 ^e percentile)		Valeur cible (25 ^e perc.)	
		CTDI _{Vol} [mGy]	PDL [mGy·cm]	CTDI _{Vol} [mGy]	PDL [mGy·cm]
1	Crâne / cerveau Examens standards, recherche de métastases, abcès cérébral, ...	65	1000	45	600
8	Thorax (tissus, osseux, HR) Infiltrations, adénopathie, localisation focale, ...	10	400	5	250
13	Abdomen/bassin Examens standards, urgence (douleurs abdominales), abcès, lymphadénopathie rétropéritonéale, ...	15	650	10	350

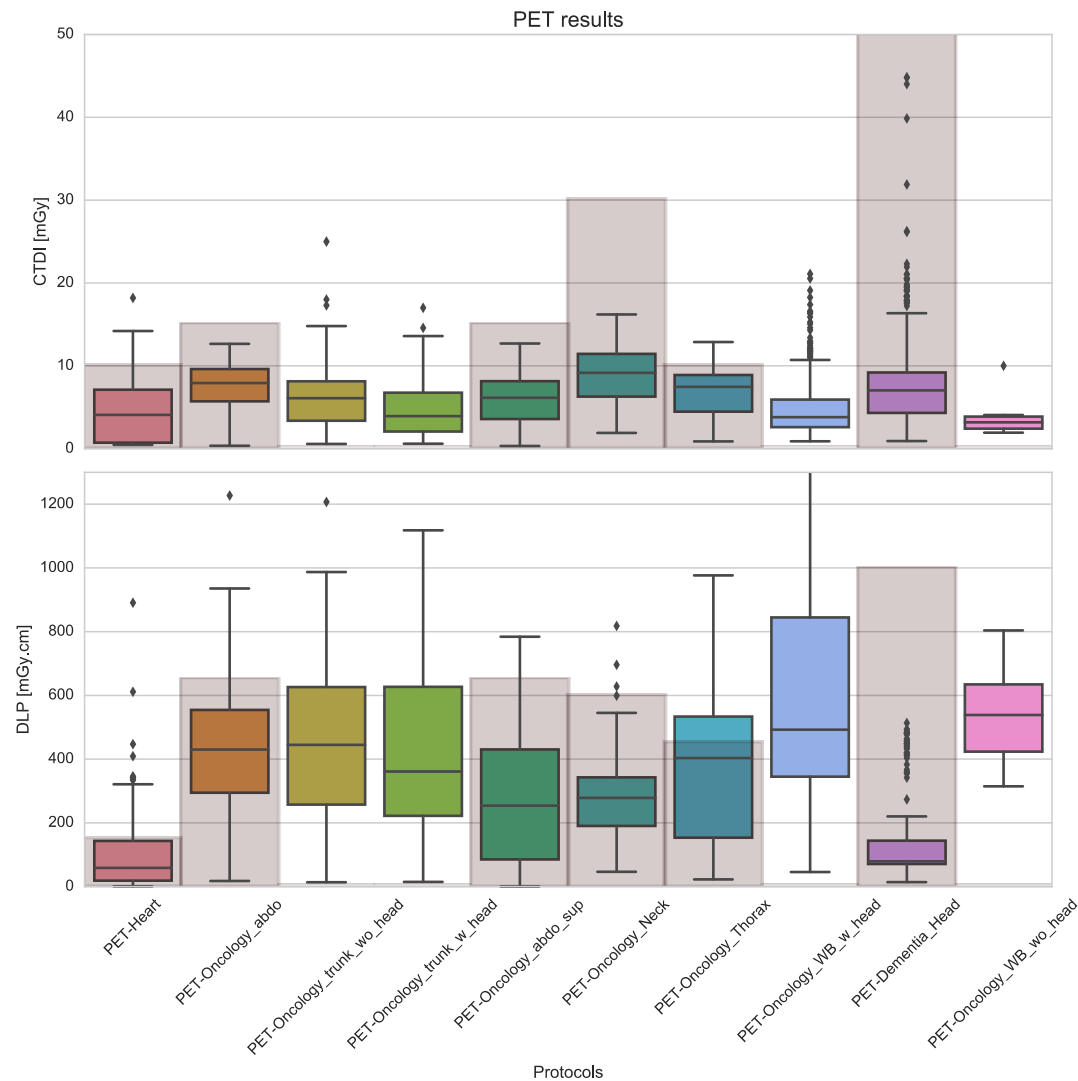
Dose reference levels (DRL) – NRD - DRW

Figure 7 : Représentation schématique visant à déterminer les niveaux de référence diagnostiques



