

Antibiotic consumption to early detect epidemics of *P. aeruginosa* in a burn center: a paradigm shift in the epidemiological surveillance of *P. aeruginosa* nosocomial infections

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Introduction

The control of antibiotic resistance and nosocomial infections are major challenges for specialized burn centers¹. Early detection of those epidemic outbreaks is crucial to limit the human and financial burden.

Objectives

We hypothesize that data collected by antibiotic consumption medico-economic surveys² could be used as warning signal to detect early nosocomial outbreaks.

Reports from the
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drug monitoring



Lausanne Burn Intensive
Care Unit (BICU)

Conclusion

Our data support a **paradigm shift** in the **epidemiological surveillance** of **nosocomial *P. aeruginosa* epidemics** in **burn centers**, using the rise in antibiotic consumption as an early trigger to initiate the molecular typing of *P. aeruginosa* strains and the reinforcement of standard infection control procedures.

Methods

A retrospective analysis was conducted including all burn patients staying >48 h on the Lausanne BICU between **January 2001** and **October 2012** who received systemic therapeutic antibiotics. Infection episodes were characterized according to predefined criteria³⁻⁵. Based on the retrospective typing of the strains⁶, we defined a *P. aeruginosa* epidemic above the threshold of 25 infections/1000 burn-days (BD). Antibiotic consumption data, obtained from the quarterly surveillance of drug consumption surveys, were translated into defined daily doses (DDDs).

Results

In total, **297** out of 414 burn patients stayed >48h, giving a total of 7458 BD. We identified **610 infection episodes** in **189 patients** (63.6%). **Burn wounds** (32.0%), **pulmonary** (31.1%) and **catheter infections** (21.8%) were the most prevalent types of infections. The most frequently isolated microorganisms were ***P. aeruginosa*** (26.2%), ***S. aureus*** (13.4%) and ***C. albicans*** (7.0%) (**Fig. 1**). We observed 3 distinct outbreaks of *P. aeruginosa* infections (2002-2003, 2006 and 2009-2011). These outbreaks correlated with an increase in the DDDs of anti-*Pseudomonas* antibiotics (Spearman's rho=0.59, p=0.044) (**Fig. 2**).

