

A CHRONIC
ILLNESS LIKE
ANY OTHER ?

HIV ————— STIGMA ————— DISCRIMINATION

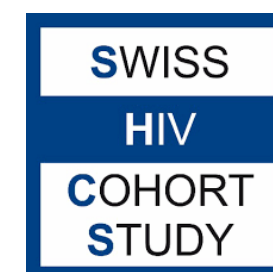
PREVALENCE OF HIV-RELATED STIGMA AMONG PARTICIPANTS OF THE SWISS HIV COHORT STUDY

A PILOT STUDY

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COLLEAGUES AT LAUSANNE UNIVERSITY HOSPITAL AND OF THE SWISS HIV COHORT STUDY

Katharine Darling

Matthias Cavassini

David Jackson-Perry

Isabel Cobos Manuel

José Damas

Jonathan Tschopp

Loïc L'hopitalier

Rita Godinho

Cristina Bluntschli

PATIENTS WHO PARTICIPATED



WORLD HEALTH ORGANIZATION

ORGANISATION MONDIALE DE LA SANTE

DISTR.: GENERAL(E)

WHO/SPA/INF/87.12

ORIGINAL: ENGLISH

STATEMENT AT AN INFORMAL BRIEFING ON AIDS

to the

42nd SESSION OF THE UNITED NATIONS GENERAL ASSEMBLY

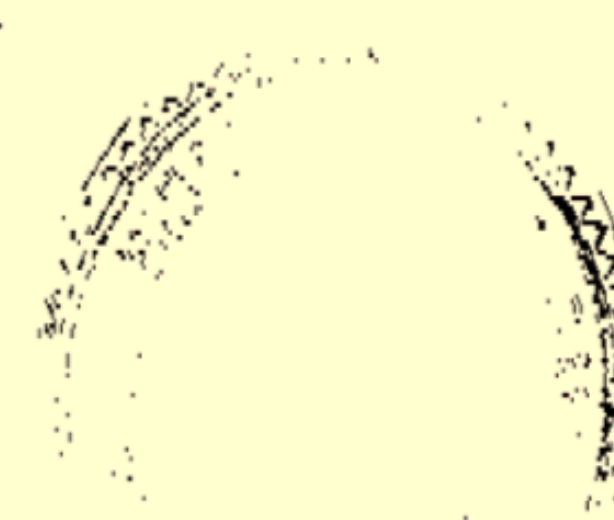
on Tuesday 20th October 1987

by

Jonathan M. Mann, MD, MPH

Director, Special Programme on AIDS

World Health Organization, CH-1211 Geneva 27, Switzerland





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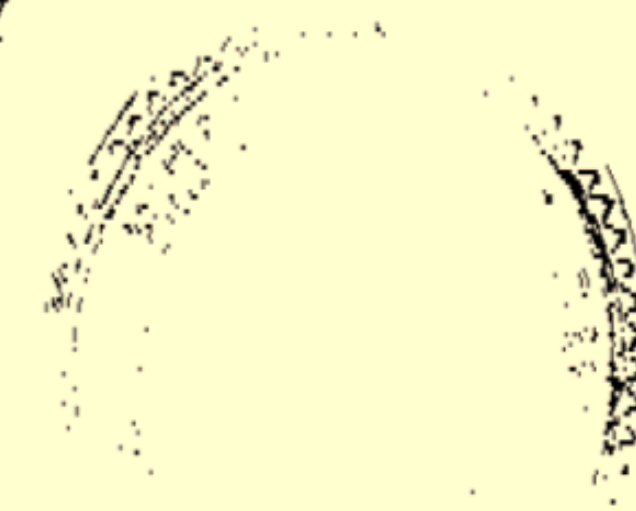
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HIV