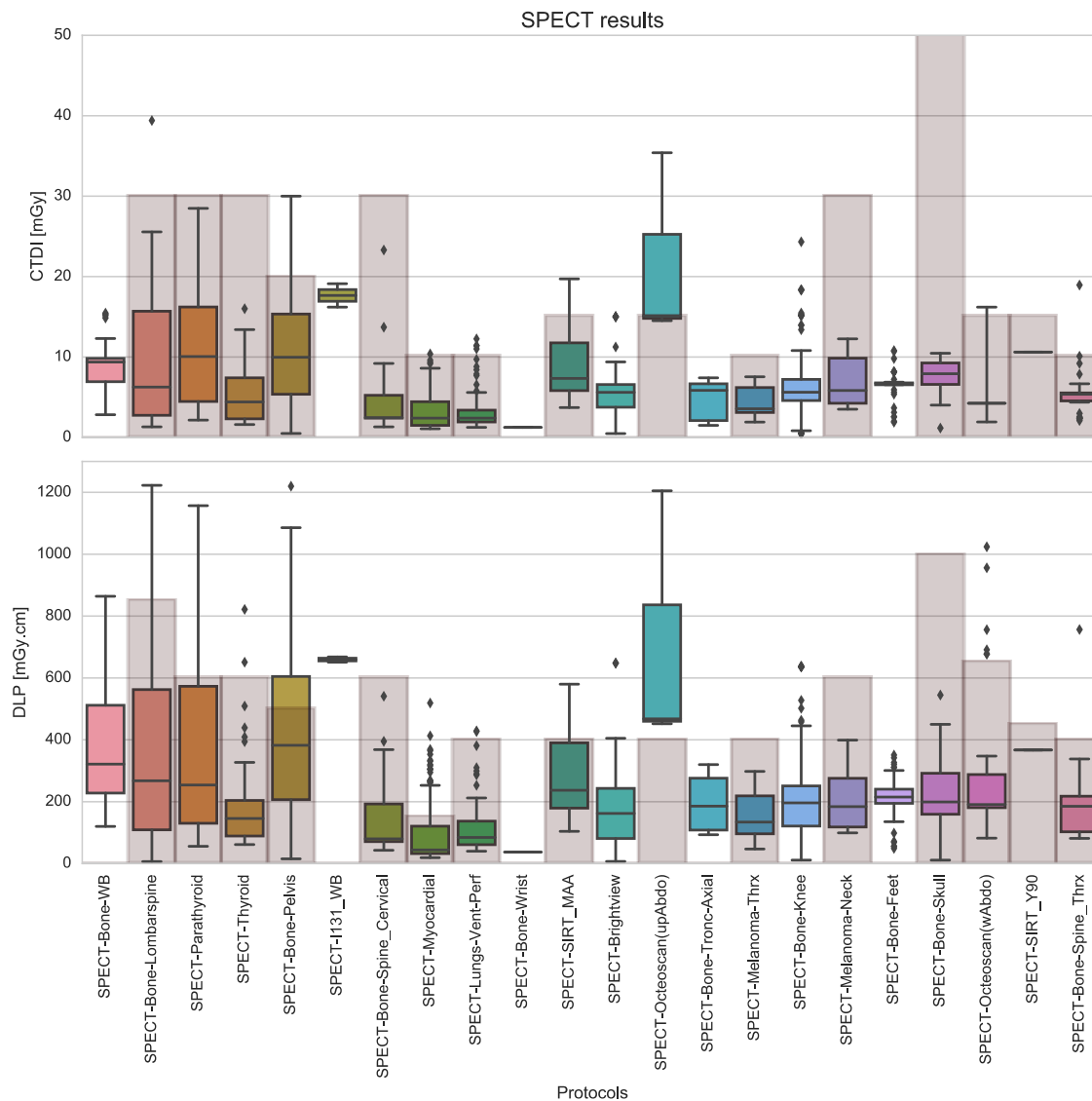
DRL CT in nuclear medicine (PET/CT)

