

Influenza A H1N1 flu: antiviral drugs and vaccines.

The Swiss Teratogen Information Service (STIS) commits itself to the follow-up of prospective exposures to antiviral treatments and the CELTURA® vaccine.

Efforts aimed at prevention and early treatment of the pandemic flu are of specific concern in pregnant women, considered among those groups presenting an increased risk of developing severe infections from the influenza A H1N1 virus. Healthcare authorities recommend as a priority vaccinating this category of the population, and to contemplate prescribing antiviral drugs in pregnant patients who develop flu symptoms during the pandemic period. But only relatively scarce data are available on the use of these drugs during pregnancy. No data suggests any specific risk for the child from these prescriptions, but the paucity of current observations should urge towards prospective follow-up of pregnancies in order to improve our knowledge and better confirm the safe use of these treatments in pregnant women.