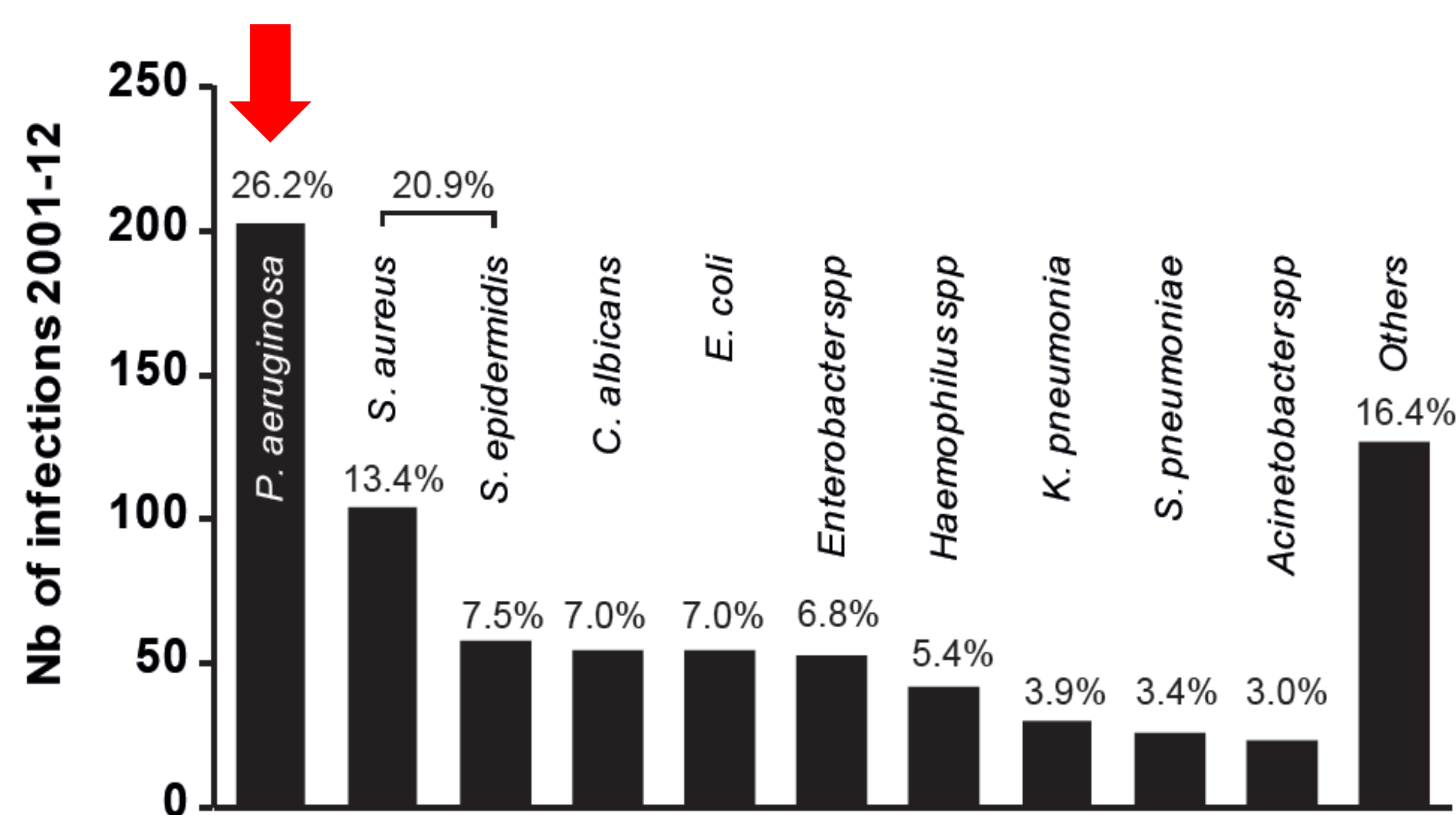


Figure 1: Number of infections according to isolated microorganisms over the study period.

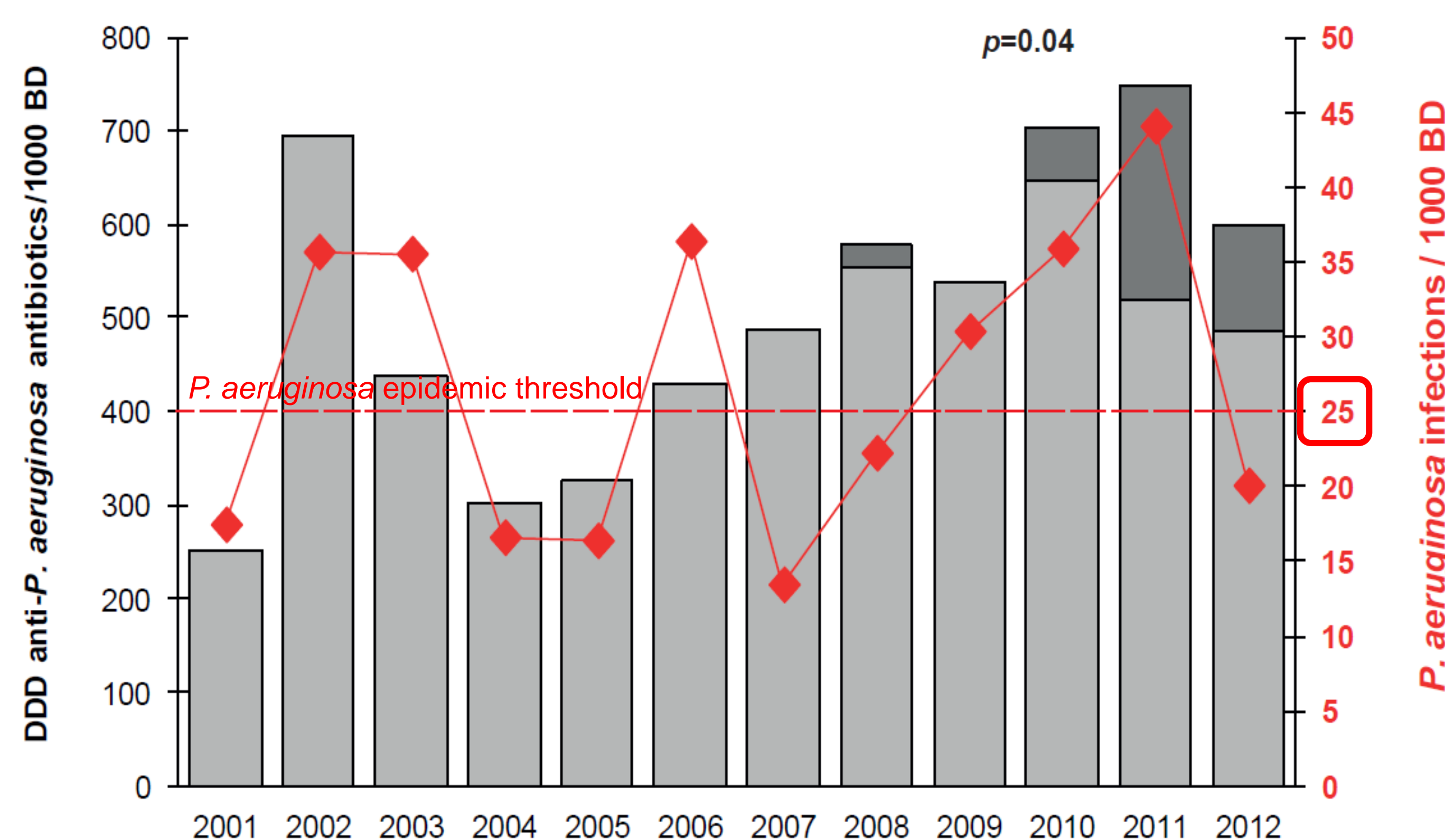


Figure 2: Number of *P. aeruginosa* infections per 1000 burn-days (right axis, in red) and DDDs of the most frequently used anti-*P. aeruginosa* antibiotics (left axis, cefepime, ciprofloxacin, ceftazidime, imipenem-cilastatin, meropenem, piperacillin-tazobactam in light grey bars; colistin in dark grey bars).

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