Survey 2016/2017



DRL CT in nuclear medicine (SPECT/CT)

Survey 2016/2017

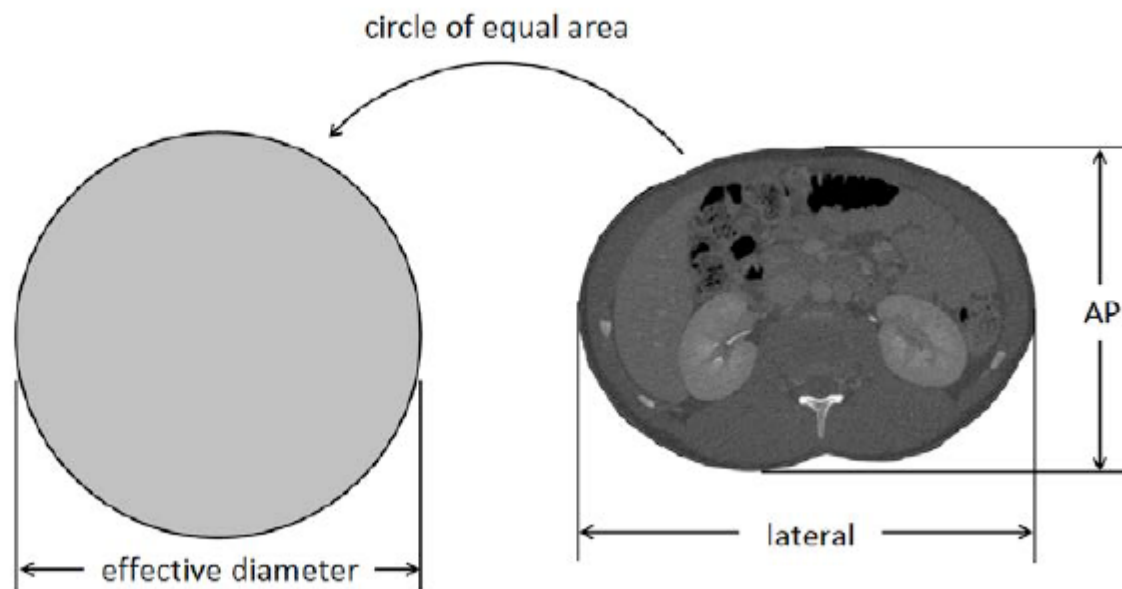


SSDE (Size Specific Diameter equivalent)

Scout acquisition

Equivalent diameter

Figure 2. The anterior posterior (AP) and lateral dimension, along with effective diameter are illustrated in this figure. The lateral dimension can be determined from a PA or AP CT radiograph, and the AP dimension can be determined by a lateral CT radiograph. The effective diameter corresponds to a circle having an area equal to that of the patient's cross section on a CT image. Some investigators have also used patient perimeter (circumference) as a metric of patient size.



