

Emergency Department

Wound

Advice for Your Return Home



You have received treatment for a wound. This document provides information on treatment and monitoring after leaving the hospital.

What is your treatment?

To be completed by the practitioner:

- ☐ Your wound may have been closed with stitches, staples, or medical glue. Keep the dressing dry for 48 hours.
- ☐ If the wound remains open (e.g., abscess, ulcer, bite), it is covered with a dressing to protect it until it heals.

Recommendations to follow

- ▲ You may shower 48 hours after the dressing is applied.
- ▲ Bathing and swimming (pool, lake, sea) are only allowed after stitches are removed or once the wound is fully closed.
- ▲ Protect the wound from friction.
- ▲ Protect the scar from the sun with a dressing or high-SPF sunscreen (SPF 50+) as long as the skin remains colored (red, purple, pink).
- ▲ Take medication exactly as instructed by the medical team and as written on your prescription.

Warning signs

Go to the nearest emergency department if you notice any of the following symptoms:

- ▲ Redness spreading around the wound
- ▲ Severe pain despite prescribed treatment
- ▲ Unpleasant or foul odor
- ▲ Bleeding, discharge, or pus
- ▲ Swelling
- ▲ Body temperature above 38.5 °C
- ▲ Stitches coming apart

What happens next?

Have your wound checked 48 hours after treatment (to be completed by the practitioner):

☐ **At the Hand Center**

Emergency consultation

Monday–Friday, 8 a.m.–17:30 p.m.,

Av. Pierre-Decker 4, 1011 Lausanne

☐ **With your general practitioner**

Make an appointment.

☐ **With a specialist**

As instructed during your emergency consultation.



For any further questions, please contact your general practitioner or the pharmacist who provided your treatment.



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