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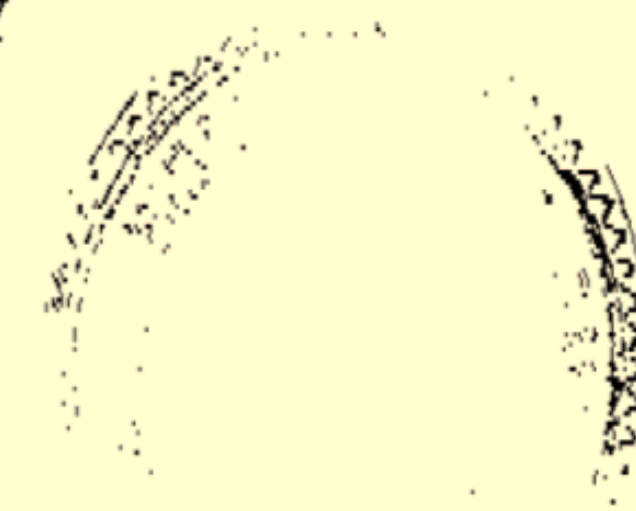
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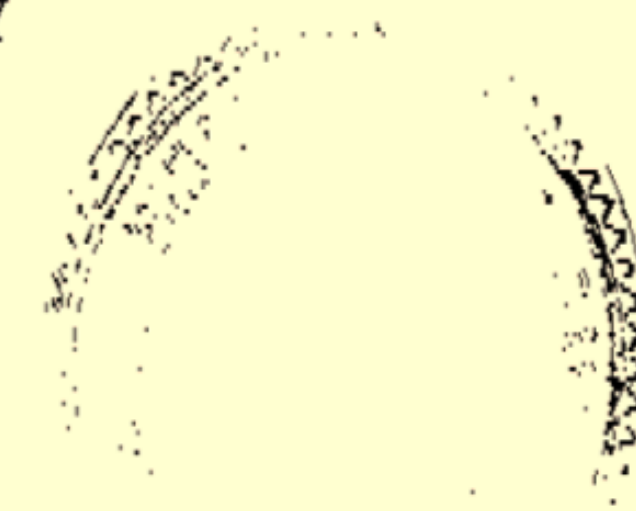
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HIV AIDS STIGMA



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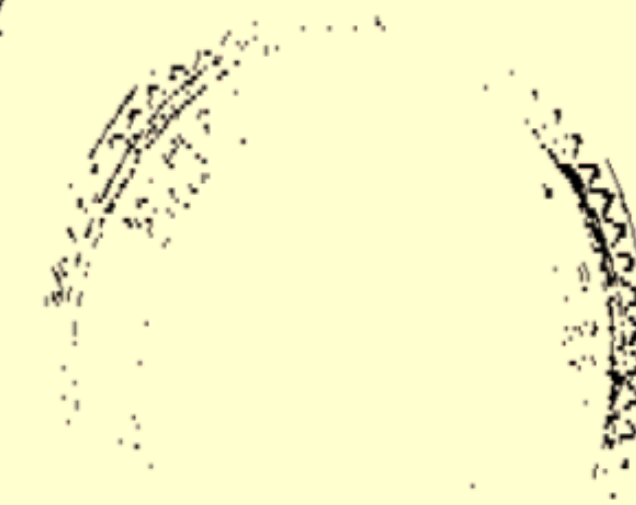
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HIV AIDS STIGMA

Pilot study at the Infectious Diseases Outpatients
Service at Lausanne University Hospital, Switzerland,
between March and June 2020

NEGATIVE SELF IMAGE

NEGATIVE SELF IMAGE

PERSONALISED STIGMA

NEGATIVE SELF IMAGE

PERSONALISED STIGMA

DISCLOSURE CONCERNS

NEGATIVE SELF IMAGE

PERSONALISED STIGMA

DISCLOSURE CONCERNS

BELIEFS REGARDING

PUBLIC ATTITUDES

NEGATIVE SELF IMAGE

PERSONALISED STIGMA

DISCLOSURE CONCERNS

BELIEFS REGARDING

PUBLIC ATTITUDES

1.	I feel guilty because I have HIV.....	1	2	3	4
2.	I feel I am not as good a person as others because I have HIV.....	1	2	3	4
3.	People's attitudes about HIV make me feel worse about myself.....	1	2	3	4
4.	People I care about stopped calling after learning I have HIV.....	1	2	3	4
5.	I have lost friends by telling them I have HIV.....	1	2	3	4
6.	Some people avoid touching me once they know I have HIV.....	1	2	3	4
7.	Telling someone I have HIV is risky.....	1	2	3	4
8.	I work hard to keep my HIV a secret.....	1	2	3	4
9.	I am very careful who I tell that I have HIV..	1	2	3	4
10.	Most people believe that a person who has HIV is dirty	1	2	3	4
11.	Most people are uncomfortable around someone with HIV	1	2	3	4
12.	People with HIV are treated like outcasts ...	1	2	3	4

NEGATIVE SELF IMAGE

PERSONALISED STIGMA

DISCLOSURE CONCERNS

BELIEFS REGARDING

PUBLIC ATTITUDES

+

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People with HIV are treated like outcasts ...

1

2

3

4
13.

Have you ever felt discriminated against through having HIV when receiving medical care ?

1

2

3

4
- (eg, from the way the treating doctors or nurses spoke to you, in the Emergency Department, by your dentist, your gynecologist, your family doctor, etc.)
14.

Are you worried that your HIV status might be divulged by medical personnel to others?

1

2

3

4
- (eg, to other doctors/nurses, your dentist, your gynecologist, to your family, friends or your employer?)