$$\text{effective diameter} = \sqrt{LAT \times AP}$$

CTDI $\rightarrow$ SSDE

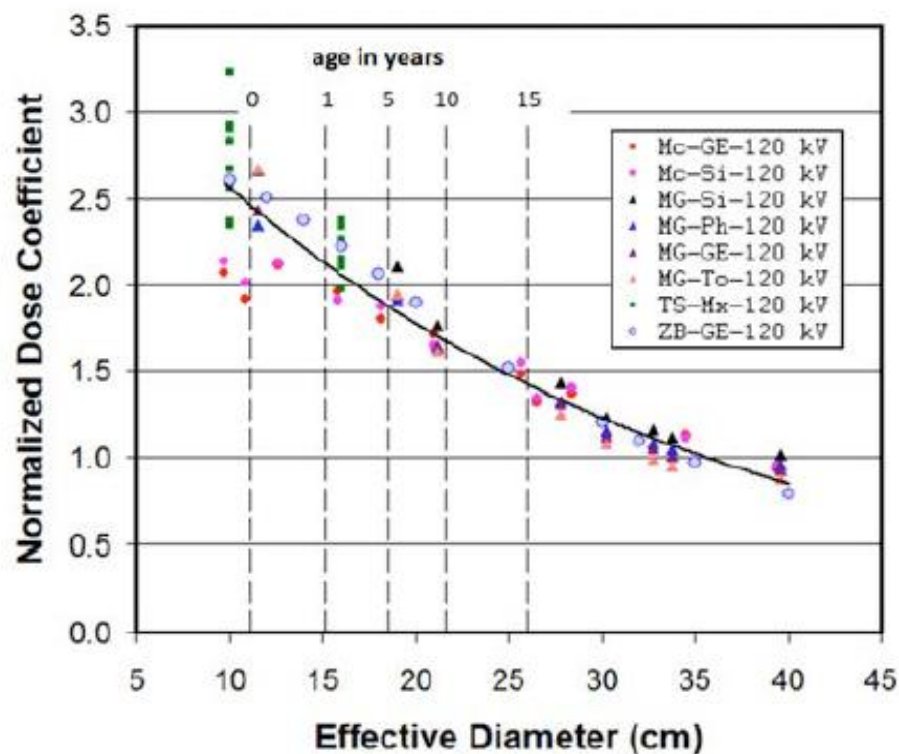
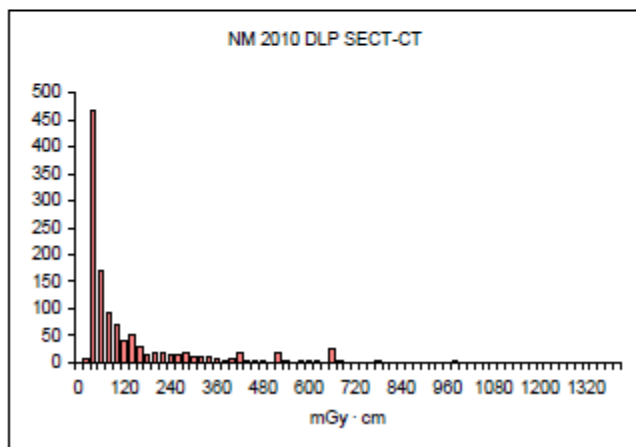
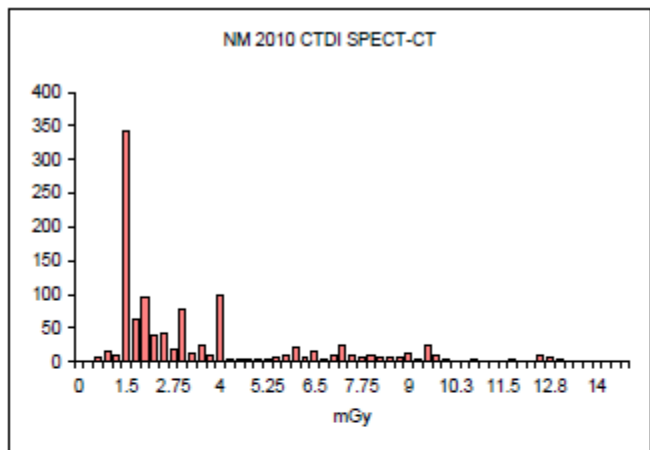


Figure 4. The normalized dose coefficient for the 32 cm PMMA CTDI_{vol} phantom is shown as a function of effective diameter.

2010 survey – SPECT/CT*



- $\langle \text{CTDI}_{\text{vol}} \rangle$: 2.3 mGy
 - domaine : 1 – 10 mGy

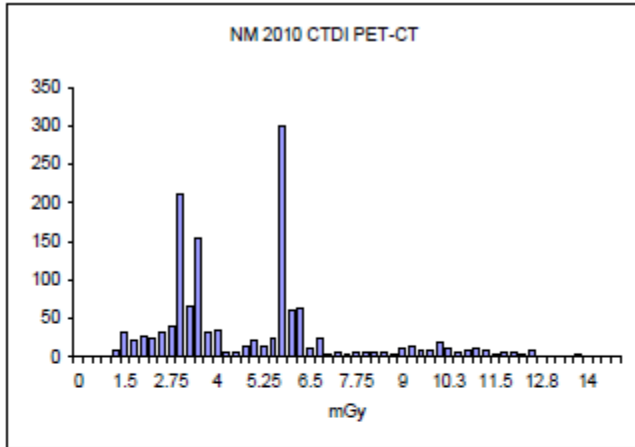
- $\langle \text{PDL} \rangle$: 56 mGy.cm
 - Domaine : 20 – 400 mGy.cm

- E : 1.0 mSv [0.3 – 6.8]

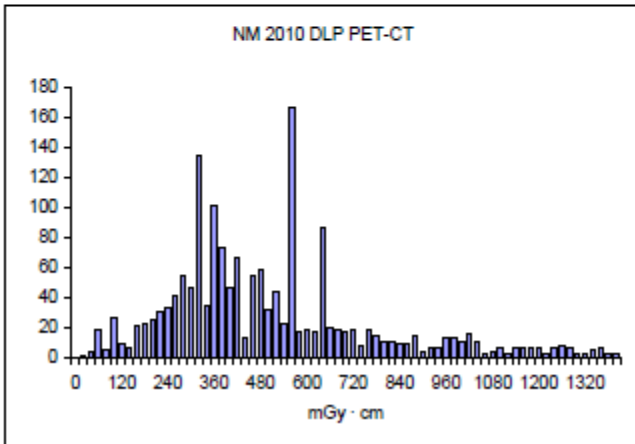


*Hans Roser, Basel, preliminary results

2010 survey – PET/CT*



- $\langle \text{CTDI}_{\text{vol}} \rangle : 5.5 \text{ mGy}$
 - Domaine : 1 – 15 mGy



- $\langle \text{PDL} \rangle : 456 \text{ mGy.cm}$
 - Domaine : 20 – 1400 mGy.cm
- $E : 7.8 \text{ mSv [0.3 – 23.8]}$

*Hans Roser, preliminary results

Annexe 4					CPR		CHUV - GE Discovery 670			CHUV - GE Infinia Hawkeye 4		
Examen	L-08-01 NRD [MBq]	Activité appl. 70kg [MBq]	Produit Radiopharmaceutique	Partie du corps	CPR Long. [mm]	CPR-PDL [mGy.cm]	Long. [mm]	PDL [mGy.cm]	CTDI _{vol} [mGy]	Long. [mm]	PDL [mGy.cm]	CTDI _{vol} [mGy]
Système osseux	700	Cf. Annexe 3	Tc-99m	Colonne vertébrale	264-275	350	664	542	8.16	419 (4)	125 (4)	2.98 (4)
			DPD/MDP/H DP	Bassin/hanche	274	220	306 (3)	253	8.26			
					98	100	306 (3)	253	8.26			
					98-233	100	306 (3)	253	8.26			
				Pieds								
Parathyroïde	555	490	Tc-99m MIBI	Cou	98	100	235 (5)	237	10.1	194	111.1	5.72
Poumon	180	148	Tc-99m	Thorax	275-946	120	314	72	2.29	315	94	2.98
Myocarde	300+900	(1) Cf. Annexe 3	Tc-99m MIBI (Cardiolite)	Partie inférieure du thorax	130-180							
Cerveau	800	(2)	Tc-99m ECD (Neurolite)	Crâne	160-239	180						
Récepteurs tumoraux	200	Cf. Annexe 3	I-123 MIBG	Thorax et abdomen	319-389	140	432	142	3.29	419	125	2.98
Récepteurs tumoraux	180	Cf. Annexe 3	In-111 Octreoscan	Thorax et abdomen	319-389	140	410	119	2.9	388	115.7	2.98

- (1) L'imagerie Myocardique en SPECT/CT n'est plus d'actualité au sein du service. A sa place PET/CT Rb82 .
- (2) L'imagerie SPECT du cerveau adopte une correction de l'atténuation basée sur la méthode de Chang. Le CT n'est pas effectué.
- (3) Champ de vue souvent étendu pour correspondre au champ de vue de la gamma-caméra.
- (4) Procédure standard pour la correction d'atténuation et le repérage anatomique. Longueur de scan correspondant au champ de vue de la gamma caméra. Le rapport PDL / Longueur reste largement à l'avantage du protocole CHUV.
- (5) Procédure pré-chirurgicale. Champ de vue étendu pour les besoins du chirurgien. Rapport PDL / Longueur constant.