NEGATIVE SELF IMAGE

PERSONALISED STIGMA

DISCLOSURE CONCERNS

BELIEFS REGARDING

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SCORING

strongly disagree = 1
disagree = 2
agree = 3
strongly agree = 4

	N = 351
Age , [years] median (IQR)	51 (42;59)
Sex , Female n (%)	118 (34%)
Ethnic origin , n (%)	
European	227 (65%)
African	93 (26%)
Other (Asia, America)	31 (9%)
Likely mode of HIV acquisition , n (%)	
Men who have sex with men (MSM)	126 (36%)
Heterosexual	177 (50%)
People who inject drugs	26 (7%)
Other	22 (6%)
Duration of HIV infection , [years] median (IQR)	15 (8;24)

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	N = 351
Total Score , median (IQR)	34 (27;40)
Personalised Stigma, median (IQR)	6 (3;12)
Disclosure Concerns, median (IQR)	10 (8;12)
Beliefs Regarding Public Attitudes, median (IQR)	8 (6;10)
Negative self-image, median (IQR)	5 (3;7)
Healthcare-related Stigma, median (IQR)	3 (2;5)

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Total Score , median (IQR)	34 (27;40)
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Highest score among items
(median 4, IQR:3;4)

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**'I am very careful
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I have HIV'**

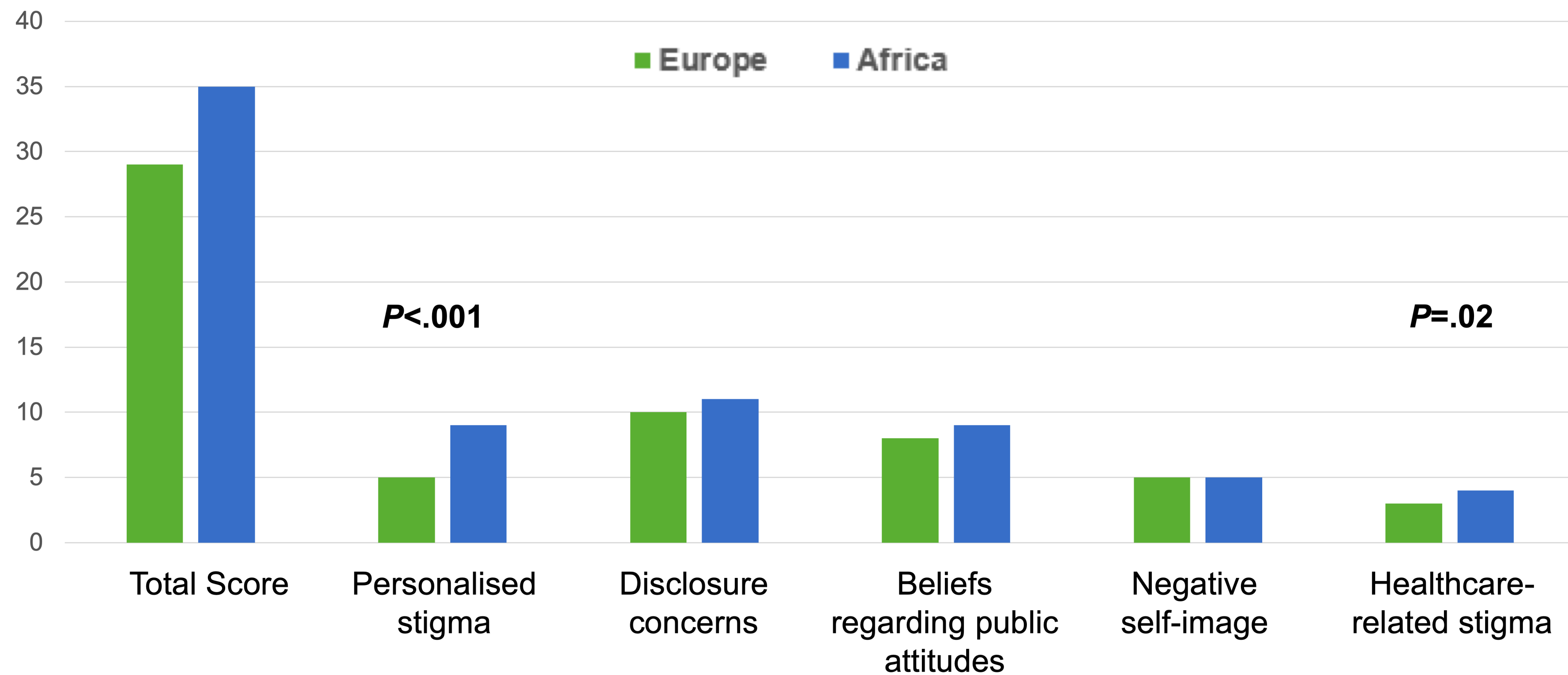
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Highest score among items
(median 4, IQR:3;4)