CT DLP Analysis per Protocol

1.3 PET-CT TRONC BAS

Filters ^

Study Description Details

Mean DLP

648.75 mGy.cm

Median DLP

672.65 mGy.cm

Min. DLP

39.57 mGy.cm

P25 DLP

510.94 mGy.cm

P75 DLP

811.79 mGy.cm

Max. DLP

1329.51 mGy.cm

Number of Studies

813

Number of Alerts

0

Alert Rate

0.00 %

Patient Age (Range)

59 (-94)

Timeline

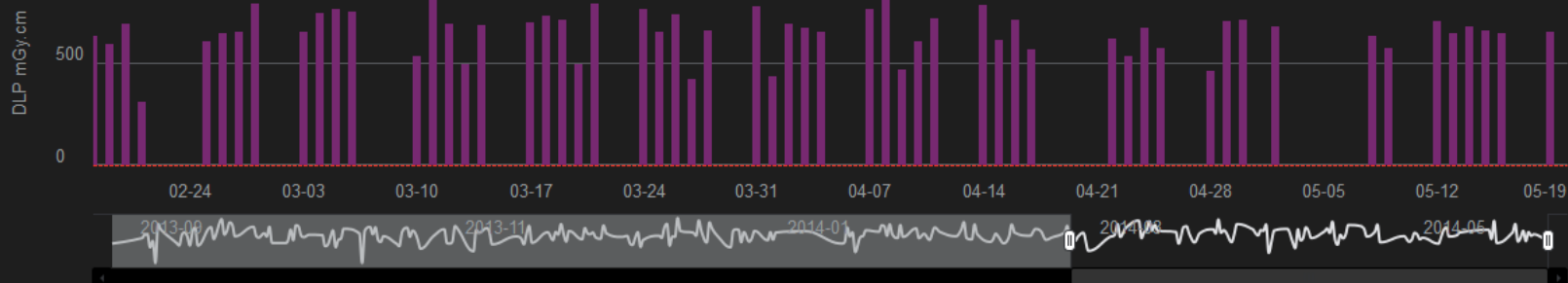
----- Warning ----- Alert

Bar Graph

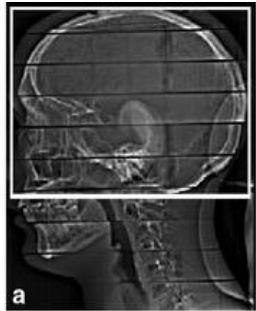
Scatter Plot

1m 3m 6m YTD 1y All

From 2014-02-18 To 2014-05-19



From DLP to effective dose



L1

Dose length product

x

Conversion factor =

Effective dose

$$\text{PDL 1} = \text{CTDI}_w \times \text{L1}$$

$$\times 0.0023$$

$$= \text{E1}$$

$$\times 0.0054$$



L2

$$\text{PDL 2} = \text{CTDI}_{\text{vol}} \times \text{L2}$$

$$\times 0.017$$

$$= \text{E2}$$

$$\times 0.015$$



L3

$$\text{PDL 3} = \text{CTDI}_{\text{vol}} \times \text{L3}$$

$$\times 0.019$$

$$= \text{E3}$$

$$\text{E} = \sum \text{E}_i$$

Conclusion

■ Problems

- Some manufacturers are reluctant to perform the required tests
 - Check
 - If requirements are fulfilled
 - If range of acceptance values are provided (especially for stability tests)
 - Acceptance test → included in purchase contract
- Be careful when quoting “low dose” CT

■ Advantages

- Strategy compatible with international standards
- Quantitative measurements available
- Stability tests : simple and not time consuming