**'I am very careful
who I tell that
I have HIV'**

'Agree' or 'strongly agree' in 89%
of participants

MEDIAN STIGMA SCORE, TOTAL AND BY STIGMA SUBTYPE PRESENTED BY PARTICIPANT ORIGIN



Possible score: 14-56

3-12

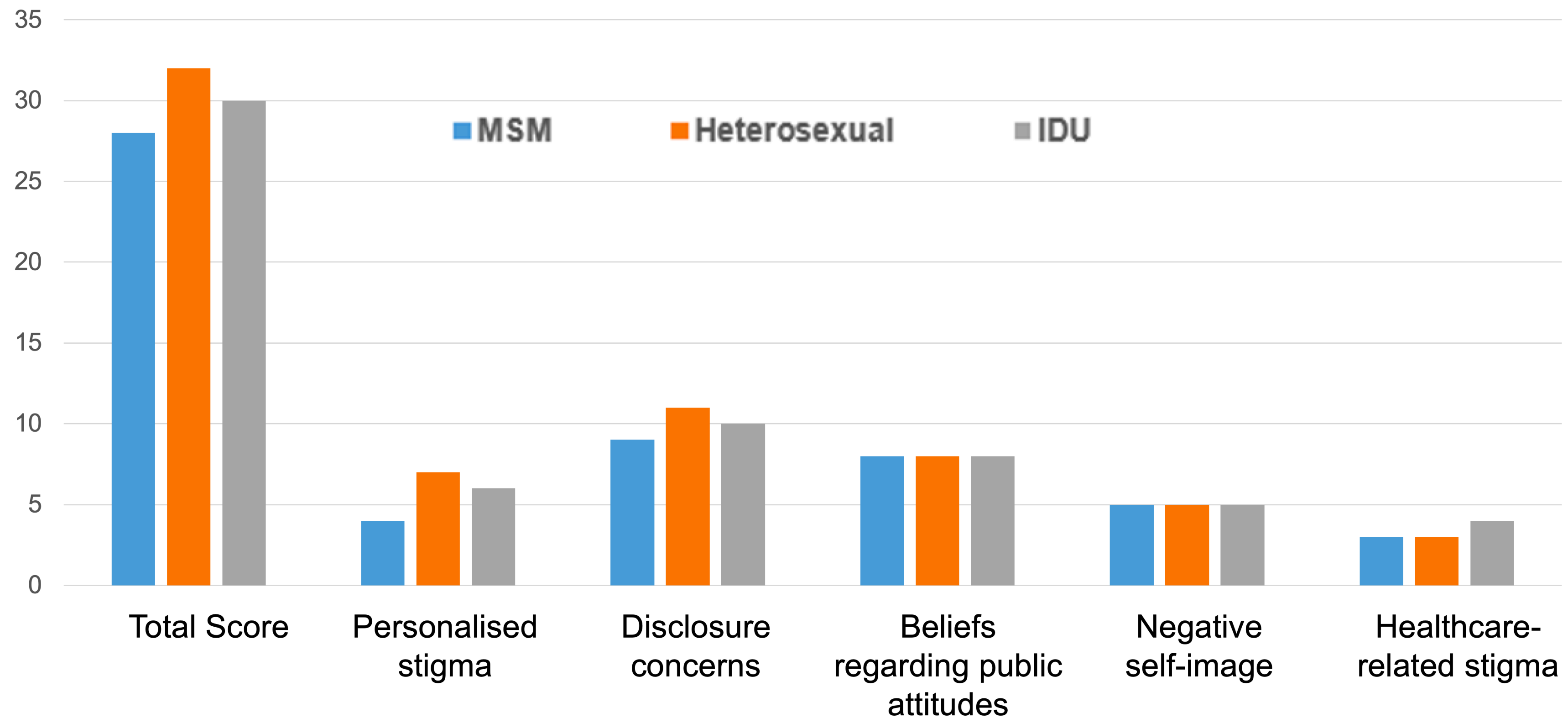
3-12

3-12

3-12

2-8

MEDIAN STIGMA SCORE, TOTAL AND BY STIGMA SUBTYPE PRESENTED BY HIV-ACQUISITION MODE



Possible score: 14-56

3-12

3-12

3-12

3-12

2-8

Stigma is prevalent across all demographic groups

Stigma is prevalent across all demographic groups
Disclosure concerns represented the highest stigma
burden across all demographic groups

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Quantifying stigma and stigma subtypes is key
in designing interventions for reducing stigma
and improving care for people living with HIV